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# ETERNAL GOD BIBLE

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## Psalms

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**Blessed is the man, who does not follow the advice of the ungodly, does not walk in the way of sinners, and neither stands nor sits with mockers.**

**But he delights in the Law of the Eternal God; and in His Law he meditates day and night.**

**And he will be like a tree planted at the shoreline of water, which produces its fruit in due time; its leaf will not wither; and whatever he does advances.**

**The wicked are not so, but are like chaff, which wind blows away.**

**Therefore, the ungodly will not stand up in judgment, or sinners in the congregation of the righteous.**

**For the Eternal God knows the way of the righteous; but the way of the ungodly will perish.**

**Why are the nations in tumult? Why are people engrossed in vanity?**

**Kings and governing authorities of the earth set themselves up and take counsel together against the Eternal God and His Messiah [Christ]:**

**"Let us utterly break their chains, and throw off their fetters."**

**He, who dwells in the heavens, keeps on smiling; my lord will laugh at them.**

**Then He will speak to them in his anger; He will face them in His wrath.**

**But I make my drink offering to my king at Zion, the holy mountain.**

**Let me declare an unalterable statute: The Eternal God said to me: You Are My Son, this day I have begotten You.**

**Ask me! And I will give You the nations as Your inheritance and the ends of the earth as Your possession.**

**You will smash them with a rod of iron; You will dash them to pieces like a creator of faulty utensils.**

**Come now, Kings, You who govern the earth, be wise yourselves, learn to be taught.**

**Serve the Eternal God with fear and rejoice with trembling.**

**Kiss the son heartily so that he does not get angry at you, as you are on the road and perish, when his malcontent simmers. Blessed are all who take refuge in Him.**

**Eternal God! How did those, who trouble me, have become so many? Multitudes rise up against me.**

**Many say about my soul: There is no help for him with God. Selah. [Repeat]**

**But You, Eternal God! You are a shield for me and my glory; You give me reason to hold my head high.**

**With my voice, I cried to the Eternal God, and He answered me from his holy mountain. Selah. [Repeat]**

**I laid down and I slept; I woke up again, because the Eternal God sustained me.**

**I will not be afraid of tens of thousands of people, who all around me have set themselves up against me.**

**Arise, Eternal God! Do something to save me, O my God! For You did strike all my enemies on the cheek bone; You have shattered the teeth of the ungodly.**

**With the Eternal God is salvation; Your blessing is on Your people. Selah. [Repeat]**

**My God, my righteousness, hear me when I call! Grant me relief, have mercy on me, and hear my prayer!**

**O sons of men, how long will You turn my glory into shame? How long will you love wickedness, and seek out falsehood? Selah. [Repeat]**

**But know that the Eternal God has singled out the good and**

gentle for himself; the Eternal God will hear when I call to him.

Be angry yet do not keep on sinning; speak within your heart upon your beds, yet be still. Selah. [Repeat]

Sacrifice the sacrifices of righteousness, and trust in the Eternal God.

Many are saying, Who will show us any good? Eternal God, let the light of Your face shine on us.

You have put joy into my heart. In due time it surpassed their grain and their new wine.

In peace I will both lay down and sleep; for You, Eternal God, You alone can make me dwell in safety.

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Eternal God, Listen to my words! Consider my muttering! Listen to the voice of my cry, my King, and my God; for I will pray to You.

Eternal God, every morning, You will hear my voice; every morning, I will get organized and eagerly await [Your directives].

For You are not a God, who delights in wickedness; nor will You associate with evil.

Show-offs will not stand in Your presence; You hate all evildoers.

You will utterly destroy the man, who tells lie and deception; the Eternal God utterly abhors the bloody and the treacherous.

**And I, in the abundance of Your mercy, I will go into Your house; in respect for You, I will bow down toward Your holy temple.**

**Eternal God, guide me with Your righteousness because of my enemy; show me Your way, the right way.**

**For there is no dependability in their mouth; their inward being is depravity; an open tomb is their throat; they cut and divide with their tongue.**

**Let the God pronounce them guilty; they will fall by their own devices; on account of their many transgressions banish them for they rebelled against You.**

**All, who seek refuge in You, will rejoice; forever, they will shout for joy, because You defend them; and all, who love Your name, will be joyful.**

**For You, Eternal God, will bless the righteous one; like a shield of good will, You will surround him.**

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**Eternal God, reproof me not in Your anger; nor discipline me in Your heated fury.**

**Eternal God, be gracious to me! For I am weak; Eternal God, heal me, for my very essence is in deep trouble.**

**And my soul is in very deep trouble; Eternal God, when? Come back! Eternal God, raise up my soul; save me on account of Your mercy.**

**For in death there is no memory of You; in Sheol no one will offer anything to You.**

**I am weary with my sighing; I swim in my bed all night; with my tears I drench my couch.**

**The sparkle in my eye wastes away with grief; it grows old because of all my distress.**

**Get away from me all evildoers! Because the Eternal God heard the voice of my weeping.**

**The Eternal God has heard my plea for help; the Eternal God will receive my prayer.**

**All my enemies will be greatly ashamed and terrified; they will back up, and be ashamed.**

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**Eternal God, my God, in You I seek refuge, save me from all who persecute me, and rescue me!**

**Lest they tear my soul apart like a lion, for there is none to rescue.**

**Eternal God, my God, if I have done this, if there is injustice in my hands,**

**If I have rendered evil to him, who was at peace with me, and I challenged my enemy without cause,**

**The enemy will pursue my soul, and will take it. He will trample my life into the earth. He will reduce honor to dust.**

**Selah.** [Repeat]

**Eternal God! Arise in Your anger! Get up because of my raging enemies! Raise up for me the judgment You have issued.**

**You will consolidate the congregation of the people; for the congregation's sake restore it on high!**

**The Eternal God carries out justice for the people; So, Eternal God, give me the justice according to my righteousness and according to my integrity that is within me.**

**Therefore, the wickedness of the wicked will come to an end. And the just will be firmly established! For the God tests the hearts and inner beings of the righteous.**

**My shield of defense is with God, who saves the upright in heart for himself.**

**Divinities judge the righteous, and God is indignant with the wicked all day.**

**And if he [the wicked] does not turn back and change, he will sharpen his sword; he bends his bow and takes aim.**

**And for himself, he prepares instruments of death; he makes his arrows into fiery darts.**

**Behold, he is committed to iniquity, he begets trouble, and gives birth to falsehood.**

**He dug a pit, and after he dug it out, he fell into the hole, which he made.**

**His mischief will return upon his own head, and his violent wrongdoing will descend on his own crown.**

**I will praise the Eternal God according to his righteousness; I will sing praise to the name of the Eternal God in the highest.**

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**Eternal God, our lord, who has set Your majesty above the heavens; how majestic is Your name in all the earth.**

**Out of the mouths of infants and nursing babies You have**

established strength that Your enemies may be at ease and Your foes be relieved.

When I look at Your heavens, the work of Your fingers, the moon and the stars, which You have firmly established, What is man, that You are mindful of him? And the son of man, that You care for him?

For You have made him a little lower than the angels; and You clothed him with glory and honor.

You have entrusted to him the administration of the works of Your hands; and You have given all things under his feet: Sheep and oxen, everything, even wild animals of the land, Birds of the sky, fish in the brook, whatever has its ways in the seas.

Eternal God, our lord, how majestic is Your name in all the earth!

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I will praise the Eternal God with my whole heart; I will talk of all Your extraordinary greatness.

Let me be glad and I will rejoice in You; I will make music to Your name, in the highest.

When my enemies are turned back, they will fall and perish before Your face.

For You have established my right and my throne; You continue to be seated on Your throne, judging with righteousness.

You rebuked nations, You utterly destroyed the wicked; You

**have wiped out their name forever and ever.**

**Forever finished are the destructions of the enemy and cities;  
You have destroyed, and even their memory has perished.**

**But the Eternal God will endure forever; He has secured his  
throne for judgment.**

**And He will judge the world in righteousness; He will  
administer justice to the people with total fairness.**

**And the Eternal God will be a refuge for the oppressed, a  
refuge in times of trouble.**

**And they, who know Your name, will trust in You; for You do  
not forsake them, who seek You, Eternal God.**

**Sing praises to the Eternal God, whose stay is in Zion; declare  
among all people His mighty acts.**

**When He avenges their blood, He remembers; he does not  
forget the outcry of the afflicted.**

**Eternal God, have mercy upon me! Consider my trouble,  
which I suffer from them, who hate me; lift me up from the  
gates of death.**

**That I may proclaim in song all Your praise in the gates of the  
daughter of Zion; I will rejoice in Your salvation.**

**The people fall into the trap they made; their own foot is  
caught in the net, which they hid.**

**The Eternal God is known by the judgments He makes; the  
wicked is struck down by the work of his own hands Selah.**

**[Repeat]**

**The wicked will go back to Sheol, and all the people, who  
forget God.**

**For the poor will not always be forgotten; the expectation of**

**the poor will not perish forever.**

**Eternal God, arise, [that] no one will be brazen, [that] all people will be judged in Your presence!**

**Eternal God, instill fear in them that people may know that they are but men. Selah. [Repeat]**

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**Eternal God, why do You stand far away? Why do You conceal Yourself in times of distress?**

**With pride the wicked aggravates the humble; [but] they will be captured by the devices that they have devised.**

**The wicked shows off the desire of his heart, and blesses the greedy, whom the Eternal God despises.**

**The evil one, with his proud face, does not want to know anything about the many good intentions of God.**

**His ways are always like a whirlwind; Your judgments are above and out of his sight; as for all his enemies, he sneers at them.**

**He says in his heart, I will not be moved, from generation to generation: No hardship.**

**His mouth is full of cursing, deceit and fraud; under his tongue is trouble and wickedness.**

**He sits in ambush at court; he kills the innocent in secret; his eyes are fixed on the helpless, as if they were a treasure.**

**He lies in wait secretly, as a lion under cover; he lies in wait to grab the poor; after he grabs the poor, he entangles him in his net.**

**He pounces and falls on the hapless with his might to crush the poor.**

**He says in his heart: God has forgotten; He hides his face; He will never ever see it.**

**Eternal God arise! God lift up Your hand! Forget not the afflicted!**

**Why? How long does the wicked treat God with contempt? He says in his heart, 'You do not care.'**

**You have seen it. Because You see trouble and mischief, because the poor commits himself to You, because You are the helper of the orphan, You are ready to avenge with Your hand.**

**Break the arm of the wicked and the evil one! Seek out his wickedness until You find no more!**

**The Eternal God is King forever and ever; heathens are eradicated from His land.**

**Eternal God, You heard the longing of the afflicted; You make them stouthearted; You bend Your ear to hear them.**

**That You are ready to grant justice to orphans and the oppressed, that men on earth no more, no longer terrorize.**

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**In the Eternal God I trust; how then can You say to my soul, Flee to Your mountain as a bird?**

**Look! The wicked bend their bow; they set their arrow on the string to shoot insidiously at the upright in heart.**

**If the foundations of society are torn down, what can the righteous do?**

**The Eternal God is in His holy house; the Eternal God is in the heavens; His eyes look upon his seat of honor; His eyelids**

**squint at the sons of men.**

**The Eternal God tests the righteous; but the wicked, who loves violence, hates his soul.**

**He will cause it to rain on the wicked: Snares of fire, brimstone, raging hot wind will be the portion of their cup.**

**For the righteous Eternal God loves righteousness; the righteous will see His face.**

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**Eternal God, help! For the upright is no more; the faithful have vanished from among the sons of men.**

**Everyone, man and neighbor, talk about nothing; they speak with flattering lips and with a double minded heart.**

**The Eternal God will cut off all smooth-talking lips and the tongue that babbles proud things,**

**This says, 'We will prevail with our tongue and our own lips. Who is lord over us?'**

**For the oppression of the poor, for the anguish of the needy, I will now arise, says the Eternal God; I will establish him in the safety that he longs for.**

**The words of the Eternal God are pure, like silver refined in a furnace of clay, purified seven times.**

**You, Eternal God, will keep them and preserve them from this generation and forever.**

**The wicked will go around in circles as the depravity of men is exposed.**

**Eternal God! How long will You forget me? Forever? How long will You conceal Your face from me?**

**How long should I console my soul, and have sorrow in my heart? Daily? How long will my enemy feel exalted over me?**

**Consider and hear me, Eternal God! My God, let my eyes see light, lest I sleep in death,**

**Lest my enemy say, I overpowered him; and those who trouble me, rejoice when I totter and slip.**

**I have trusted in Your mercy; my heart will rejoice in Your salvation.**

**I will sing to the Eternal God, because He did great things for me.**

**The fool has said in his heart, 'There are no gods.' They are corrupt, they have done horrible things; nobody does any good.**

**The Eternal God looks down from the heavens on the sons of men, to see if anyone is prudent, who seeks the divine.**

**They all turned away, all together they have become morally corrupt; there is none that does good, no, not one.**

**Do they have no knowledge - are they all doers of wickedness, who eat up my people as they eat bread, who do not call upon the Eternal God?**

**There they are now in fear and trepidation; for the God is in the generation of the righteous.**

**You have shamed the counselor of the poor, since the Eternal God is his refuge.**

**Oh that out of Zion the salvation of Israel would come, when the Eternal God brings his people back from captivity. [Then] Jacob will rejoice; Israel will be glad.**

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**Eternal God, who will live in Your house? Who will be on Your holy mountain?**

**He, who walks uprightly, produces righteousness and speaks the truth in his heart.**

**He, who does not slander with his tongue, does not harm his neighbor and does not start a quarrel with his mate.**

**He, in whose eyes a shameful person is despised, but honors those who fear the Eternal God; who calls down evil on himself, when he does not keep his word.**

**He, who does not use his money to multiply money, or to get favors with bribes. Whoever does these things will never fall.**

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**Preserve me, O God, because I put my trust in You.**

**You say to [me,] the Eternal God, You are my lord, my goodness; nobody ranks above You.**

**But as for the saints here on earth, they are adorable, all my delight is in them.**

**But they, who run after another [god], their sorrows will be multiplied, I will not take part in their drink offerings of blood,**

**I will not use their names on my lips.**

**The Eternal God is my designated inheritance and my cup; You preserve my portion.**

**The lines have fallen in pleasant places [Paraphrase: Everything worked out just right]. Yes, an abundant heritage has come to me.**

**I will bless the Eternal God, who has given me good advice, who in dark nights disciplined my inner being.**

**I have set up the Eternal God always before me; because he is at my right hand, I will neither slip nor fall.**

**Therefore, I am glad, and my heart, my honor rejoices; and my flesh will rest securely.**

**For You will not abandon my soul to Sheol, nor will You hand Your holy one over to see the pit.**

**You will bring about the realization of the path of life and abundance of joy; before Your face, in Your right hand is delight forevermore.**

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**Eternal God of righteousness, listen! Hear my cry! Be attentive to my prayer, for my lips are not deceitful!**

**That my vindication may proceed from Your presence and Your eyes may look at uprightness!**

**You have examined my heart; You observed me in the dark; You tested me and found nothing; I schemed that my mouth would not transgress.**

**According to the word of Your lips, I stayed away from the deeds of men and the ways of the violent.**

**Solidify my steps in Your paths that my foot may not slip.  
I have called upon You, to respond to me; O God, stretch  
Your ear towards me! Listen to my word!**

**Let Your loving kindness shine to save with Your right hand  
them, who seek refuge in You, from those, who rise up  
against them.**

**Keep me as the pupil of the eye, hide me under the shadow  
of Your wing,**

**From the wicked, who devastate me, from my arch enemy,  
who strikes me.**

**They push with their fat bellies; they speak with their  
arrogant mouths.**

**They already surrounded us; their eyes are set to stare us  
into the ground.**

**They are like a lion eager to tear his prey and as a young lion  
lurking under cover.**

**Arise, Eternal God! Confront him! Throw him down! Let Your  
sword deliver my soul from the wicked.**

**Eternal God, with Your hand [deliver us] from men, from men  
of the world, whose interest is in this life; You fill their belly  
with treasures; they have many sons and they leave their  
possession to their children.**

**As for me, in righteousness, I will see Your face; I will be  
satisfied, to awake in Your likeness.**

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**I will love You, Eternal God, my strength.**

**The Eternal God is my security, my stronghold and my deliverer; I will seek refuge in my God, my shield, the horn of my salvation and my fortress.**

**I will call on the Eternal God, who is to be glorified; and I will be saved from my enemies.**

**The domain of death enclosed me; and a flood of worthless fellows terrified me.**

**The domain of Sheol engulfed me; the grip of death confronted me.**

**In my distress I called on the Eternal God; I cried for help to my God; He heard my voice from His temple; and my cry came before Him, to His ears.**

**Then the earth shook and shivered; and the foundations of the hills quivered and quaked, because He was angry.**

**Smoke came out of His nostrils, fire from His mouth, devouring coal that was ignited by it.**

**He flexed the heavens and came down; thick clouds were under His feet.**

**He rode and flew on a cherub; He darted on the wings of the wind.**

**He made darkness His cover; round about Him were dark waters and massive clouds of the sky.**

**Before His brightness passed massive clouds, hail and shoals of fire.**

**The Most High Eternal God thundered in the heavens; he uttered his voice and there was hail and flames of fire.**

**He sent out his arrows and scattered them; and a multitude of**

**lightning dumbfounded them.**

**Eternal God, at the reproof of Your voice, at the blast of breath from Your nostrils, channels of waters were seen and the foundations of the world were uncovered.**

**He sent from on high; he took me; He drew me out of many waters.**

**He snatched me away from my fierce enemy and from them, who hated me; for they were too strong for me.**

**They confronted me in the day of my trouble; but the Eternal God was my sustenance.**

**He gave me space; he saved me, because He delighted in me. The Eternal God dealt with me according to my righteousness; He repaid me according to the purity of my hand.**

**For I have kept the ways of the Eternal God, and have not acted wickedly apart from my God.**

**For all His decrees are before me and I do not brush aside His statutes.**

**And I was upright before him, and I kept myself from my own evil inclinations.**

**And the Eternal God repaid me according to my righteousness, and He dealt with me according to the purity of my hand in His sight.**

**With the merciful You will show Yourself merciful; with the upright man You will show Yourself upright.**

**With the pure You will show Yourself pure; and the devious You will outsmart.**

**For You will save the humble; and You will abase arrogant looks.**

**You will cause my light to shine; the Eternal God, my God will enlighten my darkness.**

**For with You I will run [against a] troop; and with my God I will jump over a wall.**

**As for God, His way is perfect; the word of the Eternal God is tried and tested; He is a shield to all, who trust in Him.**

**For who is god beside the Eternal God? Or who is a rock except our God?**

**It is God, who gets me ready for battle with strength and makes my way perfect.**

**He makes my feet sure-footed like a deer and sets me up on my high places.**

**He prepares my hands for battle that my arm can bend a bow of bronze.**

**And You have given me the shield of Your salvation; Your right hand sustained me, and Your gentleness has made me great. You enlarged the sole of my foot under me that my foot did not slip.**

**I pursued my enemies and caught them; I did not return till they were utterly destroyed.**

**I shattered them that they were not able to rise; they fell under my feet.**

**For You armed me with strength for battle; You subdued to me those, who rose up against me.**

**And You gave to me my enemies; that I might destroy the necks of those, who hated me.**

**They cried out to the Eternal God, and there was none to save; He did not answer them.**

**And I pulverized them as dust before the wind; I cast them out as dirt in the streets.**

**You secured me from the vain attempts of people; and You made me to be head of nations; a people, whom I did not know, will serve me.**

**As soon as [their] ear hears, they listen to me; even sons of strangers submit to me.**

**The sons of strangers will wither and fall and with quaking come out of their fortress.**

**The Eternal God lives; and blessed is my rock; the God of my salvation will be exalted.**

**It is God, who avenges me, and orders people to be under me.**

**He secures me from my enemies. Also, You will lift me up above those, who rise up against me; You will snatch me away from a violent man.**

**Thus Eternal God, I will praise You among the nations and sing praises to Your name.**

**He gives great salvation to His king; and He shows mercy to His anointed, to David, and to his seed forever.**

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**The heavens proclaim the glory of God and the work of His hand, which is self-evident in the universe.**

**Every day has its expectation; every night brings deliberation and insight.**

**There is no dialect, no language, which does not understand**

**its universal language.**

**Their message has gone out throughout the earth, their words to the end of the world, in which He raised a tent for the sun.**

**The sun, like a bridegroom coming out of his bedroom, rejoices like an athlete eager to run a race.**

**From one end of the heavens, from its rising, and its circuit to the other end; nothing is hidden from its heat.**

**The Law of the Eternal God is perfect, refreshing the soul; the testimony of the Eternal God has substance, making wise the simple.**

**The statutes of the Eternal God are proper, they make glad the heart; the precepts of the Eternal God are pure, they are light for the eyes.**

**The fear of the Eternal God is sparkling clean, it endures forever; the judgments of the Eternal God are correct and righteous altogether.**

**They are more desirable than gold, even refined gold, sweeter than honey and honeycomb.**

**Moreover Your servant is tipped off; and in keeping them are good and great consequences.**

**Who can recognize his mistakes? Therefore, cleanse me thoroughly from unrecognized mistakes.**

**Especially, keep Your servant away from presumptuous sins; and they will not control me. Then I will have done well, and I will be innocent of great transgression;**

**The words of my mouth and the thoughts of my heart will be pleasing in Your sight, Eternal God, my Rock and my Redeemer.**

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The Eternal God will hear you in the day of trouble; the name of the God of Jacob will exalt you greatly.

He will send you help from the sanctuary, and will strengthen you out of Zion.

He will remember every one of your offerings and will graciously accept your burnt sacrifice. **Selah.** [Repeat]

He will grant you the desire of your heart, and will fulfill all your plans.

We will shout for joy in your salvation, we will set up banners in the name of our God; the Eternal God will fill all your petitions.

Now I know that the Eternal God saves His anointed; He will respond to him from His holy heaven with the saving strength of his right hand.

Some trust in chariots and some in horses, but we will remember the name of the Eternal God, our God.

They stumbled and fell, but we have risen up and keep going. Eternal God, save the king! He will answer us when we call.

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Eternal God, the king will rejoice in Your might and will be jubilant in Your salvation.

You have given him his heart's desire and the request of his lips You did not withhold. **Selah.** [Repeat]

You came out to meet him with blessings of goodness; You

have set a crown of refined gold on his head.

He asked You for physical life; and You gave to him the fullness of days forever and ever.

His glory in Your salvation is great; You bestowed on him honor and splendor.

You blessed him forever; You made him glad with the joy of being in Your presence.

For the king trusts in the Eternal God; and on account of the mercy of the Most High, he will not waver.

Your hand will dash all Your enemies; Your right hand will overthrow all, who hate You.

In due time You will expose them to the fiery furnace of Your anger; the Eternal God will swallow them up in his wrath, and fire will consume them.

Their offspring You will eradicate from the earth, and their descendents from among men.

For they intended evil against You; they devised a plot, which they will not able to carry out.

Therefore, You make them back off; You will point the arrow on Your bowstring at their face.

Eternal God arise with Your might that we will make music and sing of Your might.

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My God, my God, why have You forsaken me? You are so far from saving me, my call, my screaming.

My God, I cry in the daytime, but You do not answer; and at

**night I am not silent.**

**And You are holy, enshrined in the hymns of praise of Israel.**

**Our fathers trusted in You; they trusted; and You rescued them.**

**They called on You, and You provided a way out; they trusted in You, and they were not put to shame.**

**And I am a worm, not a man; a disgrace of humanity, and despised by people.**

**They stick out the lip; they shake the head. All look at me and scoff, [saying]:**

**"Lean on the Eternal God!" "He will rescue him; He will save him, because He delights in him."**

**You took me out of the womb; You taught me to trust in You, when I was at my mother's breasts.**

**From the womb of my mother's body, I was cast upon You; You are my God.**

**Be not far from me; for trouble is near; for there is none to help.**

**Many bulls surrounded me; strong bulls of Bashan encroached on me.**

**They tear open their mouths at me, like a raging roaring lion. I am poured out like water, all my bones are dismembered; my heart is like melting wax within me.**

**My strength is dried up like a shred of pottery; my tongue sticks to my jaw; You brought me to the dust of death.**

**For dogs have surrounded me; an assembly of the wicked**

**encroach upon me; my hand and my foot are pierced.**

**I am painfully aware of all my bones; they look and stare at me.**

**They divide my clothing among them, and cast lots upon my robe.**

**And You Eternal God will not be far away; my protector hasten to help me.**

**Rescue my soul from the sword, my treasure from the hand of the dog.**

**You Yourself saved me from the mouth of the lion; for You heard me when I was in front of the horns of the rams.**

**I will speak about Your reputation to my brothers; I will praise You in the midst of the congregation.**

**You, who fear the Eternal God, all descendents of Jacob, praise Him and glorify Him; all descendents of Israel, stand in awe of Him.**

**For He did not look down on, or stay away from the affliction of the afflicted; He did not hide his face from him; but when he cried for help to him, He listened.**

**My praise will be for You in the great assembly; I will make good my vows before them, who fear Him.**

**The poor will eat and be satisfied; they, who rely on the Eternal God, will praise Him, for He will live in your heart forever.**

**All the ends of the world will remember and turn to the Eternal God; all families of all nations will bow down before You.**

**For exclusive kingship belongs to the Eternal God; and He has**

dominion over the nations.

All the fat on earth will eat and will worship before His face; even all, they who turned to dust, and he, who could not keep his soul alive, will worship Him.

Posterity will serve Him and generations will acclaim my lord. They will come, and will declare His righteousness to a people yet to be born that He has done this.

[Home](#) **Psalm 23** [Index](#)

The Eternal God is my Shepherd: I will not want.

He will set me down gently in green grass, and He will let me relax by quiet waters.

He will restore my soul. He will guide me in paths of righteousness for his name's sake.

Yes! I will walk through the valley of death, but I will fear no evil, because You are with me; Your protecting staff will comfort me.

You will set a table before me, in front of my enemies. You anointed my head with an overflowing cup of oil.

Absolute goodness and loving kindness will order all my days. And I will remain in the house of the Eternal God forever and ever.

[Home](#) **Psalm 24** [Index](#)

The earth and all that is in it, the world and all that live in it, is the Eternal God's.

For He is over the oceans He molded; He is over the rivers

**He established.**

**Who will ascend the mountain of the Eternal God? Who will stand, where He stands in holiness?**

**He, who has innocent hands, and a pure heart, whose soul does not worship vanities, nor swears fraudulently.**

**He will receive a blessing from the Eternal God, and the righteousness of God saves him.**

**The people, who seek Him, are they, who seek Your face, O Jacob. Selah. [Repeat]**

**Open your head-gates! Leave the doors open forever! For the King of Glory keeps on coming.**

**Who is this King of Glory? The Eternal God! The Powerful and the Mighty One! The Eternal God is mighty in battle!**

**Open your head-gates! Open the doors forever! For the King of Glory keeps on coming.**

**Who is this King of Glory? The Eternal God of Strength, He is the King of Glory. Selah. [Repeat]**

[Home](#) **Psalm 25** [Index](#)

**To You, Eternal God, I dedicate my soul.**

**My God, I trust in You: I will not experience shame; my enemies will not triumph over me.**

**Indeed, no one, who waits for You, will experience shame; they will be ashamed, who in vain act treacherously.**

**Eternal God, make me understand Your system; teach me Your way.**

**Motivate me to walk in Your truth, and give me training; for**

**You are the God, who saves me; for You I wait all day long.  
Eternal God, remember Your compassion and Your loving  
kindness; for they have been since eternity.**

**Remember not the sins and my transgressions of my earlier  
life; Eternal God, remember me for the sake of Your  
goodness.**

**The Eternal God is good and upright; consequently, He points  
out to sinners to be the same way.**

**He guides the humble with justice; He trains the humble to  
walk in His way.**

**All the ways of the Eternal God are mercy and faithfulness to  
those, who observe His covenant and His statutes.**

**Eternal God, for Your name's sake, pardon my guilt, for it is  
great.**

**Who is the man that fears the Eternal God? Him, whom He  
instructs, in the way that He will choose.**

**His soul will do well; and his descendants will inherit the  
earth.**

**The counsel of the Eternal God is with him, who fears Him;  
and he himself will show others His covenant.**

**My eyes are always toward the Eternal God; for He will pull  
my feet out of the net.**

**Turn to me, and be gracious to me; for I am deserted and in  
need.**

**The stress in my heart is overwhelming; lead me out of my  
dire straits.**

**Look at my affliction and my trouble; and forgive all my sins.  
Consider my enemies; they are many; and with malicious**

hatred they hate me.

Preserve my soul, and rescue me! And I will not be disgraced;  
for I seek refuge in You.

Integrity and uprightness will watch over me; for I am waiting  
for You.

O God, redeem Israel from all their troubles.

[Home](#) **Psalm 26** [Index](#)

Judge me, Eternal God, for I have walked in my integrity; and I  
trust in the Eternal God that I will not waver.

Examine me! Eternal God, test me, inspect my inner being and  
my heart.

For Your loving kindness is before my eyes; and deliberately I  
walk in Your faithfulness.

I do not sit with loudly boasting braggarts and will have  
nothing to do with the sneaky.

I hate the ganging together of the wicked; and I will not  
mingle with bad guys.

I will wash my hands in innocence; and I will walk around  
Your altar, Eternal God,

To hear the voice of thanksgiving and to speak about all Your  
marvelous accomplishments.

Eternal God, I love the habitation of Your house, and the  
space of Your glory.

Do not lump my soul together with sinners, nor my life  
with bloody men,

In whose hands are underhanded deals, and whose right

hand is full of bribes.

As for me, I will walk in my integrity; redeem me, and be gracious to me.

My foot takes a stand on a level playing field; in the fellowship of the faithful I will bless the Eternal God.

[Home](#) **Psalm 27** [Index](#)

The Eternal God is my light and my salvation. Whom will I fear? The Eternal God is the stronghold of my life. Of whom will I be afraid?

When the wicked confronted me, when my adversaries and enemies were ready to devour my flesh, they stumbled and fell.

Though an army encamps against me, my heart will not fear; though war will be waged against me, in all this I will be at ease.

One thing I have asked of the Eternal God, which I will seek after all the days of my life, that I may be in the house of the Eternal God to appreciate the delight of the Eternal God and to inquire in his temple.

For He will secure me in His haven in a time of trouble; He will hide me in the retreat of His sanctuary; He will exalt me on the rock of His fortress.

And now my head is raised far above my enemies, who were all around me. Therefore, I will sacrifice at His place of worship the shouting of a victory song; I will sing, and I will

**make music to the Eternal God.**

**Eternal God, when I call, listen to my outcry, be gracious to me, and answer me.**

**[God said:] "My heart said, Seek my face!" Your face, Eternal God, I will seek.**

**Do not conceal Your face from me; do not turn Your servant away in anger; You are my help; do not leave me, do not forsake me, O God of my salvation.**

**When my father and my mother desert me, the Eternal God will take me in.**

**Eternal God, set my target on You and lead me on a straight path, because of my enemies.**

**Do not hand me over to the corrupt nature of my adversaries; for false witnesses have risen up against me, who breathe out violence.**

**But I was determined to see the goodness of the Eternal God in the land of the living.**

**Wait for the Eternal God! Be of good courage! He himself will make You stout-hearted. And again, Wait for the Eternal God!**

[Home](#) **Psalm 28** [Index](#)

**I will call on You, Eternal God, my rock; be not silent to me, lest, if You be silent to me, I become like them that fall into a pit.**

**Listen to the voice of my requests, when I cry out for help to You, when I lift up my hand toward Your holy sanctuary.**

**Drag me not away with the wicked and with evildoers, who verbally offer peace to their neighbors, but evil is in their hearts.**

**Render to them according to their deeds, their wickedness, their conniving, and the work of their hands; give back to them what they dish out.**

**Because they neither appreciate the works of the Eternal God, nor the product of His hands, He will throw them down, and not raise them up.**

**Blessed be the Eternal God, because He listened to the voice of my requests.**

**The Eternal God is my strength and my shield; my heart trusted in Him and I received help; therefore, my heart is jubilant; and I will praise Him with my song.**

**The Eternal God is their strength, and He is the saving strength of his anointed.**

**Save Your people! Bless Your own! Be their shepherd! And raise them up forever!**

[Home](#) **Psalm 29** [Index](#)

**Sons of God: Glorify the Eternal God! Praise the power of the Eternal God.**

**GIVE THE ETERNAL GOD HIS GLORIOUS NAME! Worship the Eternal God in the ultimate glory of holiness!**

**The sound of the Eternal God is over and above the roaring oceans; the God of glory thunders; the Eternal God is over a multitude of oceans.**

**The sound of the Eternal God is powerful and mighty; the voice of the Eternal God is magnificent and splendid.**

**The sound of the Eternal God is like shattering cedar trees; the Eternal God shatters the cedars of Lebanon.**

**He makes them run in leaps and bounds like a calf [out of the stall] from Lebanon and Mount Sirion - like a young ram.**

**The hissing voice of the Eternal God divides fiery tongues of fire.**

**The voice of the Eternal God twirls the sand of the desert; the Eternal God is like the whirlwind of Kadesh.**

**The voice of the Eternal God prepares the deer for giving birth; it mows down forests [like grass], and inspires jubilation in His temple.**

**The Eternal God was [in control] enthroned on the flood; and the Eternal God is enthroned as King forever.**

**The Eternal God will give strength to His people; the Eternal God will bless His people with peace.**

[Home](#) **Psalm 30** [Index](#)

**With enthusiasm, I will praise the Eternal God, for You raised me up, You did not let my enemies rejoice over me.**

**Eternal God, my God, I cried out for help to You, and You solved my problems.**

**Eternal God, from Sheol You brought up my soul; You kept me alive and away from the grave.**

**You, who are devoted to Him, make music to the Eternal God, and give thanks in memory of His holiness.**

His disapproval may be for a moment, but his goodwill is for life; there may be weeping in the evening, but a joyful wake-up call in the morning.

And in my prosperity I said, I will never be moved.

Eternal God, by Your favor You made me stand strong on my mountain; but the moment You hid Your face, I was in trouble.

To You, Eternal God, I cried out; and to my lord I presented my petition.

What unjust gain is in the shedding of my blood? When I go down to the pit, who will praise You? Will the dust declare Your faithfulness?

Eternal God, hear and have mercy on me. Eternal God, be my helper.

You turned my wailing into my dancing; You have taken off my sackcloth and clothed me with gladness,

So that [Your] splendor will magnify You and not be silent, Eternal God, my God; forever I will praise You.

[Home](#) **Psalm 31** [Index](#)

In You, Eternal God, I seek refuge: I will never be put to shame; for eternity, Your righteousness safeguards me.

Quickly, give me a hearing and rescue me! Be to me a rock and refuge, a home and security, for me to be safe.

For You are my castle on my rock; therefore for Your name's sake lead me and refresh me.

Pull me out of the net that they set for me; for You are my

protection.

Into Your hand I commit my spirit; for You, Eternal God, the faithful God, are redeeming me.

I hate those, who rely on futile vanities; and I trust in the Eternal God.

I will rejoice and be glad in Your mercy; for You have seen my trouble and You understand the stress of my soul.

You have not given me into the grip of the enemy; You enabled me to take a stand in wide open places.

Eternal God, be gracious to me. I am in trouble, my eye, my soul, my body waste away in consternation.

For my life is spent in grief, and my years in sighing; my strength turned into liability, and my entire self wastes away.

I am held in contempt by all my enemies, worse than that, I am mistreated among those closest to me, who know me; when they see me, they shun and avoid me.

I am forgotten, out of mind, as someone, who died; I am like a broken pot.

For I hear slandering by many; terror is all around; unanimously they set themselves up against me to scheme and take away my soul.

But I trust in You, Eternal God; I affirm, You are my God.

My times are in Your hand; rescue me from the hand of my enemies and from those, who persecute me.

Let Your face shine on Your servant! Graciously save me!

Eternal God, You will not let me be put to shame; for I have

**called on You; the wicked will be ashamed;, and be silent in Sheol.**

**Lying lips, which proudly and contemptuously make false allegations against the righteous, will be silenced.**

**Oh, how great is Your goodness, which You reserved for those, who fear You, who take refuge in You from the sons of men!**

**You will hide them in the hiding place of Your presence, from the ruckus of man; You will keep them safe in a thicket from lashing tongues.**

**Blessed be the Eternal God, for he showed marvelous mercy toward me, when I was besieged in a city.**

**For I said in my panic, I am cut off from Your presence; nevertheless, You heard the voice of my plea for help, when I cried out to You.**

**All you, His God-fearing people, love the Eternal God! For the Eternal God preserves the faithful, and fully rewards him, who acts godly.**

**All you, who wait for the Eternal God in your heart, Be tough and bold!**

[Home](#) **Psalm 32** [Index](#)

**Blessed is he whose transgression is removed, whose sin is covered.**

**Blessed is the man whom the Eternal God does not charge for wrongdoing, and in whose spirit there is no treachery.**

**When I turned in on myself, my bones were as mush on**

**account of my ongoing anger.**

**Day and night Your hand weighed me down; my sap of life was a parched summer. Selah. [Repeat]**

**Then I acknowledged my sin to You, and my guilt I did not hide; I said, I will confess my transgression to the Eternal God; and You removed the guilt of my sin. Selah. [Repeat]**

**For this reason, everyone, who is god-fearing will pray to You and will find You accessible; surely a deluge of trouble will neither overwhelm him, nor come near him.**

**You are a hiding place; when under pressure, You will preserve me; You will surround me as victorious shouting. Selah. [Repeat]**

**I will cause you to be prudent; I will teach you the way to go; I will guide you with my eye.**

**Do not be like a horse or mule, which have no understanding, who do not come to you, if their mouth is not harnessed with bridle and bit.**

**Great is the agony of the wicked; but loving kindness will surround him, who trusts in the Eternal God.**

**Let the righteous be glad and rejoice in the Eternal God! Let all the upright in heart shout for joy!**

[Home](#) **Psalm 33** [Index](#)

**You righteous, shout for joy to the Eternal God! For praise from the upright is beautiful.**

**Praise the Eternal God with a harp! Make music to Him with an instrument of ten strings!**

**Sing to him a new song! Play excellently and loud!**

**For the word of the Eternal God is right; and all that He does is right on.**

**He loves righteousness and justice; the earth is full of the goodness of the Eternal God.**

**By the word of the Eternal God the heavens were made, and all its numerous multitudes by the breath of His mouth.**

**He was gathering the waters of the sea together as in a heap; and He laid down the treasures of the deep.**

**All the earth will fear the Eternal God; all the inhabitants of the world will stand in awe of Him.**

**For he spoke, and it was done; He issued a command, and it stood there.**

**The Eternal God reduces the decrees of nations to nothing; and He nullifies the plans of people.**

**The counsel of the Eternal God stands for ever, the thoughts of His heart to all generations.**

**Blessed is the nation, of which the Eternal God is its God, and the people, whom He has chosen, for His inheritance.**

**The Eternal God looks from the heavens; He sees all the sons of Adam.**

**From the foundation of his dwelling He carefully looks after all the inhabitants of the earth.**

**He fashioned their oneness of heart; He has regard for all their works.**

**No king is saved by greatness of army; no mighty man is delivered by might and strength.**

**A horse is a deceptive thing for safety; greatness of strength**

**does not guarantee a rescue.**

**Behold, the eye of the Eternal God is on him, who fears Him,  
upon them, who wait for His loving kindness,**

**To deliver their soul from death; and to keep them alive in  
famine.**

**Our soul waits for the Eternal God; He is our helper and our  
shield.**

**Our heart will rejoice in Him; because we trust in His holy  
name.**

**Eternal God, let Your loving kindness be on us, since we wait  
for You.**

[Home](#) **Psalm 34** [Index](#)

**I will always say good things about the Eternal God; His praise  
will continually be in my mouth.**

**My soul will sing Alleluia! The meek will hear it and rejoice.**

**Magnify the Eternal God with me! Let us together exalt His  
name!**

**I called on the Eternal God, and he responded to me; He took  
away from me all my fears.**

**They looked to Him and were radiant; their faces were not  
covered with shame.**

**This poor man cried; the Eternal God heard him, and saved  
him out of all his troubles.**

**The angel of the Eternal God has set up camp all around  
them, who fear Him, and He rescues them.**

**Taste and see that the Eternal God is good; blessed is the**

**man, who seeks refuge in Him.**

**You, His holy ones, fear the Eternal God; for those, who fear Him, lack nothing.**

**Young lions are hungry and starving; but they, who seek the Eternal God, will lack no good thing.**

**Children, come and listen to me; I will teach you to fear the Eternal God.**

**If you have the desire for a good long life,**

**Keep your tongue from evil and your lips from babbling falsehood;**

**Turn away from evil and do good; seek peace and pursue it.**

**The eyes of the Eternal God are on the righteous, and His ears are open to their call.**

**The face of the Eternal God is against those, who do evil, to erase the memory of them from the face of the earth.**

**When the righteous cry out, the Eternal God hears, and He removes them from all their troubles.**

**The Eternal God is with the broken hearted; and He saves the crushed spirit.**

**Many are the afflictions of the righteous one; but from all of them, the Eternal God delivers him.**

**He is guarding all his bones; not one of them is broken.**

**Evil will slay the wicked; and they, who hate the righteous, will have their day in court.**

**The Eternal God will ransom the soul of His servants; and none of them, who seek refuge in Him, will be condemned.**

**Eternal God, fight with those who fight against me; make war against those who make war against me!**

**Put on Your armor and [take] Your shield! Come to my help!**

**Throw the spear and bring to a stop, those who pursue me!**

**Say to my soul, I am Your salvation.**

**They, who seek my soul, will be shamed and dishonored; they, who want to harm me, will be set back in confusion.**

**They will be as chaff before wind; for an angel of the Eternal God is giving chase.**

**Their way will be dark and slippery; and an angel of the Eternal God will put them to flight.**

**For no reason, they hide a trap for me; For no reason, they spread out a net for my soul.**

**Without knowing, destruction will come upon him; and into the net that he has hidden he will fall.**

**And my soul will rejoice in the Eternal God; I will delight in his salvation.**

**My very essence will boast, Eternal God, Who is like You? You deliver the weak from him, who is stronger than he, and the poor and needy from him, who steals.**

**Cruel witnesses are rising up, of whom I do not know what they want from me.**

**They reward me with evil instead of good, [heaping] evil on my soul.**

**But when they were sick, I had sackcloth for clothing; my soul, was dejected by fasting; and my prayer weighed down**

**my chest.**

**As a friend, as brother, I paced about like a mourning mother; I was bowed down and burdened.**

**Yet they rejoiced and were attracted to my troubles; they were attracted to my injury and I did not know it; they ripped me apart and they did not stop.**

**With godless mockery [as] at a feast, they gnashed their teeth at me.**

**My lord, how long will You look on? Restore my soul from their destructiveness, my lonely [self] from young lions.**

**I will have reason to thank You in the great assembly; I will praise You among very many people.**

**My enemies will not deceitfully rejoice over me; those who hate me will not in vain wink with the eye.**

**They do not speak peacefully to those who are at peace on earth; they contrive words of deceit.**

**They open their mouths wide before me and they say Aha! Aha! She sees our eyes.**

**Eternal God, You see [it]. My lord, You will not be silent. You will not be far from me.**

**My God and my lord! Move! Wake up [to carry out] justice for me in this, my case.**

**Eternal God, my God, vindicate me according to Your righteousness, and they will not rejoice over me.**

**They will not [with relief] say in their heart, Ah, our soul. They will not say, We swallowed him up.**

**They, who with joy rally at my hurt, will be ashamed and embarrassed; shame and disgrace will clothe them, who**

**magnify themselves at my expense.**

**They, who delight in my righteous cause will shout for joy and rejoice, they will say the Eternal God will perpetually magnify the joy [and] peace of His servant.**

**And my tongue will speak of Your righteousness, praising You all day long.**

[Home](#) **Psalm 36** [Index](#)

**In God's eyes, there is no fear of God in my heart.**

**For in its own eyes, it flatters itself: When its guilt comes to light, it hides it.**

**From its mouth comes vanity and deceit; it is neither prudent nor good.**

**It devices falsehood, lying in bed; it presents itself in a no-good way that does not reject evil.**

**Eternal God, Your mercy is in the heavens, Your faithfulness is as [high as] the sky.**

**Your righteousness is as mountains, Your judgments as great deep [oceans]; Eternal God You preserve man and beast.**

**Oh God, how precious is Your loving-kindness! So sons of men take refuge under Your wings.**

**They continue to be satisfied by the abundance of Your house; and You give them to drink from the river of Your delight.**

**For with You is the fountain of life; by Your light we see light. Oh prolong Your loving-kindness to those whom You know and the upright in heart!**

**[Then] the way of pride will not come to me; and the hand of**

**the rash will not shake mine.**

**There, the workers of iniquity have fallen; they are thrust down and not able to rise.**

[Home](#) **Psalm 37** [Index](#)

**Fret not because of the wicked, nor be jealous of the fruits of injustice.**

**For they will soon be cut down like grass and wither just like green grass.**

**Trust in the Eternal God and do good; live in the land and sustain yourself by [His] faithfulness.**

**Take delight in the Eternal God; and He will give you the desires of your heart.**

**Commit your way to the Eternal God! Trust Him! And He will bring it to pass.**

**He will bring your righteousness to light and your justice as the midday sun.**

**Be still before the Eternal God! Wait with endurance for Him! Fret not because He is on his way with haste, because of the wicked doings of man.**

**Relax and resist anger! Defuse fury! No ongoing fretting, it only causes harm.**

**For evil doers will be cut off; but they, who wait for the Eternal God, will inherit the earth.**

**Yet a little while, and the wicked will be no more; you will look for him, but will not find him.**

**The meek will inherit the earth and will enjoy peace in**

**abundance.**

**The wicked plots against the just and gnashes his teeth at him.**

**My lord will laugh at him, for He sees that his day is coming.**

**The wicked have drawn the sword and have bent their bows, to thrust down the poor and needy and to slay the righteous.**

**Their sword will enter their own heart, and their bows will be broken.**

**The small possession of one righteous man is better than the super-abundance of many wicked,**

**For the power of the wicked will be broken; but the Eternal God upholds the righteous.**

**The Eternal God knows the days of the upright and their inheritance will be forever.**

**They will not be put to shame in bad times; and in days of famine they will be satisfied.**

**But the wicked will perish; and the enemies of the Eternal God will come to an end like a lush pasture; they will vanish like smoke.**

**The wicked borrows and does not repay; but the righteous is gracious and gives.**

**Those, who are blessed by Him, will inherit the earth, and the cursed will be cut off.**

**The steps of a man are established by the Eternal God; and He delights in his way.**

**Though he will fall, he will not be devastated; for the Eternal God holds him by his hand.**

**I was young and now I am old; yet I have not seen the**

righteous forsaken, nor his descendents looking for bread.  
He is ever so gracious; he shows interest in others; and his seed is blessed.

Depart from evil! Do good! And you will abide forevermore.  
For the Eternal God loves justice and will not forsake His kind; they are preserved forever; but the seed of the wicked will be cut off.

The righteous will possess the land and will live in it forever.  
The mouth of the righteous utters wisdom and his tongue declares just judgment.

The Law of his God is in his heart; his steps will not slip.

The wicked is spying on the righteous and wants to kill him.  
But the Eternal God will not leave him in his hand; He will not cause him to be condemned, when he is judged.

Wait for the Eternal God and keep His way! He will exalt you to possess the land; and you will see the wicked cut off.

I have seen the wicked thrive in great power, branching out like a green budding tree.

Yet he passed away; and behold, he was no more; I even went looking for him, but he could not be found.

But look at the righteous and observe the upright, because the future belongs to the man of peace.

And rabble-rousers will be destroyed altogether; the future of the wicked will be cut off.

But from the Eternal God comes the salvation of the righteous; He is their safety in the time of trouble.

The Eternal God will help them; He will deliver them; He will rescue them from the wicked; He will save them, because

they seek refuge in Him.

[Home](#) **Psalm 38** [Index](#)

Eternal God, You will not punish me in Your anger, You will not chastise me in Your wrath.

For Your arrows penetrate me; Your hand is heavy on me.

There is no wholesomeness in my flesh in the presence of Your anger; there is no peace in my inner self in the presence of my sin.

For my iniquities go over my head, like an ever-present heavy burden.

My festering wounds stink in the presence of my foolishness. I am continuously subdued and greatly disturbed, all day long I am in the dark.

My thoughts are consumed by fire, and there is no wholesomeness in my body.

I am completely exhausted and devastated; my heart is groaning in pain.

My lord, every desire I have is before You; all my sighs are not hidden from You.

My heart thumps; my strength fails; as for the light of my eyes, it is not even there.

My loved ones and my friends stay away from my affliction and nakedness; my associates stand at a distance.

They who lay traps for me seek my soul; they, who seek my hurt, speak of trouble; and the deceitful connive all day long.

But I am as if I did not hear; I am speechless, as a deaf [and

**dumb], who does not open his mouth.**

**And I am like a man, who does not hear, and whose mouth makes no response.**

**Because for You, Eternal God, I wait [hope for]; You my lord, my God will respond.**

**I say [this] lest they rejoice over me, [lest] my foot slip, [lest] they boast over me.**

**For [if] I were about to fall, my sorrow would be my constant [companion.]**

**For I will confess my guilt, and I will be sorry for my sin.**

**Yet my enemies are alive and well; and many hate me.**

**Those who repay evil for good are my opponents, for I [aim] to do good.**

**The Eternal God will not forsake me, my God will not be far from me.**

**Hurry up! My lord of my salvation to help me.**

[Home](#) **Psalm 39** [Index](#)

**I said I will order my way not to sin with my tongue; I will keep my mouth muzzled, when evil is before me.**

**I was obscured by silence; I was kept from good and my grief troubled me.**

**My heart burned within me; my thoughts were fuelling the fire as I spoke with my tongue.**

**Eternal God let me know [that I am at] the end, my days are numbered. How will I know? How frail am I?**

**Look! You made my day as hand widths; my age is nothing**

**before you; it is emptiness; every man stands [alone]. Selah.**

**[Repeat]**

**People walk about like ghosts; in haste and in vain they gather and accumulate things, without knowing who will get them in the end.**

**Look my lord! [See] what I am waiting for. My hope is in You. Preserve me from all transgressions [that] the shameful [things] of the foolish I do not do.**

**I said nothing; I didn't open my mouth because You didn't. Remove from me Your affliction, the blow from Your hand, because I had it.**

**When with rebuke You chasten the iniquity of man, and make his delight vanish like a moth, surely everyone is like breath. Selah. [Repeat]**

**Eternal God, hear my prayer and my cry for help! Listen to my tears [drop]! For I am a stranger with You; I am an outsider as [were] all my fathers.**

**Don't look at me like that! And I will be glad, lest I fade away and I am no more.**

[Home](#) **Psalm 40** [Index](#)

**I waited intently for the Eternal God; and He bent over to me and listened to my cry for help.**

**He brought me out of a wretched pit; out of the latrine. He set my feet on a rock and stabilized my steps.**

**He put a new song of praise to our God in my mouth; many will see it and fear; they will entrust themselves to the**

**Eternal God.**

**Blessed is the man, who places his confidence in the Eternal God and does not turn to the proud, or to deception.**

**You, Eternal God, my God, have done many things; Your extraordinary works, Your inventive creations for us cannot be listed; if I were to talk about them or describe them, they would be too numerous to mention.**

**You do not desire sacrifices or grain offerings: You have opened my ears [You have given me understanding]. You do not ask for burnt offerings and sin offerings.**

**Then I said, Look! I am coming, [for] in the scroll of a book it is written about me.**

**To do Your [good] will, my God, I delight in Your law, in the depth of my heart.**

**I proclaim righteousness in the great assembly; my message does not diminish the Eternal God, as You know.**

**I have not hidden Your righteousness in my heart; Your faithfulness and Your salvation I declared; I have not kept Your loving kindness and truthfulness from the great assembly.**

**You, Eternal God, will not withhold Your compassion from me; Your loving kindness and truthfulness will forever preserve me.**

**For many evils surrounded me; yet none of my abundant iniquities got to me; though I am not able to look up for they are more than hair on my head, so my heart fails me.**

**Eternal God, do something! Eternal God, rescue me! Hurry up**

**to help me!**

**They, who unite to sweep away my soul, will be ashamed and be disgraced; they, who delight in causing me grief, will be turned back and humiliated.**

**They, who keep saying to me, 'Aha! Aha!' will be devastated because of their shame.**

**Rejoice and be glad! With all who seek and continually love Your salvation and say, The Eternal God is magnified.**

**Yet I am poor and needy. [But] my lord plots my help and rescue. 'My God!' You will not delay.**

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**Blessed is he who helps the poor, for the Eternal God will rescue him.**

**The Eternal God will protect him and keep him alive; He will not hand him over to the soul of his enemy, instead he will be superbly blessed on earth.**

**The Eternal God will sustain him on his bed of sorrow and every resting place; when in distress, he will restore him.**

**I said, Eternal God be merciful to me; restore my soul, for I went wrong [I did not live up to Your expectations].**

**My enemies wish me evil, 'When will he die? [When] will his name perish?'**

**And if he comes to see [me], he talks trash; his mind looks for worthless stuff for him to gossip about after he leaves.**

**All, who are hostile to me, secretly talk about me; they conspire to harm me. [They say:]**

**'A terrible disease festers in him, which lays him low; He will not**

get up again.'

Even my peace officer, whom I trusted, who ate my bread, gave me a kick with his foot.

But You, Eternal God, be gracious to me; raise me up and I will reward them.

By this I know that You delight in me, [1] because my enemy does not triumph over me;

[And 2] You support me in my openness to justice and thus You enable me to stand before You forever.

Blessed is the Eternal God, God of Israel, from eternity to eternity. Amen. Amen.

[Home](#) **Psalm 42** [Index](#)

As a deer longs for fresh water, so my soul yearns for You, [my] God.

My soul is thirsty for godly things, for the living God; when will I go and see face to face the things that are of God?

Day and night, my tears are food for me, all day long they say to me, Where [are] your Gods?

As I think about these things, I expose my soul from within me; I used to go, as people do, I went with them to the house of godly things, with a loud voice of joy and praise, celebrating with a multitude.

Why are you so downcast, Oh my soul? Why are you disturbed within me? Set your hope on godly things, for I

**will yet bow before His face, His manifold salvation.**

**O my God, my soul is downcast within me; therefore, I will recall You, as You were in the land of Jordan, on Hermon and the hill Mizar.**

**Your waterfalls of deep water and deep canyons roar loudly, all their waves and breakers roll over me.**

**Yet, in the daytime, the Eternal God will commission His loving kindness; and at night my prayer will sing to the God of my life.**

**I will say to God, my Rock, Why have You forgotten me? Why am I dressed in black? Because oppression by the enemy?**

**My enemies rail and totally crush me; they say to me all day long, Where is your God?**

**Why are you so downcast, Oh my soul? Why are you disturbed within me? Set your hope on godly things, for I will yet bow before His face, His manifold salvation, and my God.**

[Home](#) **Psalm 43** [Index](#)

**Vindicate me, O God! Defend me from overwhelming ungodly masses! You will grant me an escape from treacherous and evil man.**

**For You are the God of my fortress: Why have You abandoned me? Why am I dressed in black? Because oppression by the enemy?**

**Send out Your light and Your truth; let them lead me and let them bring me to Your holy mountain, the place of Your abode.**

**Then I will go to an altar of God, to the God of my unshakable joy. On the harp, I will praise the God, my God.**

**Why are you so downcast, Oh my soul? Why are you disturbed within me? Set your hope on godly things, for I will yet bow before His face, His manifold salvation, and my God.**

[Home](#) **Psalm 44** [Index](#)

**God, with our ears we heard our fathers tell us [about] deeds You did in their days of olden times.**

**With Your hand You dispossessed nations; You sent them away and established Your afflicted people.**

**Not with their own sword did they possess the land; their own arm did not secure them, Your right hand, Your arm, Your presence did, because You were kind to them.**

**You are my King. God, provide salvation for Jacob!**

**With You, we will overcome our enemies; in Your name, we will crush those who confront us.**

**I do not trust my bow; I do not rely on my sword.**

**You saved us from our enemies; You shamed those who hate us.**

**In the God we glory all day long; Your name we praise forever.**

**Selah.** [Repeat]

**But You backed off and caused calamity; You were not with our armies.**

**You made us retreat from our enemy; those who hate us**

**plundered us.**

**Like sheep, You gave us as food to nations that scattered us.**

**You were selling Your people for nothing, not to make a profit.**

**You made us a reproach to our neighbors, scoffing and mockery in our neighborhood.**

**You made us despicable among the nations; people shake their heads at us.**

**All day long my disgrace is before me; degradation covers my face,**

**Because of the impudence and rudeness, insulting and abusing, [expressed] in the face of vengeful enemies.**

**All this came upon us, not because we forgot You, or were deceitful,**

**Or our heart was turned back, or our steps deviated from Your way.**

**Surely, You consigned us to 'Dachau' [home of monsters]; You clothed us with a shadow of death.**

**If we have forgotten the name of our God, if we stretched out our hand to a foreign god,**

**Would God not find out? For He knows the secrets of the heart.**

**Yet for Your sake, we are killed every day; we are regarded as sheep to be slaughtered.**

**Awake! My lord! Why are You sleeping and allowing horror? You will not forsake me forever.**

**Why would You hide Your face? Why would You disregard our misery and our oppression?**

**For our soul is down in the dust; our body sticks to the dirt.  
Arise for our help! Rescue us for the sake of Your mercy!**

[Home](#) **Psalm 45** [Index](#)

**A lovely word flows from my heart. I describe a mission of a King. My tongue is the pen of a skillful writer.**

**You are more beautiful than sons of men; grace flows from your lips; God grants blessing on you forevermore.**

**Mighty hero, with Your splendor and Your majesty, put Your sword on Your thigh.**

**Ride on! Show Your majesty! For Your word of truth and humility is righteousness; Your right hand proclaims awesome things.**

**The sharp arrows of Your people pierce the heart of the king of the enemies.**

**O God, Your throne, the scepter of righteousness and the scepter of Your kingdom is forever and ever.**

**You love righteousness and You detest wickedness; thus the God, Your God, anointed You over and above Your companions,**

**With myrrh, aloes and cassia; all Your clothes are from temples, and off ivory, which made You glad.**

**Daughters of kings are in your court of ladies; the queen at your right hand stands [dressed] in gold from Ophir.**

**Listen daughter! Consider and pay attention! Forget your people and the house of your father!**

**And the king will desire your beauty. Because he is your lord, bow down before him!**

**Rich people, even the daughter of Tyre, with tribute, will seek your favor,**

**the all-glorious king's daughter, clothed in woven gold from within.**

**She will bring to the king her virgins, her entourage, with colorful embroidery.**

**Carried along with joyful rejoicing, they will enter the palace of the king.**

**Your sons will follow your fathers; you will appoint them as princes in all the earth.**

**Your name will be remembered in every generation; and the generation of many peoples.**

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**Divine matters are for us a refuge and strength, a very accessible help in trouble.**

**Therefore, we will not fear, though the earth be changed and the mountains slip and slide into the midst of the sea;**

**Though the oceans roar, boil and foam; though the mountains in their majesty shake. Selah. [Repeat]**

**A river, with its shorelines, makes glad the city of God, the holy dwelling place of the Most High.**

**The God is in its center; it shall not be toppled; the God will be its mainstay from break of dawn.**

**When He raised his voice, nations were disturbed, kingdoms were moved, the earth melted.**

**The Eternal God of Strength is with us; the God of Jacob is our stronghold. Selah. [Repeat]**

**Come, look at the works of the Eternal God, He raises havoc on earth.**

**He makes wars to cease on all the earth; He breaks the bow, and cuts the spear in half; He burns in fire every vehicle of battle.**

**Relax and know that I AM, the God, the Exalted One; I will be exalted among the nation; I will be exalted on the earth.**

**The Eternal God of Strength is with us; the God of Jacob is our stronghold. Selah. [Repeat]**

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**All people, clap your hands! Shout to God with a ringing voice!**

**For the Eternal God, the Most-High is to be feared; He is a great King over all the earth.**

**He will speak to people under us and to nations under our feet.**

**He will choose for us our inheritance, the delight of Jacob whom he loves. Selah. [Repeat]**

**God has gone up with a roar, the Eternal God with the blast of a bullhorn.**

**Make divine music with instruments! Make loud music! Shout praises to our King! Shout praises!**

**Because he is king of all the earth, sing divine praises, as it is proper!**

**God has kingly reign over the nations; God sits upon His holy throne.**

**Noble people are gathered together [by] people of the God of Abraham, that to the God be great fanfare, [displayed] by shields and [banners] of the earth.**

[Home](#) **Psalm 48** [Index](#)

**Great is the Eternal God, and greatly to be praised in the city of our God.**

**A beautiful setting, the joy of all the earth is Mount Zion, the city of the great king, even on its gloomy side.**

**God, in her palaces, is known to be a stronghold.**

**Look! Kings assembled [against us; and] they passed by in unison.**

**They were amazed at what they saw; they were terrified and hurried away.**

**Then they shook in fear and pain, as if in labor.**

**With the East wind You shatter ships of Tarshish.**

**As we heard, even so we see the city of the Eternal God of Strength, the city of our God; God will establish it forever. Selah.**

[Repeat]

**We focus on God, Your loving kindness, in the midst of Your temple.**

**As is Your name O God, so is Your praise to the ends/edge of the world; righteousness fills Your right hand.**

**We will rejoice; we will be glad daughters of Judah, because of Your judgments [O Eternal God].**

**Walk around Zion! Encircle her! Count her towers!**

**Imprint her strength into [your] hearts; walk through her palaces that you can tell a coming generation.**

**For this God, our God is forever and ever; He will be our guide, even to death.**

[Home](#) **Psalm 49** [Index](#)

**Hear this! All people, all inhabitants of the world, listen!**

**All sons of Adam, all sons of men, all together, rich and poor,  
My mouth will say wise things, and the reflection of my heart  
will [provide] insight.**

**With my ear I listen to a proverb; on a harp I unravel the  
riddle.**

**Why would I fear evil days, when iniquity surrounds my  
heels?**

**Those who rely on their own strength and great wealth  
boast.**

**[But] just as surely as a man cannot redeem his brother, so he  
cannot give God a ransom for him.**

**For the redemption of their souls is precious, and can never be  
achieved,**

**that he may live eternally, and not see the pit/grave.**

**For he sees that wise men die, just like the senseless fool;  
[all] die and leave their wealth to others.**

**Thinking that their houses last forever and their residences  
for all generations, they name their lands by their own  
names.**

**Yet a man's glory does not last; the proverb is, Dead like cow.  
This is the way of fools. Will the mouths of their posterity  
praise them? Selah. [Repeat]**

**They lie in Sheol like sheep. Their shepherd is death. The upright will overcome them (the upright in the morning - the next day). And, far from their residence, Sheol is about to devour their idol.**

**But God will ransom my soul from the hand of Sheol; He will fetch me. Selah. [Repeat]**

**You will not be afraid when he gets rich - when the glory of a man's house increases.**

**For, when dead, he will take nothing away; and his glory does not follow him.**

**Indeed, while he lives, he blesses his own soul; but [men] will praise you, if you do well.**

**He will go to the generation of his fathers; and they will never ever see light.**

**A man [may seem] praiseworthy; and yet he doesn't understand the proverb, Dead like a cow.**

[Home](#) **Psalm 50** [Index](#)

**God of gods, the Eternal God, has spoken: He calls forth everything on earth, from the rising of the sun to its setting.**

**From Zion the perfection of beauty of divine things shines.**

**Our God will come and not keep silent; a fire will proceed and devour before Him; it will be very tempestuous.**

**He will summon the heavens above, and the earth, to judge His people:**

**"Bring to me my kind! Those, who made covenant with me**

**by sacrifice."**

**And the heavens keep on revealing His righteousness; for He is God, the judge. Selah. [Repeat]**

**Hear, my people! I will speak; and I will say it to Israel again: I AM Your divine God.**

**I will not reprove You for your sacrifices and your burnt sacrifices; they are continually before me.**

**I will not take a young bull from your house, or male goats out of your flocks.**

**For everything alive in the forest is mine, so is everything that moves on a thousand hills.**

**I know every bird on the mountain; and everything that whistles in the field is mine.**

**If I were hungry, I would not tell you; the world and everything in it, is mine.**

**Will I eat the flesh of bulls, or drink the blood of goats?**

**Make a divine sacrifice, a true thank offering; fulfill your word of honor to the Most High.**

**Call on me in the day of trouble! I will rescue you; and you will glorify me.**

**But to the wicked the judge says, What right do you have to refer to my statutes, or to take my covenant into your mouth?**

**Seeing you hate my discipline and trample my words into the dirt.**

**You agreed with the thief, when you saw one; and you invited the adulterer.**

**You committed your mouth to evil and your tongue to produce lies.**

**Hypocritically, you speak against your brother; you slander the son of your mother.**

**You did these things, and I kept silent; you thought that I was, and would be just like you; but I will expose and correct the matter before your very eyes.**

**You, who are forgetting God, consider this, lest I tear you to pieces, and there is no escape.**

**Whoever offers a sacrifice of praise, glorifies me; whoever puts into place proper conduct, to him I will show divine salvation.**

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**God be gracious to me, according to Your loving kindness, according to the multitude of Your tender mercies, wipe away my transgressions.**

**Wash me thoroughly from my guilt, and cleanse me from my sin.**

**For I acknowledge my transgressions; and I am constantly aware of my sin.**

**Against You, You only, have I sinned and done this evil in Your sight; that You might be justified to speak and be clear when You pass judgment.**

**Look! I was born in guilt and pain. And, in sin did my mother conceive me.**

**Look! You desire truth in the inner being; and, You illuminate me with clear understanding about things I do not**

**understand.**

**Sweep me with a broom of hyssop, and I will be clean; wash me, and I will be white as snow.**

**Make me to hear great joy and gladness; that my ego, which You have crushed will rejoice.**

**Cover Your face in front of my sins, and wipe away all my guiltiness.**

**God! Create a pure heart within me! And give me a new steadfast spirit!**

**Do not chase me out of Your sight! And do not take Your holy spirit from me.**

**Restore to me the joy of Your salvation; and uphold me with a noble spirit.**

**I will show transgressors Your ways; and sinners will turn toward You.**

**God! Safeguard me from blood guiltiness! God of my salvation! My tongue will sing with shouts of victory of Your righteousness.**

**My lord, open my lips; and my mouth will proclaim Your praise.**

**For You do not desire sacrifice; if so, I would give it; and You are not pleased with burnt offering.**

**Oh God, You will not despise the sacrifices of a pious broken spirit, a heart that is broken and contrite.**

**Bring about good with good intent! And You will build up the wall of Jerusalem.**

**Then You will be pleased with the sacrifices of righteousness, with burnt offering and whole burnt offering; then sacrificial**

steers will be presented on Your altar.

[Home](#) **Psalm 52** [Index](#)

**Mighty hero, why do you talk about evil, when [we enjoy] the loving kindness of God every day?**

**Your tongue plots evil; it is a sharp dagger that stabs in the back.**

**You love evil more than good, telling lies more so than fairness. Selah. [Repeat]**

**You love every lying word that the tongue can spit out.**

**In like manner, God will cut you down for good. He will tear down your tent. He will uproot you from the land of the living. Selah. [Repeat]**

**The righteous will see it; they will shudder; they will sneer at him [and say:]**

**Here is the man, who did not let God be his strength; he trusted in his wealth and riches (money); he was motivated by his greed.**

**And I am like a green olive tree in the house of divinities, trusting in the loving kindness of God forever and then some.**

**I will praise You forever because of [what] You did; I will eagerly wait on (serve) Your name, for this is good in the presence of Your faithful [people].**

[Home](#) **Psalm 53** [Index](#)

**The fool says in his heart, There are no gods; they are corrupt and cause horrible things, which are no good.**

**[But] God look down from the heavens on Sons of Adam, to see if any act wisely and inquire about God.**

**Every one of them is a backslider; all alike walk [away from God]; not a single one does good, no not one.**

**Do they not know that they are doing evil, as they eat up my people, as one eats bread; they do not call on God.**

**Thus they rightly fear disaster because God detests them; yet there is no fear of God among the bones, which He, whom you oppose and shame, scatters.**

**Who from Zion will save Israel? Who will restore God's sin-enslaved people that Jacob will rejoice and Israel be glad?**

[Home](#) **Psalm 54** [Index](#)

**For Your name's [sake] O God, save me! By Your might You will protect me.**

**O God hear my prayer! Listen to the words of my mouth!**

**For strangers rise up against me; oppressors seek my soul; what they want to do is ungodly. Selah. [Repeat]**

**Look! God is my helper; my lord is with them, who uphold my soul.**

**He will repay the evil of my enemies. In Your truth, cut them down!**

**I will sacrifice a freewill offering to You; I will praise Your name, Eternal God, for that is good.**

**Because He rescues me from every trouble; and my eye looks [down] on my enemies.**

**Oh God, listen to my prayer! You will not hide Yourself from my plea.**

**Pay attention to me and answer me! I am restless in my complaint and I am all upset.**

**They hate me, on account of the slander of the enemy and the pressure of the wicked; so evil and anger weigh me down.**

**My heart aches within me; fear of death befalls me.**

**Anxiety and trembling get to me; horror overwhelms me.**

**I said, Who will give me wings that like a dove I fly away.**

**Look! I withdraw; I wander off; I hang out in loneliness.**

**Selah.** [Repeat]

**I hurry off to my refuge, from wind, to storm, to tempest.**

**My lord, consume, shred their tongues! For I see violence and infighting in the city.**

**It goes on and on day and night; on its wall (ring road) is chaos; in its midst (downtown) is confusion.**

**Destruction is in its midst; fraud and deceit never leave its byways.**

**It is not an enemy who taunts me. If so, I could bear it; and if he who hates me did not impose himself, I could stay away from him.**

**Yet it is you, a man, my kind, my friend, my confidant, [not an enemy],**

**Who, in unison [with me] along with the throng, in cordial conversation went to the house of God.**

**Death will take them down to Sheol alive, for wickedness surrounds them.**

**But I, I will call upon God, and the Eternal God will save me. In darkness (sunset to sunrise) in daylight (at noon) I will muse and cry aloud and He will he listen to my voice.**

**He rescues my soul [and grants] me peace from the many that rise up and war against me.**

**God will hear and He will afflict them; [yes] He who abides from of old will. Selah. [Repeat] For there is no change [of heart] in them, and they do not fear God.**

**He stretched out his hand against him [who was] at peace; he utterly broke his covenant.**

**His words were smooth as butter (sweeter than honey); yet his heart was at war; his words were softer than oil, but they were fireballs.**

**Cast your burden on the Eternal God! And He will sustain you. He will never ever let the righteous be shaken (moved).**

**But You O God will bring down to the pit the bloody and deceitful; they will not live out their days; but I will trust in You.**

[Home](#) **Psalm 56** [Index](#)

**O God, be gracious to me! For people pursue me all day long and keep on oppressing me by force.**

**My enemies hound me all day, for many of them, who fight against me, look down on me.**

**On days when I am afraid, I will trust in You.**

**By God, I will praise His word; I have trusted and I keep on trusting in God; I am not afraid of what flesh may do to me.**

**All day long they twist my words and use them against me; all their thoughts about me are evil.**

**Like treasure hunters, they go out of their way to track my footsteps, they lie in wait for my soul.**

**Will they get away with such wrongdoing? With vengeance God will come down on [such] people.**

**You counted my days as a refugee: Save my tears in Your bottle! Is it not written down in Your book?**

**In the day, when I thus cry out, my enemies will turn their back to me, because I know that divine power is with me.**

**By God, I will praise [His] word. By the Eternal God, I will praise [His] word.**

**I have put my trust in God; I will not be afraid of what man may do to me.**

**Your vows are divine for me; and I will certainly respond with thanksgiving to You.**

**You have snatched away my soul from death; will You not keep my feet from stumbling, that I may walk before the faces of authorities in the light of the living?**

[Home](#) **Psalm 57** [Index](#)

**Be merciful to me, O God, be merciful to me! For my soul trusts in You; in the shadow of Your wings I will seek my refuge, until this disaster is over.**

**I will cry out to the God in the heavens, to the God, who leads to the end.**

**He will send from the heavens and save me; He defies him, who would swallow me up. Selah. [Repeat] The God will send forth His loving kindness and His truth.**

**My soul is in the midst of lions; I am laying on a bed of burning coals, among the sons of Adam, whose teeth are spears and arrows, their tongue is a sharp sword.**

**Let the God be exalted above the heavens! Let Your glory be above all the earth!**

**They prepared a net for my feet; my soul was dejected; they dug a pit for me, and they fell into it. Selah. [Repeat]**

**With my heart fixed on God, I will with my steady heart sing, and offer up high praises.**

**Awake my glory! Awake, lute and harp! I will awaken the dawn.**

**My lord, I will praise You, among the people; I will sing to You among the nations.**

**For Your mercy is up to the heavens, and Your truth to the clouds.**

**Let Your godliness be exalted above the heavens! Let Your glory be over all the earth.**

[Home](#) **Psalm 58** [Index](#)

**Surely, righteousness is silent, [isn't it]? Do you, O sons of Adam, speak uprightly? Do you judge correctly?**

**No! In your heart, you do evil on earth; your hands dish out violence.**

**Much evil comes from the womb; they go astray from birth and tell lies.**

**Their poison is like the poison of a serpent; [they are] like a deaf snake that has no ears [cannot be taught], which does not listen to the voice of charmers, though they are ever so clever.**

**God, break their teeth in their mouth!**

**Eternal God, break the fangs of young lions!**

**They are driven away, as running water [downhill], as an archer releases his arrows.**

**Like a snail, like a worm, like a premature birth, they never see the sun.**

**Before they feel your thorns, O bramblebush [personified wicked person the]. Thus life, thus a tempest snatches them away.**

**The righteous will rejoice when he sees the vengeance; he will wash his foot in the blood of the wicked.**

**And men will say, Indeed, righteousness is rewarded; indeed there is a God rendering judgment on earth.**

[Home](#) **Psalm 59** [Index](#)

**My God rescue me from my enemies! You will preserve me from those who rise up against me.**

**Rescue me from evil doers! Save me from bloodthirsty depraved people!**

**For, Look! They lie in wait for my soul; fierce [men] assemble against me; [but] not on account of my transgression, not because of my sin, O Eternal God.**

**Look! Awake to help me! For no fault of mine they run about and get set up.**

**You, Eternal God, God of Strength, God of Israel, Awake to**

**take care of all people, for You will have no mercy on a bunch of deceitful crooks. Selah. [Repeat]**

**In the evening they return; they growl like a dog; they encircle the stronghold.**

**Look! They whisper with their mouths; to those who hear it, it is like swords on lips.**

**Yet, You, Eternal God, will laugh at them; You will make mockery of [such] people.**

**I will rely on You, for the God of my refuge - His strength.**

**God will come to meet me with His mercy; God will see me in my flesh (nakedness).**

**You will not slay them, lest my people forget. Our shield and my lord, scatter and humiliate them by Your might!**

**For the sin of their mouth and the words of their lips will be taken [as evidence] of their pride and cursing and lying that they did.**

**Utterly consume them in anger! Consume them! And they will amount to nothing; they will know that God governs Jacob and to the ends of the earth. Selah. [Repeat]**

**In the evening they will return; they will growl like a dog; they will encircle the city.**

**They will go to and fro for food; and if they do not have enough they will howl.**

**And I, I will sing of Your might; in the morning I will shout for joy, because of Your faithfulness, for You are to me my fortress and refuge in the day of trouble.**

**I will make music to You, my strength, because God is my fortress, my God is my steadfast love.**

**God, though You humbled us and we are spread thin, for You are displeased; yet, You will restore us.**

**You made the earth tremble; You crushed it. Heal its shambles, for it is tottering!**

**You have shown Your stubborn people; You made us drink wine for reeling.**

**You have given those who fear You a banner to raise, so that they may recognize reality (the truth). Selah. [Repeat]**

**Save with Your right hand, that Your beloved will be saved; and, Hear me!**

**God has spoken in holiness: I will divide [the spoil] Shechem, and the Valley Plain I will cut up into portions.**

**Gilead is mine; Manasseh is mine; Ephraim is my prime [possession]; Judah is my [capital] lawgiver.**

**The [cooking] pot Moab is my wash basin; over Edom I will throw my sandal; Philistia will sound the alarm because of me.**

**Who will bring me city after city? Who will lead me to Edom? Is it not You, O God, who [once] rejected us? Is it not God, who led our armies?**

**Provide us with help from trouble [O God]! For the help of man (Adam) is useless.**

**With God we will do great. He will shame our enemies.**

**O God, hear my joyful cry! Listen to my prayer!**

**I will call on You from the end of the earth to be humble; lead my heart to the rock that is higher than I.**

**For You are a refuge to me; You are mighty tower [to protect me] from the enemy.**

**I will dwell in Your abode forever; I will take shelter in the covering of Your wing. Selah. [Repeat]**

**For You, O God have heard my vows; [and] You give an inheritance to those who fear Your name.**

**You will add lives to the life of the king; his years will be from generation to generation.**

**He will forever remain in the presence of God of mercy and truth. Do this to preserve them for him!**

**I will praise Your name with music forever to keep my vows, day after day.**

[Home](#) **Psalm 62** [Index](#)

**Truly, before God, my soul in silence [awaits] my salvation from him.**

**Indeed, He is my rock, my salvation, my stronghold; I will not be shaken.**

**When and where will you bring destruction upon a man? All of you will certainly be destroyed, like a leaning wall, like a dilapidated fence.**

**Arrogantly they connive to get rid [of him]; they love lies; with their mouth they bless; in their thoughts they curse.**

**Selah. [Repeat]**

**But: “My soul, be still before God! For I look to him for my help.”**

**Indeed, He is my rock, my salvation, my stronghold; I will not be moved.**

**People! Trust in Him all the time! In His countenance pour out your heart! [For] God is a refuge for us. Selah. [Repeat]**

**People! Trust in Him all the time! In His countenance pour out your heart! [For] God is a refuge for us. Selah. [Repeat]**

**You cannot rely on oppression and theft; you cannot depend on wealth, if it should flourish; you cannot set your heart on it.**

**Clearly, the futility of the sons of Adam is deceit; the sons of man when bunched together and weighed in scales are less than vapor.**

**God says this emphatically; and again, I heard that power belongs to God.**

**And to You my lord [belongs] mercy, if You render to [every] man as he has done.**

[Home](#) **Psalm 63** [Index](#)

**O God, You are my God; I will search for You; my soul thirsts for You, my flesh faints for You in a dry and thirsty land, in which is no water.**

**As in a sanctuary, I look to see Your power and Your glory.**

**Because Your loving kindness is better than life; my lips will praise You.**

**So in my life, I will bless You; I will raise up my hands in Your name.**

**As with rich nutritious food, my soul will be satiated; and,**

**my mouth and lips will shout, Hallelujah.**

**When I think about You on my bed in sleepless nights, I am in deep thoughts about You.**

**For You have been my helper; therefore, I shout for joy in the shadow of Your wings.**

**My soul stays very close to You; for Your right hand upholds me.**

**But those, who seek to devastate my soul, will be below the surface of the earth;**

**They will be wasted by a hand on a sword; they will be food for foxes.**

**And the king will rejoice in God; every one, who swears by Him, will experience glory; but the mouth that speaks lies will be shut.**

[Home](#) **Psalm 64** [Index](#)

**God listen to my complaining voice; from the terror of the enemy You will preserve my life.**

**You will hide me from the conniving of the wicked and [their] tumultuous wicked rebellion.**

**They sharpen their tongue like a sword; and like arrows from their bow [they fire off] bitter words.**

**They shoot at the upright unnoticeably; they shoot unexpectedly without hesitation.**

**They edge themselves on with foul language; they list ways to lay snares; they say, Who will see them?**

**They search out evil ways [till they can say], We found a way**

to perfect evil, and [evil] human thought and depth of heart.  
But God will shoot an arrow at them, and unexpectedly they will be struck down.

And for all to see, He will make them stumble over their own tongue.

And all [descendants] of Adam will fear and talk about the work of God and prudently consider what He has done.

And the righteous one, and all up-right in heart, will rejoice in the Eternal God and glorify Him.

[Home](#) **Psalm 65** [Index](#)

A song about abundant goodness is praising You, O God in Zion; to You it will be sung with conviction.

All flesh will come to You, for You hear praying.

The reality of evil weighs me down because of our transgressions; [yet] You reconcile them.

Blessed is the one You draw near [to Your heart]; he will dwell in Your courts; he will delight in the good things of Your house, Your holy temple.

God of our salvation, in fearful righteousness You will answer us; with confidence all ends of the earth, far distant seas [will be drawn to You].

By His coaching (guidance), the established mountains are clothed in majesty.

[He] calms tumultuous oceans, roaring of waves, shouting mobs.

They, who dwell far away, stand in awe of Your miracles; Your exploits make them glad from morning to evening.

**You tend for the earth; You water it generously; You enrich it with water; the river of God is full with water; You provide grain; thus You preserve it [the earth].**

**Its furrows are drenched; its ridges You wash down with rain, You make it soft; You keep on blessing it [the earth].**

**You enhance [every] year; Your goodness and Your ways drip with abundance.**

**Grazing meadows of the wilderness drip; little hills form a hoop and rejoice.**

**Pastures are adorned by a herd; and valley plains are covered by grain; indeed they shout for joy; they sing.**

[Home](#) **Psalm 66** [Index](#)

**All the earth, Sing Hurrah to God!**

**Sing heartily to the glory of His name! Make His praise glorious!**

**Ask God, How can Your works be honored by the greatness of Your power?**

**All the earth will worship You and will sing praises to You; and will sing praises to Your name. Selah. [Repeat]**

**Come and see! The works of God are honored by reflecting on his dealing with the sons of Adam.**

**He turned the sea into dry land; they walked through the river [Jordan] on dry foot; in that we will rejoice.**

**He rules by His power forever; His eyes are over the nations, they watch the rebellious to see if they boast of themselves.**

**Selah. [Repeat]**

**[All] people, Bless our God! Let His praises resound!**

**He keeps our souls alive and prevents our feet from slipping.  
O God, You tested us; You refined us as a refiner refines silver.**

**You made us go through tough times; You put a heavy load on our backs.**

**You caused men to ride over our heads; we went through fire and water.**

**I will go to Your house with burnt offerings; I will keep my vows,**

**Which my lips molded and my mouth spoke, when I was in trouble.**

**I will offer to You wholly burnt offerings with rams as incense, I will do a bull with goats. Selah. [Repeat]**

**Come! Listen! I will forcefully declare to all who fear God what He has done for my soul.**

**I called out to Him with my mouth; and praised him with my tongue.**

**If I consider evil in my heart, my lord will not hear.**

**God surely heard it, for He listened to the voice of my prayer.**

**God is blessed (adored) because He does not negate my prayer and His loving kindness.**

[Home](#) **Psalm 67** [Index](#)

**God is merciful to us, and blesses us; His face shines on us.  
Selah. [Repeat]**

**To make known Your way on earth, and Your salvation among all nations,**

**People will praise You, O God; all people will praise You. Be glad and sing for joy to the nations, for You will judge the people with righteousness, and lead the nations on earth. Selah. [Repeat]**

**People will praise You, O God; all people will praise You. The earth has yielded its produce; and the God, our God will continue to bless us.**

**God will bless us; and all the ends of the earth will fear Him.**

[Home](#) **Psalm 68** [Index](#)

**[When] God arises, His enemies scatter, and those who hate Him flee from His face (presence).**

**He scatters them, as smoke is driven away, as molten wax before fire; the wicked perish before the face of God.**

**And the righteous will be glad; they will be jubilant in the face of God; they will rejoice in gladness.**

**Sing to God! Praise His name! Magnify Him, who rides on the clouds, whose name is Eternal God! Rejoice before Him!**

**God is in his holy habitation; [He is] my father [and father] of the fatherless, advocate of widows.**

**God provides a family for the lonely outcast; He leads prisoners into prosperity; but the obstinate are consigned to desolate land.**

**[But] God, when You lead Your people through the wilderness, You went before them. Selah. [Repeat]**

**The earth shook; moreover, the heavens dripped in the presence**

of God; This [was seen] at Sinai before God, the God of Israel.

And when Your inheritance was exhausted, O God, You sent rain as a refreshing gift.

O God, Your [very] life was in it; You manifested Your goodness to the poor.

My lord made an announcement, and the multitude proclaiming it was huge.

Kings of armies flee in haste; and she who stays at home divides the spoil.

Though you should sleep in sheep pens, you will be covered as by wings of a dove, with silver and gold glistening feathers.

By driving the kings out of the field, it became white, as snow on [Mount] Zalmon.

[Like] the mountain of God, like Mount Bashan, like a mountain of the peaks of Mount Bashan.

Why do you, mountains of many peaks look on with envy because the mountain of God is desirable to dwell in? Indeed, the Eternal God is forever.

The chariot of God, Mount Sinai, His holy Mountain, [goes on for] myriads of thousands of years, and my lord is in them.

You ascended on high; You took captivity captive; You received tribute from among men, even the rebellious, that they might be [on the Mountain of] the Eternal God, the God.

The God of our salvation, my lord showers us with blessing, day after day. Selah. [Repeat]

Our God, the God for our salvation, the Eternal God, is my lord to the [bitter] end of death, (as long as I live).

But God will crush the head of his enemies; the hairy crown

**will be gone.**

**My lord from Bashan said, I will bring back, I will bring back,  
from the depth of the sea,**

**That Your foot will smash [them]; that the tongue of Your  
dogs [will lick] blood of Your enemies.**

**They will see Your home coming, God's coming, my God's,  
and my king's coming into the sanctuary.**

**Singers will lead the way, musicians will follow, and maidens  
are among them.**

**In the assembly, Greatly bless God, the Eternal God of Israel,  
from its inception!**

**There is Benjamin, the smallest of their leaders, the  
multitude of the Princes of Judah, the Princes of Zebulun, and  
Princes of Naphtali.**

**Your God ordained your strength; O God confirm what You  
have done for us.**

**From Your temple at Jerusalem [O God], kings will come and  
bring tribute to You.**

**Reprimand [all] living creatures, the herd of elite bulls with  
calves, [rich] people, who cover themselves with ornaments  
of silver, people who delight in war.**

**Noble men will come from Egypt; Cush [Ethiopia] will come  
running uplifting her hands to God.**

**Kingdoms of the earth sing to God! Make music for my lord!  
Selah. [Repeat]**

**[To Him] who rides on the heavens, the heaven of old. Pay  
attention, His voice is a voice of authority.**

**Acknowledge the might of God in Israel; His might and power**

is in the clouds.

God is to be worshipped more than holy things. The God of Israel bestows power and strength. God is a blessing for the nation [more than mere treasure].

[Home](#) **Psalm 69** [Index](#)

O God, save me, for high water threatens my soul.

I sink into deep mud, there is no place to stand; I am in deep, like the tips of a corn field, floods of water overflow me.

My crying makes me tired; my throat is parched; my eyes fail as I am waiting for my God.

They, who hate me without a cause, are more than the hairs of my head; my deceiving enemies, who would make an end of me, are mighty and numerous; I am supposed to restore what I did not take away.

O God, You know my foolishness; and my sins are not hidden from You.

They, who wait on You, my lord, the Eternal God of Strength, will not be shamed by me. They, who seek You the God of Israel, will not be humiliated on account of me.

Because for Your sake I have been discredited; humiliation covers my face.

I have become a stranger to my brothers, and an alien to my mother's children.

Because zeal for Your house consumed me, the discontent they heaped upon You has fallen on me.

When I brought my soul to tears by fasting, that was used to discredit me.

**I made my clothing out of sackcloth, and became a byword to them.**

**The judges, who sit at court, complain about me; and the intoxicated sing about me.**

**But as for me, my prayer is to You, Eternal God; in due time, O God, respond to me according to the multitude of Your mercy and the certainty of Your salvation.**

**Pull me out of the mud! Let me not sink! Get me away from deep water, and those, who hate me.**

**[And] the flood of water will not take me away; the deep will not swallow me up; and the pit will not shut its mouth over me.**

**Respond to me, Eternal God, for Your loving kindness is good; turn to me according to Your great compassion.**

**And do not hide Your face from Your servant, because I am in trouble, answer me quickly.**

**Draw my soul to Yourself; because of my enemies redeem and ransom me.**

**You know the scorn, and the shame, and the profanity I have to endure; every one of my adversaries is before You.**

**Scorn has crushed my heart; I was sick and I looked for someone to take pity, but there was none; I found none of my supporters.**

**For food they gave me bitter venom; and for my thirst they made me drink vinegar.**

**Their table in front of them will become a trap; and their desire for good health a lure.**

**Their eyes will grow dim that they do not see and cause their**

**spine to totter.**

**Fill them with Your indignation; and let Your burning anger take hold of them.**

**Their home base will become a mess; and no one will live in their houses/tents.**

**For they persecute him, whom You have struck; and they speak painful words, to those whom You have fatally wounded.**

**Increase [accountability for] injustice with their injustices, and they will not enter into Your righteousness.**

**They will be wiped from the roster of the living; and not be recorded with the righteous.**

**I am wretched and in pain; O God, [but] Your salvation will surely raise me up.**

**I will praise the name of God with a song, and will magnify Him with thanksgiving.**

**And this will be more pleasing to the Eternal God than a bull, or a steer, or horns, and cloven hooves.**

**When the humble see it, they will rejoice; and those who seek God - in your hearts He will live.**

**For the Eternal God listens to the poor; and he does not despise those, who are prisoners for His sake.**

**The heavens and earth, the oceans and everything that moves in them will exceedingly praise Him (the Eternal God - Hallelujah).**

**For God will save Zion, and will build the cities of Judah, and they will live there, and possess it.**

**The descendants of His servant will inherit it; and they that**

love His name will live in it.

[Home](#) **Psalm 70** [Index](#)

Hurry up God to remember and to rescue me! Hurry up Eternal God to help me.

They will be ashamed and disgraced who seek my soul; they will be turned back and be humiliated who want to harm me.

They who say: 'Aha! Aha!' will turn back in their shame.

All who seek you will rejoice and be glad; they will always say, The loving God will bring about your salvation.

I am poor and needy, O God. Hurry up with my help and my rescue! You are the Eternal God, You will certainly not delay.

[Home](#) **Psalm 71** [Index](#)

In You Eternal God I trust: I will never ever be disappointed.

In Your righteousness You delivered and rescued me; bend Your ear toward me and save me.

Always be a rock solid refuge for me to go to; You authorized my salvation, for You are my rock and my fortress.

My God keep me away from the hand of the wicked, from the hand of the unjust and corrupt.

You, Eternal God, are my hope, my lord, my security, since my youth.

You carried me since birth, from my mother's womb; You cut [the umbilical cord; To You [I will offer] continuous praise.

I became an anomaly to many, [because] You are my secure refuge.

**My mouth will be filled with Your praise and glory, all day long. You will not discard me when I get old; when my strength fails, You will not leave me.**

**For my enemies speak against me; in unison they lurk for my soul.**

**They say, 'God forsook him. Pursue him! Grab him! No one is saving him.'**

**God will not withdraw from me. Quick my God help me! Shamed will be the adversaries that consume my soul; scorn and disgrace will cover them, who wish me harm.**

**But I will always hope; and again, after all, I will be praising You.**

**My mouth will talk of Your righteousness and Your salvation all day long; I do not know how to stop talking.**

**I will go forth in the strength of the Eternal God, my lord. I will boast of Your righteousness, You alone.**

**O God You taught me since my childhood; and to this day I declare Your marvelous works.**

**Also O God, when I am old and gray, You will not abandon me, that I declare that Your sustenance for [my] generation is powerfully there for every generation to come.**

**Your righteousness, O God is highly exalted. Who, like You have done, did great things? Who is God like You?**

**You have let me see (and experience) trouble upon trouble; yet You will revive me, from the depth of the earth I will rise up.**

**You will multiply my majesty; You will turn the tide and avenge me.**

**I will praise You and Your faithfulness with music, I will make music with the harp to You, O holy one of Israel.**

**I, and my soul, will greatly rejoice with my lips as I sing to You.**

**My Tongue also will talk of Your righteousness, because they failed,, because they, who sought to harm me, are disgraced.**

[Home](#) **Psalm 72** [Index](#)

**God, declare Your judgments to the king and Your righteousness to the son of the king.**

**And he will judge Your people with righteousness, and Your poor with justice.**

**And they, by righteousness, will bring mountains of peace to the people and the hill [country].**

**He [the son of the king] will bring justice to poor people; he will save the sons of the needy, and he will crush the oppressor.**

**They will fear You, as long as the sun and the face of the moon shine from generation to generations.**

**He will be like rain on grass, like showers of drizzling rain on the earth.**

**In his day the righteous flourishes; and peace will abound until there is no moon [end of time].**

**He will govern from sea to sea; and from the river to the end of earth.**

**The outcast [of deserts] will bow before his face; and his enemies will lick the dust.**

**Kings of Tarshish and Islands will bring tribute and kings of**

**Cush will come with presents.**

**They will fall down to worship him; all kings of all nations will serve him.**

**For he will rescue the needy who cries out [for help], and the poor who has none to help him.**

**He will have pity on the poor and needy; he will save their souls. He will redeem their soul from cruelty and violence; and their blood will be precious in his sight.**

**And he [the poor] will live and will give gold from Sheba to him [the Son of the King]. And he, [the poor] will pray to Him [the Son] continually; all day he will utterly praise Him.**

**There will be plenty of grain on earth, even on top of mountains; Lebanon will wave/display its fruit, and its city will flourish like grass on earth.**

**His name will be forever; his name will go on like the sun; in him all nations will consider themselves blessed they will consider themselves utterly blessed.**

**Blessed is God, the Eternal God, the God of Israel, who alone does wondrous things.**

**Again, blessed is his glorious name forever. All the earth will be filled with his glory. Amen. Amen.**

The prayers of David, Son of Jesse, are ended.

[Home](#) **Psalm 73** [Index](#)

**The divine, being true in heart, is good to Israel.**

**As for me, I almost tumbled, it was as if I had no feet, and I could take no steps.**

**For I was envious of the glamorous, when I saw the prosperity of the wicked.**

**For they do not die of hunger; they die with a fat belly.**

**They do not have trouble as others; they are not plagued by the problems of humanity.**

**Pride serves as their necklace; wrongdoing violence surrounds them.**

**Their eyes float on fat; they have more than a heart could desire.**

**They make a mockery of, and advocate wicked extortion; their speaking is degrading.**

**They mouth off against the heavens; and their tongue struts the earth.**

**Thus, his people turn to them; and their own cup of plenty is drained by them.**

**And they say, How does God know? How can the most High be cognizant?**

**As you can see, this kind of wicked people are always at ease, they prosper and get richer.**

**How can it be, did I in vain purify my heart, and wash my hands in innocence?**

**For I have been dumbstruck all day long, and chastised every morning.**

**If I said, Let me tell you something. It was considered nonsense by this kind of people.**

**Even when I thought that I knew something, it caused me grief.**

**But after I considered it all in the context of God; then I**

**understood what their end is.**

**Indeed, You have put them on a slippery slope; You have set them up for ruin.**

**They are on the brink of disaster; in split seconds they are utterly devastated.**

**My lord, You despise what You see; arise to awaken them like the rude awakening from a dream.**

**Thus my heart was annoyed, and my mind aggravated.**

**So I was stupid, and without insight; before You, I was as dimwitted oxen.**

**Yet I am always with You; for You hold me by my right hand.**

**You guide me; You lead me; above all, You take me to glory.**

**Who in the heavens is for me? And on earth, I delight in none but You.**

**Though my flesh and my heart may fail, the God is the strength of my heart, and my portion forever and in all circumstances.**

**Indeed, they, who are far from You, will perish; You have put to an end all those, who abandon You for idolatry.**

**As for me, I will go to the God who is good to me. I have put my trust into my lord, the Eternal God, that I may talk about all that You have done.**

**fume against the flock of Your pasture?**

**Remember the congregation, which You got of old, the tribe of Your inheritance, this Mount Zion, where You dwelled.**

**Raise Your arm [to strike the anvil] for the enemy has brought to ruin and destruction everything in the sanctuary.**

**Your enemies roared in the midst of Your solemn assembly; they set up their banners, to secure [their] claims.**

**They [the banners] appear like a forest of [battle] axes standing on end.**

**And with axes and sledgehammers they smashed every carved sculpture.**

**With fire they burned Your sanctuary to the ground; they desecrated the place [of worshipping] Your name.**

**They said in their heart, We will completely destroy them by burning all places dedicated to gods in the land.**

**Our insignia we do not see; our prophets are no longer [there]; no one among us knows what [is going on].**

**Oh God, how long will the adversary blaspheme? Will the enemy despise Your name forever?**

**Why will You keep on withdrawing Your hand? Will You take Your right hand out of Your bosom?**

**For God, my king, from of old, brings about salvation on all the earth.**

**By Your strength You calm the sea; You crush the heads of monsters.**

**You shattered the heads of Leviathan; You gave us, Your people, food in the desert.**

**You split open the fountain of the flood; You dried up rivers**

for good.

To You belongs this day; to You belongs the night; You devised light and the sun.

You made everything on earth, summer and winter; You put everything in order..

Please consider this: An enemy has taunted the Eternal God, foolish people blasphemed Your name.

You will not hand over the soul of Your turtle dove to a wild animal; You will not forget the life of Your poor forever.

Consider Your covenantal promise, for all of dreary earth is full of cruelty.

You will not let the afflicted be humiliated, for the poor and needy will praise Your name.

Arise Oh God! Do Your thing! Remember how foolish men defy You all day long!

You will not forget the voice of Your enemy, the uproar he progressively and continuously raises against You.

[Home](#) **Psalm 75** [Index](#)

We give thanks to You Oh God; we give thanks; for Your name is at hand that we may declare Your marvelous works.

In my own good time, I will make due judgments.

The earth and all its inhabitants will pass away; I will thoroughly check what they stand for. Selah. [Repeat]

To the boastful I say, You will not brag, and to the wicked I say, You will not get your way.

You will not toot your own horn; you will not jabber

nonsense.

**There will be no boasting, not from East, West, or South.**

**For God is judge; He debases one and exalts another.**

**For there is a cup in the hand of the Eternal God; the wine is fermenting; it is well mixed; and He serves it to all the wicked of the earth; they will drink even the sediment.**

**And forever, I will proclaim and sing the praises of the God of Jacob.**

**And I will cut off all the horns of the wicked; and the horns of the righteous will be greatly exalted.**

[Home](#) **Psalm 76** [Index](#)

**God is known in Judah; in Israel His name is great.**

**And He is at peace in His house, and in Zion, His hometown.**

**There he made the fiery arrows of the bow, shield and sword, and warfare useless. Selah. [Repeat]**

**You are glorified far more than mountains of plunder.**

**The strong at heart were plundered; they snoozed in their sleep; the hands of their mighty men were of no use.**

**At Your threatening appearance, O God of Jacob, both charioteer and horse were stupefied.**

**You, You are to be feared. Who will stand in the face of Your anger?**

**When You issued judgment from the heavens, the earth stood still in fear.**

**By God's arising for judgment, He is delivering all, who are suffering on earth. Selah. [Repeat]**

**In frenzy Adam will praise You; You will bask even in restrained excitement.**

**Make vows to the Eternal God, Your God, and honor them! All, who are close to Him, will bring tribute for exaltation.**

**He will break the spirit of the princes, which is feared by the kings of the earth.**

[Home](#) **Psalm 77** [Index](#)

**[I raised] my voice to God; and with my voice I cried out to God; and He listened to me.**

**In the day of my trouble, I sought out my lord; at night, without ceasing, I lifted up my hands; my soul refused to be comforted.**

**I thought about God; I was continually upset and complained; my spirit wavered. Selah. [Repeat]**

**You opened my eyes; I was so troubled that I could not speak.**

**I considered the days of old, [even] years and eternities.**

**By night, I remember one of my songs; in my heart I pondered and reflected:**

**Will my lord forever reject, be supportive no more, and again show favors?**

**Has He stopped forever? Did He terminate his loving kind word for coming generations?**

**Has He forgotten how to be gracious? Or did God in anger snuff out His compassion? Selah. [Repeat]**

**Then I said in my grief, [God] Most High is to be my right hand forever.**

**I will recall the works of the Eternal God; indeed, I will recall**

**Your wonders from of old.**

**I will think about all Your works; I will talk about Your exploits.**

**God Your way [leads] to holiness; is there a great God like [the] God?**

**You are the God, who does wonders; You revealed Your strength to people.**

**With strength You redeemed Your people, [even] sons of Jacob and Joseph. Selah. [Repeat]**

**God You saw the water; You saw the water that they feared; and trembled [at its] depth.**

**Clouds poured down water; the sky thundered and gave off flashing arrows (lightning).**

**Your voice thundered in billowing clouds; lightning lit up the world; it trembled.**

**In the sea was Your way and Your path, in the water Your footsteps, as never known [before].**

**By the hand of Moses and Aaron, You led Your people like a flock**

[Home](#) **Psalm 78** [Index](#)

**My people, listen to my law! Bend your ear to the words of my mouth!**

**I will tell [you] a parable! With my mouth I will speak of the obscure past,**

**That which we heard, and knew, for our fathers told us.**

**We will hide nothing from their children; for generations to come, we will sing the praises of the Eternal God, His strength**

**and the wonderful things that He did.**

**For he established an ordinance in Jacob, and put a law in place for Israel, which He commanded our fathers to tell their children,**

**That future generations know, and sons born to them arise and tell [them] to their children,**

**That they will set their hope in God, not forget the work of God, and keep His statutes,**

**And will not be like their fathers, an obstinate and rebellious generation, that did not set their heart aright, and whose spirit was not faithful to God.**

**The feuding sons of Benjamin, carrying their bows, retreated in the day of battle.**

**They did not keep the covenant with God; they refused to walk in His law.**

**They forgot His works and His wonderful exploits that He showed them.**

**In front of their fathers He did wonderful things in the land of Egypt, in the land of Zoan [Nile Delta].**

**He divided and let them go through the sea; He caused the water to stand up like a mound.**

**He led them with a cloud in the day and all night by a light of fire.**

**He split bedrock in the desert and gave to drink as if it came from a deep well.**

**He made trickling water from rock into rivers of water.**

**But they sinned even more against Him; they rebelled against the Most High in the desert.**

**They tested God in their heart, by asking for food that their soul desired.**

**They spoke against God; they said, Can God set a table (prepare food) in the wilderness?**

**Even though when he struck the rock, water gushed out and rivers flooded, can he provide bread to give food for His people?**

**The Eternal God heard this; He was enraged and fire was kindled against Jacob, and anger welled up against Israel.**

**Because they did not believe in God and did not trust His providence,**

**Even though he had ordered the clouds above, and he opened the gates of heaven,**

**And He had caused manna to rain down for them to eat, and had given them bread from heaven.**

**Man ate superman food; and He sent them food to the full. In the heavens, He made the East wind blow, and displayed His might in the South [wind].**

**Like rain and dust, He caused to fall [from heaven] meat, winged birds, like sand on the seashore.**

**It fell in the middle of their encampment, all around their tents.**

**They ate till they were satisfied and full; he gave them what they wanted.**

**Their desire was not thwarted; yet again while food was in their mouth,**

**The anger of God was against them; He killed the fat, and humbled the young of Israel.**

**After all this they sinned again; they had no confidence in His marvelous works.**

**He wasted their days in futility, and their years were dreadful.**

**When He destroyed them, they sought Him, returned and sought God diligently.**

**And they remembered that God was their rock, God Most High their redeemer.**

**They flattered Him with their mouth, and with their lips they lied to him.**

**Their heart was not fixed on him; and they were not faithful to His covenant.**

**Yet compassionately and completely, He forgave the guilty one and did not cause ruin; He turned from His anger and caused them to grow. He did not let loose his whole wrath.**

**He remembered that they are but breathing flesh that passes away and does not come back.**

**How often did they rebel against Him in the wilderness, and grieve Him in the desert?!**

**Repeatedly they tempted God, and turned down the Holy One of Israel.**

**They did not acknowledge His hand, when He rescued them from an enemy,**

**When in Egypt, in the field of Zoan, He did His signs and miracles.**

**He turned their rivers into blood that they could not drink from their streams.**

**He sent to them (fields of Zoan) swarms, which ate them and**

**frogs, which destroyed them.**

**He gave their crop to [one kind of] locust and their effort to [another kind of] locust.**

**He destroyed their vines with hail, and their sycamore trees with frost.**

**He consigned their cattle to hail, and their flocks to lightning.**

**He submitted them to the fury of His anger, wrath, indignation and trouble.**

**He made a level path for His anger; he did not spare their soul from death; He surrendered their life to pestilence.**

**He killed every firstborn in Egypt, the brightest light in the tents of Ham.**

**His own people He drove out like sheep; He led them like a flock in the wilderness.**

**He led them to safety; they were not afraid, but the sea overwhelmed their enemies.**

**He brought them to the foot of His holy mountain.**

**His right hand, the Holy Spirit, made all this happen.**

**And He drove out nations before them; by a surveyors rope, He allotted an inheritance to them; and made the tribes of Israel dwell in their [the nations'] sted.**

**Yet they provoked and rebelled against the God, the Most High, and did not keep His edicts.**

**They returned to deceit like their fathers; they bent like a deceitful/useless bow.**

**They provoked Him to anger with their high places; and made Him jealous with their graven images.**

**When God heard this, He flipped, and utterly rejected Israel.**

He left the tabernacle at Shiloh, His abode among people.

He submitted His might and glory into the hand of an enemy.

He surrendered His people to the sword and was cross with His inheritance.

Fire consumed their young men, and their young maidens were not celebrated.

Their priest fell by the sword, and their widows did not mourn publicly.

Refreshed by wine, my lord awoke like a hero from his sleep.

He beat his enemies back into retreat; he subjected them to never ending shame.

He turned down the tent of Joseph, and the tribe of Benjamin he did not elect.

But chose the tribe of Judah, Mount Zion, which He loves.

[Whom] He set up as His exalted sanctuary, [whom] He established, like the earth, for all time.

He chose David, His servant, whom He took from the stable of sheep and goats.

From a follower of young sheep, he made him the shepherd of Jacob, his people, and of Israel, his inheritance.

And he led them according to the integrity of his heart, and with the skill of his hand he directed them.

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O God, nations invaded [us], they defiled Your inheritance; they made Your holy temple, Jerusalem heaps [of rubble.]

**They gave the dead bodies of Your servants as food for birds, the flesh of Your pious people to scavengers [dogs].**

**They shed their blood all around Jerusalem; there is no one left to bury [them].**

**We have become a disgrace to our neighbors, a scorned laughing stock to those next door.**

**Eternal God! Until when will You be angry? Will Your jealousy burn like fire forever?**

**Pour out Your wrath on the nations that do not know You and on the Kingdoms that do not call on Your name!**

**For they devoured Jacob and shamed Your pasture.**

**You will not deal with us on account of cardinal sins; You will meet us speedily with Your tender mercy, for we are down and out.**

**God of our salvation, Help us for the sake of the glory of Your name! Deliver us and atone for our sins, for the sake of Your name.**

**Why should the nations say, Where is their God? In our sight, the avenging of Your servants shed blood will be seen among the nations.**

**The groaning of the prisoner will come before You. According to the greatness of Your power, preserve sons of death!**

**My lord, return to our neighbors sevenfold the scorn, with which they taunted You!**

**And we, the people of Your pasture will thank You forever; generation after generation will repeat Your praise.**

**Shepherd of Israel listen! You, who led Joseph like a flock,  
You, who are [among] Cherubim, Shine!**

**Show Your strength in the face of Ephraim, Benjamin and  
Manasseh! Come to save us!**

**God restore us! Let Your face shine! And let me be saved!**

**Eternal God, God of Strength! Until when will You disregard  
the prayer of Your people?**

**You gave them bread of tears to eat and a triple measure of  
tears to drink.**

**You set us at odds with our neighbors, and Your enemies  
laugh at us.**

**God of Strength restore us! Let Your face shine! And let me  
be saved!**

**You brought a vine out of Egypt; You cast out nations; and You  
planted it.**

**You watched over it carefully; You let it take root; so that it  
filled the land.**

**The mountains were covered with its shadow, and god-like  
cedars with its branches.**

**It sent out its harvest on oceans and its shoots to the River  
[Euphrates].**

**Why have You broken down its fences? Now all who pass by  
pick its fruit.**

**The pig of the forest eats it; and [every] creature of the field  
feeds on it.**

**God of Strength restore! Please look down from the heavens  
and see! Take care of this vine!**

**The vineyard , which Your right hand planted, and the son, which You strengthened for Yourself!**

**[For it is] burned with fire; it is cut down; before Your angry face [all] perish.**

**Your hand will be upon man; Your right hand will be on the son of Adam, whom You fortified.**

**You will revive us, and we will not turn away from You; we will call on Your name.**

**Eternal God, God of Strength! Restore us! Make us shine! Let us be saved by Your face!**

[Home](#) **Psalm 81** [Index](#)

**Sing to the God of power! Sing hurrah to the God of Jacob.**

**Sing a song! Play a tambourine, a harp with a delightful lyre!**

**Blow the trumpet at our festival of the new moon and the full moon,**

**Because this is a statute for Israel, a law of the God of Jacob. He made a commitment to Joseph when he [Joseph] went to the far away land of Egypt (which I did not sanction when I heard about it.**

**So I lightened the burden on his back and the basket's weight [until] they [my commitments] did come about.)**

**When in trouble, you called and I rescued you, when sheltered from thunder I responded to you; I tested you at the waters of Meribah. Selah. [Repeat]**

**Listen my people! I will keep my word, if you will listen to me, [If] there will not be a strange god among you, [if] you will**

**not bow down to a foreign god.**

**I am the Eternal God, Your God, who brought you from the land of Egypt; and I will fill your mouth.**

**But my people did not listen to my voice; and Israel had no desire for me.**

**So I let them harden the stubbornness of their heart; they did their own thing.**

**O that my people would listen to me, that Israel would walk in my ways.**

**[That] I humble their enemies a little, [that] my hand turns against their adversaries.**

**For the haters of the Eternal God lied to him; and their time will be forever, (and they will never change).**

**And He would have fed them with the finest wheat and would have satisfied them with honey from a rock.**

[Home](#) **Psalm 82** [Index](#)

**God is seated in the assembly of God; surrounded by divinities, He judges.**

**How long will you render evil judgment and openly flaunt wickedness? Selah. [Repeat]**

**Administer justice for the desolate and the undefended; vindicate the afflicted and the needy.**

**Rescue the poor beggar; deliver him from the hand of the wicked.**

**Do they not know, do they not understand that all earthly securities totter and shake in darkness?**

**I tell you, Divinities, you, all of you, are children of the Most High.**

**Nevertheless, like Adam, you too will die; together with all princes you will fall.**

**Arise, O God, judge the earth! For You will inherit the entire world.**

[Home](#) **Psalm 83** [Index](#)

**O God, You will not be silent; You will not hold Your peace; You will not be quiet, O God.**

**Look! Your enemies are raising a commotion; those who detest You arise, with heads held high.**

**They cunningly connive against Your precious [people].**

**They said, Come! We will eliminate them as a nation so that the name Israel will not be remembered anymore.**

**For they unanimously consented to form an alliance against You.**

**[Namely,] the tents (tribes) of Edom and Ishmaelites, Moab and Hagrites,**

**Gebal and Ammon, Amalek, Philistia and inhabitants of Tyre, Assyria also joined them to help the sons of Lot. Selah. [Repeat]**

**Do with them [as You did with] Midian, Sisera, and Jabin at the brook of Kishon.**

**They perished at En-Dor and became dung of the earth.**

**Make their great ones like Oreb and Zeeb, like Zeebah and like Zalmunna and all their nobility.**

**They said, We will take their heavenly pastures as our possessions.**

**My God make them like whirling dust, like chaff before the wind.**

**As fire burns wood, as fire sets ablaze mountains,  
So pursue them with Your tempest, and frighten them with  
Your blast.**

**Fill their faces with shame and they will frantically seek Your name, Eternal God.**

**They will be confounded and terrified, and forever and ever bear their shame.**

**And they will know that only You, whose name is Eternal God, are the Most High over all the earth.**

[Home](#) **Psalm 84** [Index](#)

**Eternal God of Strength! How lovely are the places, where You are!**

**My soul longs and yearns for the stronghold of the Eternal God; my heart and my flesh are calling for the living God.**

**Even the sparrow has found a home and the swallow a nest for her and her little one at Your altars. O Eternal God of Strength, my King, and my God!**

**Happy and fortunate are they, who are in Your house, singing Hallelujahs. Selah. [Repeat]**

**Happy and fortunate is the person, whose strength is in You, whose inner self is on the path that leads to You. They pass through the valley of Baca; they change it into**

**a source of water, even the blessing of falling rain.**

**They go from strength to strength; every one of them looks to the God in Zion.**

**Eternal God, God of Strength, hear my prayer! God of Jacob, listen carefully! Selah.[Repeat]**

**Dignitaries! Look at our shield! Look at the face of Your Messiah!**

**For a day in Your courtyards is better than a thousand. I prefer to stand at the door of the house of my God, than live in the mansions of evil.**

**The Eternal God is sun and shield; the essence of God will give grace and glory; the Eternal God will not withhold any good thing from them, who live in integrity.**

**Eternal God of Strength, happy and fortunate is the person, who trusts in You.**

[Home](#) **Psalm 85** [Index](#)

**Eternal God You have been pleased with Your land; You reversed the captivity of Jacob.**

**You put up with the iniquity of Your people; You covered all their sins. Selah. [Repeat]**

**You set aside all of Your indignation; You backed off from Your fierce anger.**

**God of our salvation restore us! Stop being angry towards us!**

**Will You forever be angry with us? Will Your anger continue for generation and generation?**

**Will You not turn and revive us that Your people rejoice in You?**

**Eternal God, let us experience Your mercy! Surely You will grant us Your salvation.**

**I will listen to what the God, the Eternal God, will say, for He will declare peace to his people.**

**Surely His salvation is with those who fear Him that His glory will rest on our land.**

**Mercy and truth are united; justice and peace kiss each other.**

**Truth will come out of the ground, and righteousness will watch from heaven.**

**Yes, the Eternal God will provide the goods; and our land will bear its fruit.**

**Righteousness will go before him, and his footsteps will be [our] path.**

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## **Psalm 86**

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**Eternal God, give me a hearing! Answer me! For I am poor and needy.**

**Guard my soul! For I am loyal [to You]. Save Your servant! For You are my God. I am trusting You.**

**My lord, be gracious to me! For to You I cry all day long.**

**Soul of Your servant, rejoice! For to You, my lord, I lift up my soul. You are my lord, good and forgiving, rich in mercy to all who call upon You.**

**Eternal God, Listen to my prayer! Pay attention to my voice**

**that pleads for mercy!**

**In the day of my trouble I will call upon You, because You will answer me.**

**Among gods, there is none like You, my lord, nobody acts like You.**

**All nations that You made will come and worship before Your face, my lord.**

**You are great and You do marvelous things, You are God all by Yourself.**

**Eternal God, teach me Your way! I will walk in Your truth.  
Mold my heart to fear Your name!**

**I will praise my lord, my God with all my heart; and I will glorify Your name forever.**

**For Your mercy toward me is great; You rescued my soul from the lowest part of Sheol.**

**O God arrogant people have risen against me; a mob of ruthless people seeks my soul; and they do not set You [as God] before them.**

**But You my lord are a compassionate gracious God, slow to anger and abundant in mercy and faithfulness.**

**Face me and do me a favor! Grant Your strength to Your servant and rescue the son of Your maid-servant!**

**Perform a sign for me [to prove that You are] good; they who hate me will see and be ashamed, because You, Eternal God helped me and were sorry for me.**

**The Eternal God loves the gates of Zion, more than all places in Jacob.**

**City of the God, glorious things are said of You. Selah. [Repeat]**

**To those who know me, I say: [Ancient Rahba] Rahab and Babel, Philistia and Tyre in the midst of Ethiopia! Look: This one was [I am] born there [in Zion].**

**And of Zion it will be said, Every man, who is born in her, is devoted to the Most High [God].**

**When the Eternal God will count and register His people, This one was [I am] born there [in Zion]. Selah. [Repeat]**

**And singers as well as players, all in you [Zion] are my witnesses.**

[Home](#) **Psalm 88** [Index](#)

**Eternal God, God of my salvation, day and night I am crying before You.**

**My prayer keeps on coming into Your face. Bend Your ear [to hear] my cry!**

**My soul is full of sorrow; my life makes living a Sheol.**

**I am included with those who go down to the pit; I am like a man of strength who has no strength.**

**[I am] ready to let go and die, like the dead about to be buried, whom [people] remember no more, like them who are out of touch.**

**You have put me into a pit, abysmal darkness.**

**Your fury weighs heavy on me; and Your waves overwhelm [me]. Selah. [Repeat]**

**You estranged my close friends from me; You made me an**

abomination to them; I am locked in and cannot get out.

My eyesight fades away because of my affliction; I called on You, Eternal God; daily all day I stretch out my hands to You. Will You work wonders for the dying? If the spirits arise, will they praise You? Selah. [Repeat]

Will anyone in the grave, in that place of abandonment speak of Your loving kindness, Your faithfulness?

Will anyone in the dark, in the land of forgetfulness, know about Your wonders and Your righteousness?

But I, Eternal God, cry out to You; in the morning my prayer comes before You.

Why, Eternal God, will You abandon my soul? Why will You hide Your face from me?

I am afflicted and I am dying ever since childhood; I put up with Your retribution, I am constantly perplexed.

Your fury overwhelms me; Your terrifying me desimates me. They surround me like water all day long; they engulf me altogether.

You estranged a beloved from me; [You have hidden] a dear friend of my friends in darkness.

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I will sing of the mercies of the Eternal God forever; with my mouth, I will let generation upon generation know about Your faithfulness.

For as I said, Mercy will forever prevail in the heavens; You will establish Your faithfulness in them.

**I made a covenant with my chosen one; I am committed to my servant David.**

**I will secure your seed forever; and I will establish your throne for all generations. Selah. [Repeat]**

**The heavens will praise your wonders; even the Eternal God [will praise] you in the assembly of saints.**

**For who in the heavens can be compared to the Eternal God? Who among the sons of divinities can be likened to the Eternal God?**

**God is feared in the assembly of the saints; He is greatly revered by all who surround Him.**

**Eternal God, God of Strength, who is like You, the mighty Eternal God, and Your faithfulness that surrounds You?**

**You rule the billowing sea, when its waves heave You put them at ease.**

**With Your mighty arm You scattered, You crushed Rahab as one who is slain.**

**The heavens are Yours; the earth is Yours also; You laid the foundation of the world and all that is in it.**

**You created the North and the South; [Mount] Tabor and Hermon rejoice at Your name.**

**Strength belongs to You; Your hand prevails with might; Your right hand is exalted.**

**Righteousness and justice are the foundation of Your throne; mercy and truth parade in front of Your face.**

**Happy are the people, who are familiar with the exclamation Eternal God in the light of Your presence.**

**They rejoice in Your name all day long; they exalt in Your**

righteousness.

For You are the glory of their strength; and in Your goodwill is our might magnified.

The Eternal God is our shield; the Holy One of Israel is our king.

Then You spoke to Your faithful one in a vision and You said, I provided help to the mighty one, whom I have exalted and chosen from among people.

I selected my servant, David; I anointed (christened) my Holy One with oil.

He will be set up by my hand (my doing); with him will also be my arm (my strength); it will empower him.

The enemy will not deceive him; the son of evil will not bother him.

I will quash his adversaries before his face; I will afflict those who hate him.

But my faithfulness and my mercy will be with him; and by my name his strength will prevail.

I give his hand authority over the sea, and his right hand over rivers.

He will call me, My Father, my God, and the rock of my salvation.

Also, I will give him the position of Firstborn and the Most High of the kings of the earth.

I will forever maintain my steadfast love for him; and my covenant with him will be confirmed forever.

I secure his seed forever and his throne is as the days of heaven.

**If his sons forsake my law and do not walk in my justice,  
If they desecrate my statutes and do not keep my  
commandments,**

**Then I will punish their transgression with my big stick and  
with hardship their guilt.**

**But my loving kindness for him I will not annul; and my  
faithfulness I will not renege.**

**I will not profane my covenant; I will not alter a word that  
crossed my lips;**

**I will retract nothing that I confirmed to David with a holy  
oath.**

**His seed will endure forever; and his throne will be before  
me as the sun;**

**Like the moon that is fixed forever as a faithful witness in the  
sky. Selah. [Repeat]**

**But You despise, constantly reject, and are angry with Your  
anointed one (מָשִׁיחַ=Messiah=Christ).**

**You abandoned the covenant of Your servant; You slung his  
crown contemptuously on the ground.**

**You are breaching all ramparts; You set his strongholds into  
dismay.**

**All, who pass that way, plunder him; it is a disgrace to his  
citizens.**

**You strengthened the right hand of his adversaries; You  
brought joy to his enemies.**

**You put the edge of his sword into [its] sheath; You do not  
support him in battle.**

**You bring his glory to an end; You throw his throne to the**

ground.

**You shorten the days of his youth; you cover him with shame. Selah. [Repeat]**

**Eternal God, How long, until when? Will You be hidden forever? Will Your wrath consume like fire?**

**Remember me! For what is this world and its futility? You created all the sons of Adam.**

**Which man can live and not see death? Can he rescue his soul from the power of Sheol?**

**My lord, where is Your overarching loving kindness that You swore to David in Your faithfulness?**

**Remember my lord the shame of Your servants, which I bear in my bosom for oh so many people.**

**With which they shame Your enemies, O Eternal God, with which they shame the footsteps of Your anointed (מָשִׁיחַ=Messiah=Christ).**

**The Eternal God is blessed for evermore. Amen. Amen.**

[Home](#) **Psalm 90** [Index](#)

**My lord, You have been to us a refuge in [every] generation. Before the mountains were begotten and You fashioned earth and world: From everlasting to everlasting, You are God.**

**You turn man back to dust and say, Children of men, back to where You came from!**

**For a thousand years in Your sight are as a day, even before it began, like a peek into the dark.**

**You wash them away like unconscious sleeping. In the morning they are like growing grass.**

**In the morning it grows and thrives; in the evening it is cut down and dries up.**

**For we are consumed by Your anger and are terrified by Your wrath.**

**For You have set our guilt before You; You make us face our secret sins in the light of day.**

**For all our days are passed away under Your wrath; and we end our years like a sigh.**

**The span of our lives are seventy years; and if all things went well, eighty years; yet we can boast only of toil and trouble; for it quickly passes, and we fly away.**

**Who knows the might of Your indignation? For as is the fear of You, so is Your wrath.**

**So give us notice that we may know to number our days, and we may go with a heart of wisdom.**

**Eternal God! Come back! How long? Have pity on Your servants! Satisfy us with Your mercy early in our life; that we may rejoice and be glad all our days.**

**Bring gladness into all the days, in which You have afflicted us, and the years, in which we have seen evil.**

**Reveal Your mighty works to Your servants, and Your glory to their children.**

**Let the beautiful favor of our lord, our God, be upon us! And establish the work of our hands for us! Yes, establish the work of our hands!**

**He will prevail, who remains in the shelter of the Most High, under the shadow [of the God] of the field [as revealed in nature].**

**I will say, The Eternal God is my refuge, my fortress and my God; I will entrust myself to Him.**

**Surely, He will take you out of the trap of the trapper, and keep you safe in pestilence and peril.**

**With tips of His feathered wings He will gently cover you and keep you safe; His faithfulness will be your protective shield.**

**You will not fear terror at night, nor flying arrows in daylight, Nor the menace that prowls in the dark, and the destruction that ruins the day,**

**A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.**

**You will see the retribution of the wicked, but you will only look at it with your eyes,**

**Because You, the Eternal God, the Most High, made Your dwelling place my refuge.**

**You will encounter no evil, and no stroke of bad luck will come near your tent.**

**For he will charge His angels to keep you in all your ways.**

**They will carry you in their hands, lest you strike your foot against a stone.**

**You will march over lion and snake; you will trample under foot lion king and monster.**

**Because he loves me, I will provide an escape for him; I will**

set him on high, because he knows my name.

He will call on me, and I will answer him; I will be with him in trouble; I will rescue him, and I will honor him.

I will satisfy him with long life and show him my salvation.

[Home](#) **Psalm 92** [Index](#)

It is good to give thanks to the Eternal God and to make music to Your name, Most High,

To declare Your loving kindness in the morning and Your faithfulness at night,

On ten strings, on a lute, and on a harmonious harp.

Because Your workmanship, Eternal God, brings me joy, I will glorify Your handiwork.

Eternal God, Your works are magnificent! Your ways of thinking are extremely profound.

The stupid one does not know; and the fool does not understand this.

The wicked grow like grass; and troublemakers flourish, only to be destroyed forever and ever.

But You Eternal God are on high forevermore.

Look at Your enemies, Eternal God, look at Your enemies! They will perish. All evildoers will be scattered.

But You will exalt my horn like that of a ram; I will be anointed with luxurious oil.

My eye has seen my enemies, who are rising up against me, and my ears may hear the wicked in the future,

Yet the righteous will flourish like a palm tree; he will grow

like a cedar in Lebanon.

Those, who are transplanted into the house of the Eternal God, will flourish in the garden of our God.

They will still bear fruit in old age; they will be well nourished and flourishing,

To declare that the Eternal God, my rock, is upright; and there is no unrighteousness in Him.

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The Eternal God reigns; He is clothed in majesty; the Eternal God is clothed in strength; He has clothed himself, and is surely well established. The world cannot be moved.

Your throne is established from of old; You are from everlasting.

Eternal God, flood water is rising; raging flood water is roaring and waves of flood water are tossing.

The many waves of the sea are mightier than the roaring of [flood] water; the Eternal God on high is [really] mighty.

Your congregation surely affirms that the holiness of the Eternal God adorns Your house [Your creation] all day long.

[Home](#) **Psalm 94** [Index](#)

Eternal God, God of Retribution, Shine!

Get up! Judge the earth! Give back to the proud what they deserve!

Until when will evil, Eternal God, until when will evil triumph?

**They babble and talk about worthless stuff; they talk about themselves; all of them are workers of iniquity.**

**Eternal God, they ruin Your people and destroy Your heritage.**

**They kill widow and stranger; they murder orphans,  
And say, God does not see; the God of Jacob is ignorant.**

**Consider this, You burned-out people and fools! When will you smarten up?**

**Will He, who made the ear, not hear? Will He, who created the eye, not see?**

**Will He, who disciplines nations and gave Adam knowledge, not criticise?**

**The Eternal God knows the thoughts of Adam [man]; that they are vanity.**

**Blessed is the man, whom the Eternal God disciplines; and they whom You teach by Your law.**

**You put him at ease in evil days; until a pit/grave is dug for the wicked.**

**For the Eternal God will not leave His people; He will not forsake His heritage.**

**Justice will restore righteousness and it will uphold the upright in heart.**

**Who will rise for me against doers of evil? Who will stand up for me against workers of iniquity?**

**If the Eternal God does not help me, my soul will quickly sink into silence.**

**[But as soon as] I say, 'My foot slips.' Your mercy, Eternal God, will lift me up.**

**There may be great anxiety within me, yet Your consolation brings joy to my soul.**

**Will You have fellowship with the throne of iniquity, which systematically devices evil?**

**They band together against the soul of the righteous to shed innocent blood.**

**But the Eternal God is my refuge; He is God, rock and shelter. He turned their iniquity back on themselves; their own evil cut them off; their own evil cut them off from the Eternal God, our God.**

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**Come! We will sing to the Eternal God; we will joyfully shout to the rock of our salvation.**

**We will come before him with thanksgiving; we will sing Psalms, aloud.**

**For God is the great Eternal God and the great king above all gods.**

**The depths of the earth are in his hand and so are high hills. The sea is His for He made it; and his hand fashioned the dry ground.**

**Come! We will worship Him; we will kneel before the face of the Eternal God, our maker.**

**For He is our God; and we are people of His pasture and the flock of His hand. You may hear His voice today.**

**You will hear His voice today, if you will not harden your hearts, as in Meribah, the day of testing, in the wilderness,**

**When your fathers tempted me; they tested me, though they**

**saw what I did.**

**Forty years I was disgusted with that generation; and I said,  
People stray in their heart. They do not know my ways.**

**So my anger was bound by my oath, seeing that they did not  
enter into my rest.**

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**Sing to the Eternal God a new song! Sing to the Eternal God  
all the earth!**

**Sing to the Eternal God! Praise His name! Proclaim His salvation  
every day!**

**Talk about His glory among the nations, and about His  
wonderful works among all people!**

**For the Eternal God is great and to be praised; He is greatly to  
be feared above all gods.**

**All [other] gods of people are fake gods; but the Eternal God  
made the heavens.**

**Honor and majesty stand before His face; strength and  
beauty adorn His sanctuary.**

**Family tribes of all people, ascribe to the Eternal God, ascribe  
to the Eternal God, glory and strength!**

**Give to the Eternal God the glory of His name! Raise up an  
offering and come into His courtyards!**

**Bow down to the Eternal God in the beauty of His holiness!  
All the earth tremble before His face!**

**Say to the nations, the Eternal God reigns, indeed the  
inhabitants of the world are governed [by Him], which will not  
change; for He judges people righteously.**

**The heavens will rejoice; the earth will be glad; the sea will roar majestically.**

**The field will be joyful; everything in it, trees and shrubs, will rejoice before the face of the Eternal God.**

**For He is coming, He is coming, to judge the earth; He will judge the inhabitants of the world with righteousness, and its people with truth.**

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**The Eternal God reigns as king; the earth rejoices, and the multitude of islands is glad.**

**Thick clouds of righteousness are around Him; justice is the foundation of His throne.**

**Fire precedes him and sets surrounding enemies ablaze. His lightning-like light illuminates the world; the earth sees it and trembles.**

**Mountains melt like wax before the Eternal God, before the lord of all the earth.**

**Mountains melt like wax before the Eternal God, before the lord of all the earth.**

**All, who serve a graven image and worship idols, will be ashamed. Worship Him [the Eternal God], all divinities!**

**Zion hears [it] and is glad; and the daughters of Judah rejoice, because of Your judgments, O Eternal God.**

**For You the Eternal God, the Most High, are above all the earth; You are exalted far above all divinities.**

**He preserves His saints, who love the Eternal God and hate evil, from the hand of the wicked. He delivers them.**

**Light disperses over the righteous; and gladness [fills] the heart of the upright.**

**Rejoice in the Eternal God You righteous! Give thanks for His holiness!**

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**Sing to the Eternal God a new song, for He has done marvelous things; His right hand, and His holy arm, has triumphed.**

**The Eternal God has made known His salvation; He revealed His righteousness for the world to see.**

**He remembered His mercy and His faithfulness toward the house of Israel; all the ends of the earth have seen the salvation of our God.**

**Make a joyful noise to the Eternal God, all the earth; break out into song, shout for joy, and make music!**

**Sing to the Eternal God with a harp, a Psalm with the harp and voice!**

**With trumpets and the sound of a horn, shout for joy before the King, the Eternal God!**

**The sea and all its multitudes, the world and all, who live in it, will tremble;**

**Rivers will clap hands together, mountains will rejoice, Before the Eternal God! For He comes to carry out justice on earth. He will govern the world with righteousness and people with impartiality.**

The Eternal God reigns as king; people tremble; He dwells [with] Cherubim; the earth staggers.

The Eternal God is great in Zion and He is high above people. Your great name is continually praised; it is holy and to be feared.

The King loves justice and [moral] strength; You established fairness, justice and righteousness in Jacob; You did [it].

Exalt the Eternal God, our God and worship at the footstool of His feet; for He is holy.

Moses and Aaron were among his priests; Samuel was among those who called on His name; they called on the Eternal God and He answered them.

He spoke to them in the pillar of a cloud; they kept His testimonies and the law that he gave them.

Eternal God, our God You answered them; You were an uplifting God to them.

Exalt the Eternal God, our God and worship at His holy hill, for the Eternal God, our God is holy.

All the earth! Shout for joy to the Eternal God!

Serve the Eternal God with joy! Come before Him singing!

Know that the Eternal God [comprises] the divine; He made us, we are not self-made men; we are His people, and sheep of His pasture.

Go through His gates with thanksgiving, and into His

**courtyards with praise! Be thankful to Him! Bless His name!  
For the Eternal God is good; His mercy is forever and for  
everyone; His faithfulness is from generation to generation.**

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**I will sing of mercy and righteousness; I will make music to  
You, O Eternal God.**

**I will act prudently in a blameless way. O when will You come to  
me that I will live in my house with an upright heart?**

**My eyes will have no regard for worthless stuff for I detest  
provocative offensive work; it will have no part of me.**

**Perversion of heart will go away; wickedness I will not know.**

**I will not tolerate those who slander their neighbor behind  
their back, or those who do so with an arrogant look and a  
proud heart.**

**My eyes are on the lookout that the faithful of the land live  
with me; he who lives blamelessly will be my servant.**

**Whoever acts deceitfully or tells lies will not dwell in my  
house; they will not be tolerated.**

**Without delay, I will destroy all the wicked in the land; I will  
eliminate all doers of evil from the city of the Eternal God.**

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**Eternal God listen to my prayer! My cry will come before You.  
In the day of trouble, You will not hide Your face from me, for in  
the day that I call, You answer me immediately.**

**For my days vanish like smoke; and my bones are burned [as**

**wood in a] fireplace.**

**My heart is so chopped like grass that I forget to eat my bread/food.**

**My bones stick out of my flesh, because of my [deep] sighing. I am like a vomiting ostrich in the desert, like a [vomiting] owl in a ruin.**

**Yet I am fully conscious, like a lone [watchful] bird on a housetop.**

**My enemies taunt me all day long as they commit themselves by oath against me.**

**I eat ashes like bread and mix tears with drinks.**

**All because of Your anger and wrath, for You picked me up and threw me away.**

**My days are like a fleeting shadow and withering grass.**

**But You, Eternal God, will be there forever; and cognizance of Your presence endures for all generations.**

**You will arise; You will have compassion on Zion, for the time to be gracious is about to come; yes, the appointed time has come.**

**For You delight in Your servants; the stones and dust [of Zion] will be magnificent.**

**The nations will fear the name of the Eternal God, and all the kings of the earth [will revere] Your glory.**

**When the Eternal God builds up Zion and His glory is revealed.**

**Because He turned his face toward the prayer of the cursed, and did not despise their prayers.**

**This stands written for future generations that people yet to**

be created will sing Hallelujah [praise the Eternal God].

For He looked down from the height of His holiness; from the heavens, the Eternal God had regard for the earth,

To hear and liberate the groaning prisoners, the sons of death,

To identify Zion with the name of the Eternal God and Jerusalem with His praise,

To gather and unify humanity and [have all] kingdoms to serve the Eternal God.

In so doing (along the way), He utterly humiliated me (took away my strength) and killed me (shortened my days).

[But] I said, "My God will not take me out of the prime of life (midst of my days) for You [talking to myself] are from generation to generation;

For You established the face and foundation of earth, and the heavens are the work of Your hands;

They will perish; but You will endure; everything will wear out like rags, like clothing You will change them; and they will change;

And You are the one whose years will have no end;

The sons of Your servants will carry on; and their descendants will be established before Your face."

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## Psalm 103

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My soul, bless the Eternal God! Everything that is within me, bless His holy name!

My soul, bless the Eternal God, and do not forget any of His

**blessings!**

**He pardons all my guilt; He heals all my diseases;**

**He redeems my life from the pits; He crowns me with loving kindness and compassion;**

**He satisfies your mouth with good things; my youth He will renew like a soaring eagle.**

**The Eternal God executes justice and righteousness for all who suffer injustice.**

**He made His ways known to Moses, and His way of doing things to the children of Israel.**

**The Eternal God is compassionate and gracious, slow to anger, and overflowing with mercy.**

**He is not always contentious, and will not stay angry forever.**

**He does not deal with us according to our sins; He does not hand out what our guilt deserves.**

**As the heavens are high above the earth, so great is His mercy toward them, who fear Him.**

**As far as the east is from the west, so far has He removed our transgressions from us.**

**As a father has compassion for His children, so the Eternal God has compassion on them who fear Him.**

**For He knows our frame; He remembers that we are dust.**

**As for man, his days are like grass; he flourishes as a flower of the field.**

**When the wind passes over it, it is gone; and no one ever remembers where it was.**

**But the loving kindness of the Eternal God is for now and forever; His righteousness is on the children of the children, of**

**them who fear Him,**

**To them, who keep His covenant, to those, who remember to live by His precepts.**

**The Eternal God has prepared His throne in the heavens; and His kingdom rules over all.**

**The Eternal God blesses his mighty ones, who excel in strength, who do as he says, who pay attention to the voice of his word.**

**His multitudes, who fight His battles, His servants, who do His bidding, will bless the Eternal God.**

**All His works in all places of His domain, utterly bless the Eternal God! Magnify the Eternal God, O my soul!**

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**My soul, Bless the Eternal God! Eternal God, my God, You are very great; You are clothed with honor and majesty.**

**[You], having light as clothing, are covering the heavens as a curtain.**

**[You] lift oceans into their upper chambers and make clouds Your chariots, driven by the wind.**

**[Your] forerunners are Your spiritual servants, fire and lightning.**

**[You] laid the earth on its foundation; it will never be moved for eternity.**

**You covered the abyss with a garment [that looks like] mountains standing on water.**

**At Your reprimand they [the waters] fled; at Your thundering voice they hurried away.**

**They went up the mountain, down into the valley, back to the place You prepared for them.**

**You set a boundary for them, which they will not pass over; they will not return to cover the earth.**

**[You] commissioned running water to run in valleys in between hills.**

**They (water) give drink to every living thing in fields; [e.g.] they quench the thirst of wild donkeys.**

**Next to them birds of the heavens make their nest in tree branches and sing songs.**

**[You] water the hills from Your upper chambers; and with Your produce and fruit You keep on satisfying the earth.**

**To provide food from the earth, [You] make grass grow for cattle and edible plants to serve mankind.**

**[You] gladden the heart of people with wine, oil to make faces shine, and bread to strengthen man's heart.**

**The Cedars of Lebanon, the trees, which the Eternal God planted, are lush.**

**In them birds make their nests; and the stork has its home in pine trees.**

**High mountains are for wild goats; and cliffs shelter marmots. He set up the moon for seasons; and the sun knows when to come up.**

**You make darkness and it is night, in which creeping creatures of the forest come out.**

**Lions roar, looking for prey for food from God.**

**When the sun rises they gather in their dens and lay down to rest.**

**And man goes to work and does his job until evening.  
Eternal God, how innumerable are Your works?! You intricately made them all; and the earth is full of Your amazing things.**

**The ocean is great, vast and immense; it is teeming with innumerable living things, tiny little, great and big.**

**On it ships sail about; in it, sea monsters [whales and dolphins], that You made, frolic.**

**They all wait for You, to give them their food in due time. You give them and they collect; You open Your hand and they have a surplus of good things.**

**But when You hide Your face, they panic; You take their breath away; they die and turn to dust.**

**[Again, but] when You send Your spirit, things begin to happen; the face of the earth is rejuvenated.**

**The glory of the Eternal God will be forever; and creations of the Eternal God will rejoice.**

**He looks at the earth and it trembles; He touches the hills and they smoke.**

**In my life, I will sing to the Eternal God; in my being, I will praise my God.**

**It will be pleasing to Him; I, in my thinking, will rejoice in the Eternal God.**

**Sinfulness on earth will be terminated; again, there will be no such thing as evil. My soul, Bless (Say good things about) the Eternal God. Hallelujah!**

**Give thanks to the Eternal God! Call on His name! Let people know what He has done!**

**Sing psalms (hymns) to Him! Tell Him [in song, like this Psalm,] all the extraordinary things He did!**

**Glorify His holy name! The hearts that seek the Eternal God will rejoice.**

**Seek the Eternal God and His strength! Always desire to stand before Him!**

**Recall the marvellous works He did, His signs, His spoken judgments!**

**[That you are] the seed of Abraham, His servant, the children of Jacob, His chosen ones,**

**[That] the Eternal God is our God, His judgments apply in all the earth.**

**He remembers forever the word of His covenant, which He set up for a huge generation,**

**which He made with Abraham, and his oath to Isaac, which He upheld for Jacob, as a statutory covenant for Israel forever, saying,**

**I will give to you the land of Canaan as a designated inheritance.**

**Even though they were solitary strangers within it.**

**They went from one nation to another nation, from one kingdom to yet other people.**

**He, [the Eternal God] did not allow one individual suppress them; on account of them He rebuked kings.**

**[Effectively saying,] You will not touch my anointed ones; you**

**will not harm my prophets.**

**He brought about a famine on earth; every tribe lacked bread.**

**He sent man ahead of them, Joseph, who was sold as slave. His soul went [into slavery], bound with ropes, feet in shackles.**

**The Eternal God refined him until the time when His spoken word came to pass.**

**The king sent [word] and released him; the marshal of the people opened [the prison].**

**He appointed him as master of his house, and as administrator of all his possessions,**

**To imprison his princes at his soul's discretion and to instruct his elders.**

**He brought Israel to Egypt; and Jacob lived in the land of Ham.**

**He caused his people to prosper greatly, and made them stronger than their enemies.**

**But He [God] changed their heart to hate His people that they dealt deceptively with His servants.**

**He sent Moses, His servant, and Aaron, whom He specifically selected.**

**They carried out His promising signs and wonders in the land Ham.**

**He sent darkness and it was dark; and they did they [Moses and Aaron] did not disobey His word.**

**He turned their waterways into blood and killed their fish. He flooded their land with frogs, even the innermost**

**chambers of their royal houses.**

**He spoke, and their entire territory was teeming with insects.**

**In their land, He showered on them hail and flaming fire.**

**He struck down their vines and fig trees; and he shattered the trees in their territory.**

**He spoke and there were all kinds of innumerable locusts.**

**They ate everything green in their land; they ate every fruit on earth.**

**He killed every first-born of their land, the foremost of all their strength.**

**He brought them out with silver and gold, and no one in their tribes stumbled.**

**The Egyptians were glad when they left, for they were terrified of them.**

**He spread out a cloud for covering and fire for light at night.**

**They asked and He delivered; He satisfied them with quail and bread from heaven.**

**He cracked a rock open, and water gushed out; it ran in the desert like a river,**

**Because He remembered the holy promise that He made to His servant Abraham.**

**He brought out His people, His chosen ones, with joy and gladness.**

**And He gave them the land of Gentiles; and they inherited the [fruit of] their labor.**

**All this that they will observe His statutes and keep His laws.  
Hallelujah!**

**Hallelujah! Give thanks to the Eternal God! For He is good; for His mercy is universal.**

**Who can list all the mighty acts of the Eternal God? And who can listen to all His praise?**

**Blessed are they who conform to justice, who act righteously at all times.**

**Eternal God, remember me as [one of] Your favored people! Grant me Your salvation!**

**That I may enjoy the welfare of Your people, to rejoice in the gladness of Your nation, to glory in Your inheritance.**

**[Even though] we sinned, committed evil and acted wickedly, as our fathers did.**

**Our fathers, in Egypt, did not appreciate Your marvellous deeds; they did not act on the greatness of Your mercy; they rebelled at the sea, the Sea of Rushes.**

**Yet He [the Eternal God] saved them for the sake of His name, to make known His greatness.**

**He admonished the Sea of Rushes and it dried up; He led them through deep [waters] as through a desert.**

**He saved them from them who hated them; He ransomed them from the hand of the enemy.**

**The water covered their enemies; of them not one remained. Now they believed and sang His praise.**

**But they quickly forgot and did not want His advice.**

**They lusted for pleasure in the wilderness and tested God in**

**the desert.**

**He gave them their request, but to the detriment of their soul.  
And when, in the camp, they were jealous of Moses and  
Aaron the saint of the Eternal God,**

**He opened the earth, swallowed up Dathan and submersed  
the associates of Abiram.**

**Fire consumed their band; a flame burned up the wicked.  
They made a calf at Horeb and worshipped the molten image.  
They changed their glorious [God] into an image of an ox that  
eats grass.**

**They forgot God, their Messiah (Savior), who did great things  
in Egypt,**

**Marvelous things in the land of Ham, awesome things at the  
Sea of Rushes.**

**Therefore, He said that He would have annihilated them if not  
Moses his elect had not stood up and interceded for them to  
turn His anger to destroy aside.**

**They despised the pleasant land and did not trust His word.  
They complained in their tents and did not listen to the voice  
of the Eternal God.**

**Therefore, He raised His hand against them [to swear] that He  
would overthrow them in the wilderness,  
to displace their descendents among the nations to scatter  
them on earth.**

**And they were joined up with Baal [idol] of Peor to eat and  
sacrifice to the dead.**

**[By which] they angered Him (the Eternal God), and a  
pestilence broke out among them.**

**Then Phineas stood up and prayed, and the pestilence was stopped.**

**That was accounted to him as righteousness to all generations and forever.**

**Then they angered [the Eternal God] at the water of Meribah, on account of which a fearful thing happened to Moses.**

**Being aggravated in spirit, he spoke rashly with his lips.**

**And they did not destroy the people, as the Eternal God had commanded them.**

**Instead they mixed in with the Gentiles and learned their ways.**

**They served their idols, which became a trap for them.**

**They sacrificed their sons and daughters to demons.**

**They shed the innocent blood of their sons and daughters, whom they sacrificed to the idols of Canaan; thus the land was profaned by blood.**

**Their own doing defiled them; their own deeds made them unfaithful.**

**So the anger of the Eternal God burned against them that He detested His own inheritance.**

**He gave them into the hand of Gentiles; and they who hated them ruled over them.**

**Their enemies oppressed them; and their hand subdued them.**

**Many times, He [the Eternal God] rescued them; but their minds rebelled, and their iniquity debased them.**

**He saw their affliction, and he heard their cry.**

**For their sake He remembered His covenant and gave in because of His great mercy**

**Before all who captivated them, He gave them loving kindness.**

**Eternal God, our God, save us from the Gentiles that we will thank You, that we will exalt Your praises.**

**The Eternal God, the God of Israel is blessed from everlasting to everlasting. And all people will say, Amen. Hallelujah!**

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**Give thanks to the Eternal God, for He is good; for His mercy endures forever and is for everyone.**

**The redeemed, whom the Eternal God redeemed from the hand of the enemy, will do so (give thanks).**

**And those gathered from the lands, from the east, the west, the north, and from the south.**

**They were lost on trails that lead to nowhere in the desert; they found no place to live in.**

**Their hungry and thirsty soul fainted.**

**So they cried to the Eternal God in their trouble; and He saved them out of their miseries.**

**And he enabled them to march directly to a city they could call home.**

**Oh that people would praise the Eternal God for His goodness, and the extraordinary things He does for the children of men!**

**For He satisfies the thirsty soul and fills the hungry soul with good things,**

**Those, sitting in the dark shadow of death and bound in iron-clad misery,**

**Because they rebelled against the words of God and despised  
the counsel of the Most High,**

**He humbled them with anguish in their hearts; they fell and  
had none to help.**

**So they cried to the Eternal God in their trouble; and He saved  
them out of their miseries.**

**And He brought them out of the shadow of death, and ripped  
apart their chains.**

**Oh that people would praise the Eternal God for His goodness,  
and the extraordinary things He does for the children of men!  
For He broke down the gates of brass; He chopped up the bars  
of iron.**

**But fools, because of their transgression, and because of their  
guilt, keep on being afflicted,**

**To the point that they no longer feel like eating; their soul is  
at the gates of death.**

**So they cried to the Eternal God in their trouble; and He saved  
them out of their miseries.**

**So He sent his word, and healed them; and He took them out  
of their pits.**

**Oh that people would praise the Eternal God for His goodness,  
and the extraordinary things He does for the children of men!**

**O that they would sacrifice the sacrifices of thanksgiving and  
declare His wonderful works with shouts of joy,**

**Going to the sea in ships and doing business on the oceans of  
the world!**

**That they may see the works of the Eternal God and His  
surpassing wonders of the deep.**

**When He speaks a wind storm arises and whips up the waves.  
As they fly into the sky, and descend into the depths, their  
soul is troubled and melts.**

**They stagger and dance like a drunkard; they are at their wits'  
end,**

**So they cried to the Eternal God in their trouble; and He keeps  
on bringing them out of their miseries.**

**He calms the storm and stills the waves.**

**They are pleased in the calm after the storm; and He brings  
them to their desired haven.**

**Oh that people would praise the Eternal God for His goodness,  
and the extraordinary things He does for the children of men!**

**They will exalt Him in the assembly of the people; they will  
praise Him, the Eternal God, in the meeting of the elders.**

**He turns rivers into a wilderness, and springs of water into dry  
ground.**

**A fruitful land into a salty desert, for the wicked to dwell  
therein.**

**He turns a wilderness into ponds of water, and dry land into  
springs of water.**

**He makes a home for the hungry, for them to have a  
residence and a city.**

**They sow fields and plant vineyards, which yield fruits and  
products.**

**He blesses them, that they greatly multiply; and their  
livestock does not suffer harm.**

**When again they were brought to nothing through  
oppression of justice, evil and grief,**

He had contempt for princes and rulers, and relegated them to wander in nothingness, with no way out.

Yet He preserved the poor from utter poverty, and molded them into families like a flock.

He turns a wilderness into ponds of water, and dry land into springs of water.

Whoever is wise and does this will appreciate (benefit from) the loving kindness of the Eternal God.

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I will focus my heart on divine things; I will sing; I will make music, indeed, with all my might.

Awake, lute and harp! I will wake up the dawn.

I will praise the Eternal God in public; I will praise You among the nations.

For Your mercy is high above the heavens, and Your truth is up to the clouds.

God, Your glory be exalted above, the heavens, and over all the earth!

Let Your right hand save that Your beloved [people] will be saved! And, Do listen to me!

God declares in His sanctuary: I will triumph; I will divide [the spoil of] Shechem; and the Valley of Succoth I will subdivide; Gilead is mine; Manasseh is mine, and Ephraim protects my head; Judah is my governing lawgiver;

Moab is my washbowl; over Edom I fling my shoe; over Philistia I keep on triumphing.

**Who will placate me with a fortified city? Who will introduce me to Edom?**

**Is it not You, O God, who rejected us [or did we reject You]? For You, O God, will not walk away.**

**Grant us help from the enemy! For salvation by [the likes of] Adam is useless.**

**With God we will be heroic for He will shame our enemies.**

## **Psalm 109** [\*Index\*](#)

**The God that I adore will not remain silent.**

**For the mouth of the wicked and the mouth of the deceitful have opened against me; they spoke against me with a deceitful tongue.**

**Words of animosity surrounded me; they accused me without a cause.**

**I offer prayer [for them]; they return my love, with their accusations.**

**They return to me evil for good, hatred for my love.**

**Appoint a wicked [man] over him, and Satan will stand at his right hand.**

**If he were to be judged, he would be found guilty, and his prayer would become a sin.**

**His days will be few (he will not live long), and his important position will be given to another.**

**His sons will be fatherless and his woman a widow.**

**His sons will teeter and totter; they will beg and scrounge.**

**Creditors will seize all that he has, and foreigners will benefit**

**from his labor.**

**No one will be understanding or kind to him; there will be no favors for his fatherless children.**

**His posterity will be cut off; the next generation, and their names, will be wiped out.**

**The iniquity of his fathers will be remembered before the Eternal God; the sin of his mother will not be erased.**

**They will always be before the Eternal God; and their memory will be cut off from the earth.**

**Because he did not remember to show mercy, for he persecuted the poor and needy, to kill the broken-hearted man.**

**And as he loved cursing, and had no delight in blessing, so it will happen to him.**

**He envelopes himself with cursing, and it enters his body as water, and his bones as oil.**

**It will be clothing that covers him and a belt that he always wears.**

**This is what my adversary (Satan), and those who speak against my soul, get from the Eternal God.**

**But You, Eternal God, my lord, deal with me for the sake of Your name, because Your lovingkindness is good. Rescue me!**

**For I am poor and needy and my heart is defiled at its core.**

**It stretches like a shadow, and I am gone, tossed away like a locust.**

**My knees totter, because of fasting; my flesh is lean, devoid of fat.**

**I am a disgrace to all; they look at me and shake their head.**

**Eternal God, my God, help me! Let Your lovingkindness save me!**

**That all, [who look at me and shake their head] will know that Your hand, Eternal God, did this.**

**They, who shamed Your servant, will rejoice and curse them, whom You bless, [because] they stand firm.**

**My adversaries [Satan] will be clothed with shame; they will cover themselves with the mantle of their disgrace.**

**With my mouth I will exalt the Eternal God; surrounded by multitudes I will praise him.**

**He will stand at the right hand of the poor to save those who condemned His soul.**

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**The Eternal God said to my lord, Sit at my right hand, until I make Your enemies a stool for Your foot.**

**The Eternal God will send the staff of Your authority out of Zion, [for You] to rule in the midst of Your enemies.**

**Your people will be a free will offering in the day of Your power, in the splendor of holiness; from the womb of the morning, You have the dew of Your youth.**

**The Eternal God has sworn, and will not change His mind: You are a priest forever in the manner of Melchizedek.**

**At Your right hand, in the day of his wrath, my Lord will execute kings.**

**He will judge and fill the nations with dead corpses; He will execute the heads of many countries.**

**He will drink from fresh waterways along the way; refreshed,  
He will hold his head high.**

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**Hallelujah (Praise the Eternal God)! I will praise the Eternal God with all my heart in the assembly of the righteous.**

**The works of the Eternal God are great;  
all, who consider them, find them delightful.**

**Majestic and glorious are His works;  
His righteousness endures forever.**

**He made his marvellous works a memorial, [illustrating that] the Eternal God is gracious and compassionate.**

**He gives food to those who fear Him;  
He is forever mindful of His covenant.**

**He revealed the strength of His works to His people by giving them the heritage of nations.**

**The works of His hands are truth and justice, which is confirmed by all His precepts.**

**They stand forever and ever  
and are carried out in truth and integrity.**

**He provided redemption for His people;  
He established His holy covenant for all times; and His name is awesome.**

**Fear of the Eternal God is the ultimate wisdom, it is the basis of a proper understanding of everything –  
His praise endures forever.**

**Hallelujah! (Praise the Eternal God!) Blessed is the man who fears the Eternal God, who has great delight in His commandments.**

**He will be a hero on earth; his descendants, a generation of the upright, will be blessed.**

**Wealth and riches will be in his house,  
and his righteousness will endure forever.**

**[Even] in darkness light shines for the upright, [for] he is gracious, compassionate and righteous.**

**A good man is gracious and lends;  
his words and actions manifest discretion.**

**He will never ever slip and fall;  
the righteous will have an everlasting memorial.**

**He will not worry about bad news;  
for his faithful heart is fixed on the Eternal God.**

**His heart is steadfast;  
he will fearlessly look at his enemies.**

**He gives generously to the poor;  
his righteousness, his horn, endures forever.**

**The wicked one will see it  
and be angry about it;  
he gnashes his teeth in retreat;  
[for] all wicked desire will perish.**

**Hallelujah! (Praise the Eternal God!)**

**Praise [even] servants of the Eternal God!**

**Praise the name of the Eternal God!**

**The name Eternal God will be blessed  
from this time on and forevermore.**

**From the rising of the sun to it's going [away]  
the name, Eternal God, is continually being praised.**

**The Eternal God is exalted above the nations;  
His glory is above the heavens.**

**Who is like the Eternal God, our God(s),  
who dwells on high?**

**Who must humble himself  
to look at heaven and earth?**

**He raises the poor from the dust;  
He exalts the needy from a pile of rubble,  
To sit with princes,  
even the princes of His people.**

**He grants the barren woman a home  
to be a mother of joyful children.**

**Hallelujah! (Praise the Eternal God!)**

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**[After forty years,] after Israel left Egypt,  
the house of Jacob [stopped] being a cantankerous people.**

**Judah became His [God's] sanctuary,  
and Israel His [God's] realm.**

**The sea saw it and fled;  
[the river] Jordan ran backwards.**

**Mountains hoppedlike rams,**

and hills like lambs.

Sea, why did you flee?

Jordan, why did you turn back?

Mountains, why do you hop?

Lambs, why do you jump?

Earth, tremble at the presence of the Lord,  
at the presence of the God(s) of Jacob!

Out of flint, rock,

He made a lagoon, and fountain of water.

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Not to us, not to us but to Your name,

Eternal God, give glory!

Because of Your loving kindness

and Your faithfulness.

Why should the Gentiles say,

Now, where is their God(s)?

Our God(s) is in the heavens,

everything He does is pleasing.

Their abominations are of silver and gold,

the works of the hands of Adam.

They have a mouth,

but do not speak;

they have eyes,

but do not see.

They have ears, but do not hear; they have a nose, but do not breathe.

They have hands,

**but feel/touch nothing;  
they have feet  
but do not walk.**

**They are like them,  
who made them;  
and so is everyone,  
who trusts them.**

**Israel, trust the Eternal God!  
He is their help and their shield.**

**House of Aaron, trust the Eternal God!  
He is their help and their shield.**

**Trust the Eternal God, the awesome Eternal God!  
He is their help and their shield.**

**The Eternal God remembers us.  
He will certainly bless.  
He will certainly bless.  
He will certainly bless the house of Israel  
and the house of Aaron.**

**The awesome Eternal God will certainly bless both small and  
great.**

**The Eternal God will cause you to grow,  
you and your children.**

**You are blessed by the Eternal God,  
who made heaven and earth.**

**The heavens are the heavens of the Eternal God;  
and the earth He gave to the sons of Adam.**

**The dying certainly do not praise the Eternal God,  
nor do those who are dead.**

**But we will certainly say good things about the Eternal God from this time on and forevermore:**

**Hallelujah (Praise the Eternal God)!**

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**I love that the Eternal God constantly hears my call and my petitions.**

**I will keep on calling as long as I live,  
because He inclines His ear to me,**

**When pains of death and gates of Sheol encroach on me,  
when trouble will find me and sorrow already found me.**

**I will call on the name of the Eternal God,  
and you, Eternal God, Save my soul!**

**The Eternal God is gracious and righteous;  
our God(s) is compassionate.**

**The Eternal God preserves the simple-minded; when I had it,  
He will save me.**

**My soul, Calm down!**

**For the bountiful Eternal God is with you.**

**For You save my soul from death,  
my eyes from tears, and my feet from stumbling.**

**I will walk before the face of the Eternal God  
in the land of the living.**

**I can speak with confidence,  
because I believe, [though] I am greatly afflicted.**

**I said in my panic,  
All that are of Adam lie.**

**What can I give to the Eternal God,**

for all that I have comes from Him.

I will lift up the cup of salvation  
and call out the name of the Eternal God.

I will fulfill my vow to the Eternal God;  
I will keep it in the presence of all His people.

The death of his faithful [people] is precious  
in the eyes of the Eternal God.

Ah, Eternal God, indeed I am Your servant.  
I am Your servant, the son of your maiden [Mary]. You loosed  
my bonds [You cut the umbilical cord.]

To You I will offer a sacrifice of thanksgiving;  
I will call on the name of the Eternal God.

I will fulfill my vow to the Eternal God;  
I will keep it in the presence of all His people.

- In the courts of the house of the Eternal God

- In the midst of Jerusalem:

Hallelujah (Praise the Eternal God)!

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All People: Praise the Eternal God!

All Nations: Shout for joy to the Eternal God!

For great is His merciful kindness toward us,  
[so is] the universal faithfulness of the Eternal God. Hallelujah  
(Praise the Eternal God)!

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Give thanks to the Eternal God, for He is good! Yes, His loving

**kindness is universal forever (and for everyone).**

**Israel will now say: Yes, His loving kindness is forever (and for everyone)**

**The house of Aaron will now say: Yes, His loving kindness is forever (and for everyone.)**

**They that fear the Eternal God will now say:**

**Yes, His loving kindness is forever (and for everyone.)**

**I was boxed in, I called on the Eternal God,  
and the Eternal God gave me plenty of room.**

**The Eternal God is on my side;**

**I will not fear.**

**What can man do to me?**

**The Eternal God works through them,**

**who help me;**

**therefore, I will look down on those,**

**who hate me.**

**It is better to seek refuge in the Eternal God,  
than put trust in people.**

**It is better to seek refuge in the Eternal God,  
than put trust in good people.**

**All the Gentile nations surrounded me,**

**but in the name of the Eternal God,**

**I will surely circumcise them.**

**They surrounded me; they still surround me,**

**but in the name of the Eternal God,**

**I will surely circumcise them, [make them part of the Covenant]**

**They surround me like bees; they can be quenched as the fire of  
bramble bushes;**

**but in the name of the Eternal God, I will surely circumcise them.**

**You pushed me violently that I might fall;  
but the Eternal God helped me.**

**The Eternal God is my strength and song;  
He is my salvation.**

**The right hand of the Eternal God does great things;  
it produces the voice of rejoicing,  
and salvation in the tents of the righteous.**

**The right hand of the Eternal God is held high;  
the right hand of the Eternal God does great things.**

**I will not die, but live,  
and declare the works of the Eternal God.**

**The Eternal God has disciplined me again and again;  
but He has not given me over to death.**

**Open to me the gates of righteousness;  
I will go in through them,  
and I will praise the Eternal God.**

**The righteous will enter this gate of the Eternal God.**

**I will praise You;  
for You heard me and became my salvation.**

**The stone, which the builders rejected,  
has become the head stone of the corner.**

**This is the doing of the Eternal God;  
it is marvelous in our eyes.**

**This is the day, which the Eternal God made;  
we will rejoice and be glad in it.**

**I pray, Eternal God, save, now!**

**I Pray, Eternal God, hurry up!**

**Blessed is he, who comes by the name of the Eternal God; I, from the house of the Eternal God, bless You. [Say good things about You.]**

**God is the Eternal God, and He has given light to us. Secure the sacrifice with ropes to the horns of the altar.**

**You are my God, and I will praise You;  
my God, I will exalt You.**

**Give thanks to the Eternal God,  
for He is good; for His mercy endures forever (and is for everyone.)**

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⌘

**Blessed is the perfect way:  
They, who live in the law of the Eternal God.**

**Blessed are, they, who keep His testament,  
and he, who seeks it with a whole heart,**

**Also, they, who do no evil,  
but walk in his way.**

**You charged us  
to keep Your precepts diligently.**

**O that my ways were firmly established  
to keep Your law!**

**Then I will not be ashamed,  
when I look at all Your ordinances.**

**I will praise You with integrity of heart,  
by putting into effect the dictates of Your righteousness.**

**I will keep Your statutes:**

**For You will not forsake me, not now or ever.**

**א**

**How will a young man keep his way clean?**

**By keeping Your word.**

**With my whole heart I seek You;**

**do not cause me to depart from Your ordinances.**

**I learned Your word by heart  
that I will not sin against You.**

**You Eternal God are blessed;  
teach me to apply Your statutes.**

**With my lips I repeat  
all the statutes of Your mouth.**

**I rejoice in the way  
of Your testimonies,  
more so than in all riches.**

**I will meditate on Your precepts;  
I will watch for Your ways.**

**I will immerse myself in Your statutes;  
I will not forget Your word.**

**א**

**Treat Your servant well!**

**And, I will live and keep Your word.**

**Open my eyes! And I will see  
wonderful things revealed from Your law.**

**I am a stranger on earth;  
You will not hide Your ordinances from me.**

**My soul yearns for Your justice all the time.**

**You rebuke the presumptuous, who are cursing and deviating  
from Your ordinances.**

**Remove from me scorn and contempt!  
For Your law guides me.**

**And when authorities confront me,  
Your servant is mindful of your commandments.**

**Your statutes are my delight, my manly advisors.**

**7**

**My soul is crushed to dust;  
revive me according to Your word!**

**I confessed my blunders,  
and You replied;  
now teach me Your statutes!**

**My soul is mired in grief;  
raise me up with Your word.**

**Teach me the way of Your law!  
I will pay attention to Your marvelous ways.**

**Remove from me ways of lying!  
Grant me the ways of Your law!**

**I chose the way of truth;  
I spread out Your law before me.**

**Eternal God, I cling to your testimonies;  
I will not be put to shame.**

**I will run in the way of Your ordinances,  
for You will strengthen my heart.**

**7**

**Eternal God, teach me the way of Your law; and I will get its reward.**

**Give me an understanding of Your law!  
I will keep it, I will observe it wholeheartedly.**

**Guide me to walk in the way of Your ordinances,  
for I delight in it.**

**Incline my heart to Your testimonies,  
and not to greed!**

**Prevent my eyes from looking at vanity!  
Revive me in Your way [if I do]!**

**Open my eyes wide! And I will see  
the wonderful things that your law reveals. [Including natural laws]**

**Turn my shame, which I tread, [into exoneration]  
for your judgment is just.**

**Look! I long for Your statutes.  
According to Your righteousness, Revive me!**

¶

**Eternal God, according to Your word,  
Your loving kindness and salvation will come to me.**

**Because I trust in You,  
I will have a word with my accuser.**

**Because I totally rely on Your justice,  
You will not in the slightest correct one word of my mouth.**

**And I will keep your law continually  
forever and ever.**

**And I will go unhindered  
because I keep your commandments.  
I will testify before kings  
and not be bashful.**

**I will delight in your ordinances,  
which I love.**

**I will lift up my hands to Your ordinances, which I love;  
and I will meditate on Your statutes.**

†

**Remember the word [You gave] Your servant, upon which  
You have set my hope.**

**For this is my comfort in my affliction:  
Your word has given me life.**

**Though the arrogant mocked me to the utmost,  
I did not deviate from your law.**

**Eternal God I remember Your judgments from of old  
and in them I find comfort.**

**Zealous indignation has taken hold of me, because the wicked  
are abandoning Your law.**

**In the house of my temporary stay,  
Your statutes have been my songs.**

**Eternal God, at night, I recall your name;  
I keep your law.**

**This is my lot, because I treasure your precepts.**

†

**[You] Eternal God [are] my all,  
I am committed to keep Your word.**

**I pleaded in Your presence with all my heart: Be gracious to me according to Your word.**

**I seriously considered what was ahead of me; and I went straight to Your congregation**

**I hastened and did not delay, to keep your commandments.**

**A horde of the wicked bear witness against me, but I did not forget Your ordinances.**

**In the middle of the night I will get up to give thanks to You, because Your judgments are righteous.**

**I am a companion of all who fear You and observe Your statutes.**

**Eternal God, Your loving kindness fills the earth; teach me Your statutes.**



**Eternal God, as You promised, You did a good thing for Your servant.**

**Implant in me good judgment and knowledge because I trust Your ordinances.**

**When I was afflicted, I went astray, but now I keep Your word.**

**You are good and make good things happen. Teach me Your statutes!**

**The insolent fabricated a lie against me, though with all my heart I keep Your precepts.**

**Generous portions flatter their heart,  
but I delight in Your law.**

**It was good for me to be terribly tormented,  
so that I could better understand Your commandments.**

**It is better for me to have the law from Your mouth,  
than oxen of gold and silver.**

5

**Your hands made me and provide a solid foundation.  
Give me also the wisdom to comprehend Your ordinances!**

**They, who fear You, will see me and rejoice, because I wait  
for Your word [to come true].**

**Eternal God, I know that your judgments are just,  
which burdens me with faithfulness.**

**I will pray for Your loving kindness to comfort me,  
according to Your word to Your servant.**

**I will approach Your loving kindness,  
and I will live, because Your law is my delight.**

**The insolent will be shamed  
for they entangled me with falsehood,  
but I will meditate on Your precepts.**

**I will turn them to me,  
who fear You and know your testimonies.**

**In regards to Your statutes, my heart will be perfect,  
holy that I will not be ashamed.**

6

**My soul yearns for your salvation;**

**my only hope is Your word.**

**My eyes fail searching Your [written] word;  
I say, When will You comfort me?**

**I am like a leather skin in the smoke,  
yet I do not forget Your statutes.**

**How many are the days of Your servant?  
When will you render judgment on my persecutors?**

**The insolent set traps for me,  
which is not according to Your law.**

**All your ordinances are true;  
they [my persecutors] wrongfully persecute me. Help me!**

**They nearly made an end of me on earth;  
but I do not forsake Your precepts.**

**Give me life according to Your loving kindness  
that I will fulfill the testimony of Your mouth.**



**Eternal God, Your word is established  
in the heavens forever.**

**You secured Your faithfulness to all generations on earth; and  
it abides.**

**As for Your judgments, they stand to this day,  
for they are for all your servants.**

**If Your law were not my delight,  
I would perish in my affliction.**

**I will never ever forget Your precepts,  
for in them You give me life.**

**I am Yours, save me!  
For I seek Your precepts.**

**The wicked lie in wait for me to destroy me,  
but I focus on Your testimonies.**

**I see that every good thing has limitations,  
but Your ordinances are exceedingly broad.**



**Oh, how I love Your law;  
it is on my mind all day.**

**Your ordinances make me wiser than my enemies,  
because it is forever before me.**

**I am more prudent than my teachers,  
because the testimonies of Your mind are mine.**

**My understanding is better than the elders,  
because I keep Your precepts.**

**I keep my feet from every evil way,  
in order to keep Your word.**

**I absolutely do not alter Your commandments, because You  
taught me them.**

**How pleasant are Your words to my palate!  
Sweeter than honey to my mouth!**

**From Your precepts I gain insight;  
therefore, I hate every trace of falsehood.**



**Your word is a lamp for my feet  
and a light for my path.**

**I have sworn and I am determined  
to keep to Your righteous guidelines.**

**I am getting deep and deeper into trouble; Eternal God, revive  
me  
according to Your word and promise.**

**Eternal God, I pray  
accept the freewill offerings of my mouth: Teach and train me  
according to Your judgments.**

**My soul is continually in my hand;  
and I do not forget Your law.**

**The wicked set a trap for me;  
but from Your precepts I did not stray.**

**I have chosen Your testimonies as eternal heritage,  
or they bring rejoicing to my heart.**

**I put my heart into performing  
Your statutes forever and then some.**

**o**

**I hate half-heartedness;  
but I love Your law.**

**You are my hiding place  
and my protective shield;  
I wait for the promise of Your word.**

**Turn away from me you promoters of evil!  
I will keep the ordinances of my God.**

**Uphold me with Your word; I will live  
and I will not be shamed by my expectation.**

**Sustain me! I will be secure and  
I will always pay attention to Your statutes.**

**You frustrate all, who stray from Your statutes, because of  
their fraud and deceit.**

**You abolish all wickedness on earth like trash;  
thus I love Your testimonies.**

**My flesh fearfully bristles on account of You,  
it fears Yours judgments.**

**ע**

**What I do is just and righteous;  
You will not leave me to my oppressors.**

**Be a good backup for Your servant!  
The insolent will not oppress me.**

**My eyes focus on Your salvation  
and Your righteous word.**

**Deal with Your servant according to Your loving kindness!  
Impress Your statutes into my mind!**

**I am Your servant, give me discernment!  
And I will understand Your testimonies.**

**Eternal God, it is high time to do something! For they despise  
your law.**

**That is why I love Your ordinances:  
[They are more valuable] than gold, pure gold.**

**In every respect,  
I have a high regard for all Your statutes,  
and I utterly detest every kind of falsehood.**

**D**

**Your testimonies are wonderful;  
my soul definitely treasures them.**

**The introduction of Your word brings light;  
and understanding to the simple minded.**

**My jaw dropped and I gasped for air,  
or I long for Your ordinances.**

**Look at me and be gracious,  
as you are toward those, who love Your name.**

**Direct my ways with Your word!  
And sin will have no control over me!**

**Rescue me from oppression by Adam's kind and I will keep  
your precepts.**

**Enlighten Your servant with Your presence  
and teach me Your standards!**

**Rivers of tears run down from my eyes,  
for [people] do not keep your law.**

**E**

**Eternal God, You are righteous  
and upright are Your judgments.**

**You have ordained Your righteous  
and very faithful testimonies.**

**My zeal consumes me,  
because my enemies completely forgot Your words.**

**Your word is very pure;  
Your servant loves it.**

**I am insignificant and despised,  
yet I do not forget your precepts.**

**Your righteousness is an everlasting righteousness;  
and Your law is truth.**

**Trouble and anguish overtake me,  
yet Your ordinances are my delight.**

**The righteousness of Your testimonies is everlasting;  
give me understanding and I will live.**

פ

**Eternal God, I cry out with all my heart.  
Answer me! I will observe Your statutes.**

**I cry out to You: Save me!  
I will keep Your testimonies.**

**I eagerly await the coming of dawn  
and I call for help; I look to Your word.**

**I open my eyes wide during night watches  
to meditate on Your word.**

**According to Your loving kindness, Eternal God, Hear my call!  
Invigorate me according to Your justice.**

**They, who chase wickedness, are on the increase,  
[but] they are far from Your law.**

**You, Eternal God, are at hand;  
Your ordinances are truth.**

**I have known Your testimonies all along;  
for You have established them for eternity.**

פ

**Look at my mess! Draw me out of it!**

**For I do not forget Your law.**

**Settle my issue! As a kinsman redeem me!**

**In line with Your word, give me a life!**

**Salvation is far from the wicked,  
because they do not seek Your statutes.**

**Eternal God, Your compassion is great;  
Your judgments give me life.**

**My persecutors and my enemies are many;  
yet I will not turn from Your testimonies.**

**I see treacherous dealers and I am disgusted, because they do  
not keep Your word.**

**Look! How I love Your precepts! Eternal God, revive me by  
Your loving kindness.**

**The basic eternal ingredient of Your word is truth,  
and of judgments Your righteousness.**



**Princes persecute me without justification,  
yet my heart stands in awe of Your word.**

**I am rejoicing at Your word  
as one who found great riches.**

**I hate and detest falsehood;  
[but] I love Your law.**

**I praise you seven times a day,  
because of your righteous judgments.**

**They, who love You, have great peace;  
for them stumbling blocks do not exist.**

**Eternal God, I wait for your salvation;  
and I do what Your ordinances say.  
My soul keeps your testimonies,  
I love them very much.**

**I keep You precepts and Your testimonies,  
for all my ways are before You.**

**א**

**Eternal God, my call keeps on coming to You: Give me  
understanding, in conformity to Your word!**

**My petition will continue to be in Your face: Rescue me, as you  
said [You would.]!**

**My lips will bubble Your praise,  
for You keep on teaching me Your statutes.**

**My tongue will speak Your word,  
for all your ordinances are righteousness.**

**Your hand will help me,  
or I have chosen Your precepts.**

**Eternal God, I long for your salvation,  
because Your law is my delight.**

**My soul will live and I will exceedingly praise you;  
and, Your judgments will help me.**

**I went astray like a lost sheep.**

**Diligently seek Your servant!**

**For do not forget your ordinances.**

**In my distress, I called upon the Eternal God, and He heard me.**

**Eternal God, preserve my soul!**

**[From trash talk] A lying lip, a deceitful tongue.**

**Oh lying tongue! What will He give to you?**

**What will He add to you?**

**The warrior's sharp fiery arrows, [made from] Broom Tree stalks.**

**Poor me, I am a foreigner in Meshech/Turkey and I live among the tents of Kedar.**

**For too long, my soul lived with him, who hates peace.**

**I [promote] peace, but when I speak, they are for war.**

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**I will lift up my eyes to the hills.**

**Where does my help come from?**

**My help comes from the Eternal God, who made the heavens and the earth.**

**He will not let your foot slide;**

**He, who keeps you, will not fall asleep.**

**Look, He, who keeps Israel, will neither slumber nor sleep.**

**The Eternal God is your keeper; the Eternal God is your shade at your right hand.**

**The sun will not strike you by day,**

**nor the moon by night.**

**The Eternal God will preserve you from all evil; He will preserve your soul.**

**The Eternal God will preserve your going out and your coming in, now and forevermore.**

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**I was glad when they said to me,  
We will go to the house of the Eternal God.**

**Jerusalem, our feet are standing within your gates.**

**Jerusalem is a city that solidifies [people] as one.**

**It is a [living] testimony of Israel, to which tribes, tribes of the Eternal God, go up to give thanks to the name of the Eternal God.**

**For there are the judgment seats, the seats of the house of David.**

**Pray for the peace of Jerusalem that they, whom You love, are secure.**

**[That] there will be peace within its walls and blessing in its palaces.**

**For the sake of my brothers and my friends, I insist on repeating: Please, peace to you.**

**Because of the house of the Eternal God, our God(s), I seek your good.**

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**You, who dwell in the heavens,**

**to You I lift up my eyes.**

**Look! As the eyes of servants look at the hand of their masters, as the eyes of maid servants look at the hand of their lady, our eyes look to the Eternal God, our God(s), until He is gracious to us.**

**Eternal God, be gracious to us!**

**Be gracious to us**

**because we put up with utter contempt.**

**Our soul is saturated and overflows with scorn of arrogant complacent do-nothings.**

[Home](#) **Psalm 124** [Index](#)

**If the Eternal God has not been on our side,  
Israel will now admit,**

**If the Eternal God has not been on our side,  
when Adam's kind rose up against us,**

**They would have swallowed us up alive,  
when their anger was fiery hot.**

**Water would have washed us away;  
the river would have gone over our head/soul.**

**Raging water would have gone through our soul.**

**Blessed be the Eternal God, who did not give us as fodder for  
their teeth.**

**Our soul escaped like a bird from the fowler's trap;  
the trap was broken and we were rescued.**

**Our help is in the name of the Eternal God,  
who made heavens and earth.**

**They, who trust the Eternal God,  
are like Mount Zion that cannot be moved.**

**The Eternal God surrounds His people, now  
and into eternity, as hilltops surround Jerusalem.**

**The scepter of wickedness has no place in the granted land of  
the righteous so that the righteous do not lend a hand to  
wrongdoing.**

**Eternal God,  
Do good to those who are good  
and upright in their hearts!**

**The Eternal God will eliminate workers of iniquity,  
those who are stuck in their evil ways,  
that there will be peace in Israel.**

**Eternal God, when You brought about such a restoration of  
Zion,  
we were like those who dream.**

**Then our mouth was filled with laughter and our tongue with  
singing, and they said among the nations,  
The Eternal God is about to do great things with them.**

**The Eternal God is doing great things for us;  
and we are glad.**

**Eternal God restore the flowing of streams in the  
Negev/desert!**

**[That] they, who sow in tears,  
will reap in joy.**

**Surely he, who goes out weeping,  
as he carries seed for sowing,  
will certainly come rejoicing, carrying his sheaves.**

[Home](#) **Psalm 127** [Index](#)

**If the Eternal God will not build the house,  
they, who build it, labor in vain;  
if the Eternal God will not watch the city,  
they who watch it, watch in vain.**

**It is in vain for you to rise up early,  
to stay up very late;  
to eat bread while worrying;  
for surely, He gives to His beloved sleep.**

**Look! A heritage is from the Eternal God; and so are  
sons/children (the fruit of the womb).**

**Like arrows in the hand of a warrior,  
so are sons/children of young people.**

**Blessed is the man, who has his quiver full of them;  
they will not be ashamed, for they take their enemies to court.**

[Home](#) **Psalm 128** [Index](#)

**Blessed are all, who fear the Eternal God,  
as they walk in His ways.**

**[You are blessed] because you will enjoy  
and be happy with the labor of your hands,  
and it will be well with you.**

**Your wife will be like a thriving vine on the side of your house,  
your children like olive shoots around your table.**

**Look! That is how the man is blessed,  
who fears the Eternal God.**

**The Eternal God will bless Zion,  
and you will see the good of Jerusalem  
all the days of your life.**

**You will see the children of your children,  
for there is peace in Jerusalem.**

**Blessed are all, who fear the Eternal God,  
as they walk in His ways.**

[Home](#) **Psalm 129** [Index](#)

**People afflicted me greatly, ever since my youth. But Israel  
will now say,**

**People afflicted me greatly, ever since my youth; but they did  
not overcome me.**

**They engraved on my inner self (my soul) their gross iniquity.  
But the righteous Eternal God relieved me  
from the imposed bondage of their iniquity.**

**For He keeps on putting to shame  
and turning back those who hate Zion.**

**They are like grass on a roof;  
it dries up before it grows;**

**With it, its reaper has nothing in his hand to bind into  
sheaves.**

**And passers-by will not say:**

**We bless you with the blessing of the Eternal God  
in the name of the Eternal God.**

**Out of the depths I cry to You Eternal God.**

**My Lord hear my voice! Let Your ears be attentive to the voice of my requests!**

**If the Eternal God, my Lord, should keep a record on guilt, who will stand?**

**But with You is forgiveness that You may be feared.**

**I wait for the Eternal God; my soul waits; and His word I trust.**

**My soul waits for my Lord more anxiously than they who await the morning, who long for daylight.**

**Let Israel put all of its hope in the Eternal God, for with the Eternal God is loving kindness, and with Him is superabundant redemption.**

**And He will redeem Israel from all of his guilt.**

**Eternal God, I am not arrogant in my heart, I do not look down on others with my eyes, and have no delusions of grandeur.**

**I trimmed and suppressed my soul/ego, my soul is satisfied like an infant on its nursing mother's breast.**

**Israel, utterly rely on the Eternal God! From this time on and forever.**

**Eternal God, remember David!**

**On account of all his afflictions:**

**He made an oath before the Eternal God;  
he vowed before the Mighty One of Jacob:**

**I will not go into the tent of my house,  
or on the couch of my rest,**

**I will not let my eyes sleep,  
or my eyelids fall shut,**

**Until I find a place for the Eternal God,  
a sanctuary for the Mighty One of Jacob.**

**Look! We heard about it in Ephrata and found [a place for] it  
in a wooded area.**

**We will go to His sanctuary and promote worshipping at the  
footstool of His feet.**

**Arise Eternal God! To Your resting place!  
You and the ark of Your strength.**

**Your priests will be clothed in righteousness; Your faithful  
ones will shout for joy.**

**For the sake of Your servant David, the face of Your  
anointed/Messiah will not turn away.**

**For the Eternal God has sworn to David;**

**He will not turn away from [this] truth:**

**From the fruit of your body**

**I will set [the Messiah] on your throne.**

**If your sons will keep my covenant and my testimony, I will**

**guide them and their sons will sit on your throne also.**

**For the Eternal God has chosen Zion;  
He really wants it to be His dwelling place.**

**This is my resting place for all time;  
here I will always dwell, because I really want it.**

**Her provisions I will most certainly bless;  
I will satisfy her poor with bread.**

**Her priest I will clothe with salvation;  
and her worshippers will shout for joy.**

**There I will make the horn of David sprout;  
I will prepare a light [star?]  
for my anointed/Messiah.**

**I will clothe his enemies with shame;  
and His crown will sparkle on Him.**

[Home](#) **Psalm 133** [Index](#)

**Look! How good and how pleasant it is  
for brothers to dwell together in unity.**

**It is like fine oil/perfume on the head, running down the beard,  
the beard of Aaron, running down the full length of his clothing.**

**It is like the dew of (Mount) Hermon, descending over the hill  
tops of Zion, where the Eternal God arranged this blessing -  
life everlasting.**

[Home](#) **Psalm 134** [Index](#)

**Eternal God, Look and bless all servants of the Eternal God,  
who stand in the house of the Eternal God at night!**

**Raise your hands in the sanctuary  
and bless the Eternal God exceedingly.**

**They will bless the Eternal God of Zion,  
for He is sustaining heaven and earth.**

[Home](#) **Psalm 135** [Index](#)

**Praise the Eternal God! [Hallelujah!]**

**Glorify the name of the Eternal God!**

**Servants, praise the Eternal God!**

**You, who stand in the house of the Eternal God and in the  
courts of the house of our divine things,**

**Praise the Eternal God,**

**for the Eternal God is good!**

**Sing praise to his name, for it is delightful!**

**For the Eternal God chose Jacob for himself,  
and Israel for his possession.**

**For I know that the Eternal God is great,  
and that our Lord is above all gods.**

**The Eternal God created everything that is pleasing in the  
heavens, on earth, in the seas and in all depths.**

**He causes vapors to ascend from the end of the earth; He  
makes lightnings for rain;**

**He brings wind from its hollows.**

**He killed Egypt's firstborn of both man and animal.**

**He sent signs and wonders into the heart of Egypt, on  
Pharaoh and his servants.**

**He defeated many nations,  
and struck down mighty kings.**

**Sihon king of the Amorites, Og king of Bashan and all the kingdom of Canaan.**

**He gave their inherited land,  
as a heritage to Israel, His people.**

**Eternal God, Your name endures forever;  
Eternal God Your remembrance lasts  
from generation to generation.**

**The Eternal God will justify His people  
and on His servants He will bestow grace.**

**The grievous idols of the nations are silver  
and gold, the handiwork of Adam.**

**They have mouths but do not speak;  
they have eyes but do not see.**

**They have ears but do not hear;  
indeed, there is no spirit (breath) in their mouths.**

**They, who make them,  
and they who trust in them, are like them. [But]**

**house of Israel, exceedingly bless the Eternal God!**

**House of Aaron, really bless the Eternal God!**

**House of Levi, really bless the Eternal God!**

**[You, who] fear the Eternal God,  
say nothing but good about Him!**

**The Eternal God, who dwells in Jerusalem is blessing out of  
Zion.**

**Hallelujah (Praise the Eternal God)!**

**His loving kindness is forever (and for everyone.)**

**Give thanks to the God(s) of gods!**

**His loving kindness is forever (and for everyone.)**

**Give thanks to my Lord of lords!**

**His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him, who is the only one that does great miraculous work.**

**His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him who intricately devised the heavens.**

**His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him, who organized and separated continents from oceans.**

**His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him, who created great lights.**

**His loving kindness is forever (and for everyone.)**

**[He made] the sun to rule by day.**

**His loving kindness is forever (and for everyone.)**

**[He made] the moon and stars to govern by night.**

**His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him,  
who struck down the firstborn of Egyptians.**

**His loving kindness is forever (and for everyone.)**

**And He let Israel escape from them.**

**His loving kindness is forever (and for everyone.)**

**With a strong hand, and with an outstretched arm. His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him,  
who divided the Red sea into two.**

**His loving kindness is forever (and for everyone.)**

**And let Israel pass through the middle.**

**His loving kindness is forever (and for everyone.)**

**But overthrew Pharaoh and his army in seaweeds. His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him,  
who led His people in the wilderness.  
His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him, who struck down great kings. His loving kindness is forever (and for everyone.)**

**[Give thanks] to Him, who eradicated kings.  
His loving kindness is forever (and for everyone.)**

**Sihon, king of the Amorites.  
His loving kindness is forever (and for everyone.)**

**And Og, king of Bashan.  
His loving kindness is forever (and for everyone.)**

**And gave their land as a heritage,  
His loving kindness is forever (and for everyone.)**

**As a heritage to Israel His servant.  
His loving kindness is forever (and for everyone.)**

**[Give thanks to Him], who  
remembered us in our low estate.**

**His loving kindness is forever (and for everyone.)  
And redeemed us from our enemies.**

**His loving kindness is forever (and for everyone.)  
[Give thanks] to Him, who gives food to all flesh.**

**His loving kindness is forever (and for everyone.)  
Give thanks to the God of the heavens!**

**His loving kindness is forever (and for everyone.)**

**indeed we wept and remembered Zion.**

**(We had left our musical instruments in the desert.)**

**For our captors said, Sing a song!**

**And our tormentors, Make music!**

**Sing to us a song about Zion!**

**How can we sing a song about the Eternal God, [as captives]  
in a foreign land?**

**If you forget Jerusalem, my right hand will forget [you].**

**My tongue will stick to my palate,**

**if I do not remember you,**

**if I do not exalt Jerusalem as my greatest joy.**

**Eternal God remember the sons of Edom,**

**when in the day [of destruction] of Jerusalem they said, Cut it  
down!**

**Cut it down to its very foundation!**

**Doomed daughter of Babylon,**

**blessed is he, who gives back to you**

**what you have given us.**

**Blessed is he, who takes**

**and dashes your infants against the rock.**

[Home](#) **Psalm 138** [Index](#)

**I will promote giving thanks to You with all my heart; I will  
make music for You before dignitaries.**

**I will promote worship at Your holy sanctuary, Your name, Your  
loving kindness and Your faithfulness, for You magnified above  
all Your name, Your word.**

**In the day that I called out to You,**

**You answered me and fortified my soul with strength.**

**All the kings of the earth will praise You, Eternal God, after they will have heard the words of Your mouth.**

**And they will sing the praises of Your ways, Eternal God, because the glory of the Eternal God is great.**

**The Eternal God is exalted, yet He has regard for the lowly, but the conceited self-centered He recognizes from afar.**

**Though I am in the midst of trouble, You will invigorate me against my angry enemies; You will stretch out Your hand and rescue me with Your right hand.**

**The Eternal God will take care of my concerns, because the loving kindness of the Eternal God is universal (for all time and everyone): You will not forsake the work of Your hand (Your creation).**

[Home](#) **Psalm 139** [Index](#)

**Eternal God, You frisked me  
and know everything about me.**

**You know my sitting down and my getting up;  
You know my thoughts from afar.**

**[You know] my habits, even my mating  
and you complicate all my trivialities.**

**Look Eternal God! There is not [one] word on my tongue that  
escapes You.**

**You laid Your hand on me, and hedged me in, on behind and  
in front.**

**This knowledge is incredibly wonderful to me;  
it is incomprehensible.**

**Where can I avoid Your Spirit?**

**Or where can I escape Your presence?**

**When I kiss the sky, you are there; when I stretch myself out in Sheol/Hell/Grave, you are there.**

**If I arise with wings in the morning,  
if I am lost at sea,**

**Even then your hand will guide me  
and hold me with Your right hand.**

**And should I say, Darkness will overshadow me, [Your] light surrounds me at night.**

**Indeed, darkness will not hide from You, because [for You] night is as bright as day;  
as is darkness so is light.**

**You fashioned and claimed ownership of my inner self; You overshadowed me in my mother's womb.**

**I will praise You,  
because I am fearfully and wonderfully made; Your workmanship is marvellous;  
my soul knows it very well.**

**The potential of my being was no mystery to You when I was intricately and secretly fashioned; I was embroidered with rare earths.**

**When Your eyes envisioned my as yet unborn substance, everything was recorded in your book: Days were laid out for me, when as yet did not exist.**

**How precious are Your thoughts towards me, oh God?! How fantastic is the best of them?!**

**Should I count them, they would exceed grains of sand. And**

when I awake [from such a nightmare] there is still You.

Oh, that God would destroy the wicked and make  
bloodthirsty men turn away from me!

Those who maliciously speak against You,  
Your guardians rise up in vain.

Eternal God, do I not hate those who hate You; and [do I not]  
loathe those who rise up against You?

I hate them with a holy hatred;  
I consider them to be my enemies.

God search me, look into my heart,  
examine me to understand my thinking!

And see, if there is a wicked way in me,  
and lead me in the everlasting way!

[Home](#) **Psalm 140** [Index](#)

The Eternal God, will most definitely rescue me from evil  
Adam's kind, from unjust violent men He will preserve me.

All, who have evil at heart, have war on their mind all day long.  
They wet their tongue like a serpent; under their lips is the  
poison of a snake. **Selah.** [Repeat]

Eternal God, keep me from the hands of the wicked! You will  
protect me from the violent, who plot to make my foot  
stumble.

The arrogant have hidden a trap of ropes for me; by hand,  
they extended a net along the road; they set up stumbling  
blocks for me.

**Selah.** [Repeat]

**I said to the Eternal God, You are my God. Eternal God, listen to the sound of my petitions!**

**Eternal God, my lord, the strength of my salvation, You protected my head in the day of battle.**

**Eternal God, You will not grant wicked desires or scaming intentions; You will not give them cause to boast. Selah. [Repeat]**

**The leader of those, who encircle me, will forcefully press shut their mischievous lips.**

**Burning coals of fire will befall them; He will make them fall into an abyss, and they will not rise up.**

**A slandering man will not be established on earth; a [another] violent man will hunt him down and subdue him.**

**I know that the Eternal God will uphold the afflicted; there will be justice for the poor.**

**Surely the righteous will give thanks to Your name; the upright will dwell in Your presence.**

[Home](#) **Psalm 141** [Index](#)

**Eternal God, I am calling out to You.**

**Hasten to me! Give my voice a hearing, as I am calling on You.**

**My prayer is raised before You, like incense, and the lifting of my hands, like an evening sacrifice.**

**The Eternal God will set a guard over my mouth, [who is told] 'Watch!' - the door of my lips.**

**You will not incline my heart to do anything evil, to mix [my] works with the wicked, with workers of iniquity; I will not fight over their luxuries.**

**The righteous will strike me gently; his rebuke is excellent oil that does not hurt my head or my spirit. (Yet I pray for those who do me harm.)**

**Their supreme judges are easily (single-handedly) persuaded, and they listen to my words, for they are delightfully true.**

**Through hard work, such as digging in earth, our essence ends at the entrance of Sheol (the grave).**

**But my eyes are focused on You, Eternal God, my lord; I take refuge in You, and my soul is not utterly wasted.**

**[So] keep me from the traps that they set for me, and from the snares of evil-doers.**

**The wicked will fall into their contraptions, as I keep on going unharmed.**

[Home](#) **Psalm 142** [Index](#)

**My voice cries out to You, Eternal God;  
my voice appeals to the Eternal God.**

**I pour out my complaint before His face;  
I tell him my trouble.**

**My spirit collapsed on itself;  
You know the road I'm on;  
along my way they concealed a trap for me.**

**Look, [Eternal God,] my right hand and see!  
No one is concerned about me. There is no refuge, because no one cares about my soul.**

**I cried out to You, Eternal God; I said, You are my shelter, my portion in the land of the living.**

**Attend to my cry, for I am brought very low,! Rescue me from**

my persecutors, for they are stronger than I.

To the praise of Your name, bring my soul out of prison! And righteous people will surround me, because You keep on being gracious to me.

[Home](#) **Psalm 143** [Index](#)

Eternal God, hear my prayer! Lend an ear to my requests! In Your faithfulness respond to me with Your righteousness! You will not enter into judgment with Your servant, because of all living [people] no one is righteous in Your sight.

For an enemy persecuted my soul; he crushed my life to the ground; he consigned me to darkness, like the dead of long ago.

My spirit within me he oppressed;  
my inner heart he stressed.

I think of old times; I consider all Your doings;  
I talk about the work of Your hands.

I stretch out my hands to You;  
as a thirsty land, my soul thirsts for You. **Selah.**[Repeat]

Eternal God, answer me quickly! My spirit fails. Do not hide Your face from me!

Lest I be like those falling into a pit.

Let me hear Your loving-kindness in the morning, for I trust in You; let me know the way for me to walk in; for I lift up my soul to You.

Eternal God, in You I take shelter;  
rescue me from my enemies!

**Teach me to do Your will, for You are my God; Your good spirit will lead me on level ground.**

**Eternal God, for the sake of Your name,  
You will revive me; according to Your righteousness You will bring my soul out of trouble.**

**And in Your mercy You will put an end to my enemies, and bring to nothing all tormentors of my soul, because I am Your servant.**

[Home](#) **Psalm 144** [Index](#)

**The Eternal God, my rock, will be blessed;  
He perfects my hand for war and my fingers for battle.**

**[He is] my loving kindness and my fortress, my refuge and my deliverance, my protector, in whom I trust, who subdues my people under me.**

**Eternal God, what is Adam's kind that You acknowledge it?  
[What is] the son of man that You think about him?**

**Adam's kind [may be compared] to a fog, his days to a fleeting shadow.**

**Eternal God extend Your heavens!  
And You will come down. Touch the mountains! And they will smoke.**

**Flash Your lightning! And You will disperse them [people].  
Shoot Your arrows!**

**And You will destroy them [people].**

**Stretch out Your hand from on high and rescue me! And You will rescue me from overwhelming waters, from the hand of sons-of-aliens,**

**Whose mouth talks about worthless things  
and their right hand is falsehood.**

**O God(s), I will sing a new song to You;  
on a ten-string guitar, I will make music to You.**

**Who gives salvation to kings? Who rescues David, His  
servant, from the sword of the wicked?**

**Preserve me, and rescue me from the hand of aliens, whose  
mouth utters falsehood  
and whose right hand is deception,**

**That our sons shoot up as plants in the Spring, and our  
daughters as refined sculptures in palaces,**

**[That] our fortress be full, supplying everything, even  
provision for sheep, from innumerable numbers of fields,**

**[That] our great ones can function, [that] there is no  
breakdown, no shortage, no protest in the streets.**

**Thus people are blessed; for people, with the Eternal God as  
their God(s), are blessed.**

[Home](#) **Psalm 145** [Index](#)

**As Your king, I will exalt You my God(s);  
I will bless Your name forever and ever.**

**I will bless You everyday;  
I will praise Your name for ever and ever.**

**The Eternal God is great and to be highly praised; His  
greatness is immense, beyond finding out.**

**Each generation will extol Your works to the next and glorify  
Your might.**

**The splendor of Your majesty is glorious;**

**I will meditate on Your marvellous works.**

**People will speak of Your fear-invoking might; and I will declare Your greatness.**

**People will call to mind Your great goodness and sing of Your righteousness.**

**The Eternal God is gracious and compassionate, slow in anger and great in loving kindness.**

**The Eternal God is good to all and has compassion on all His works.**

**They will praise You, Eternal God; all Your works and Your saints will bless You.**

**They will speak of Your glorious kingdom and talk of Your might,**

**To make known to the sons of Adam His mighty acts and the glorious majesty of His kingdom.**

**Your kingdom is an everlasting kingdom; Your authority is over all generations.**

**The Eternal God upholds all, who fall; and He raises up all, who are bent down.**

**All eyes are on You and wait because You give them their food at the proper time.**

**You open Your hand and satisfy the need of every living thing.**

**The Eternal God is righteous in all His ways and gracious in everything He does.**

**The Eternal God is near to all, who call on Him, to all, who faithfully pray to Him.**

**He will fulfill the desire of those who fear Him; He will hear**

**their cry for help and save them.**

**The Eternal God preserves all who love Him; and He will cause destruction for all the wicked.**

**My mouth will declare the praise of the Eternal God, and all flesh will wholeheartedly bless His holy name into all eternity.**

[Home](#) **Psalm 146** [Index](#)

**Praise the Eternal!**

**My soul, praise the Eternal God!**

**I will praise the Eternal God;  
as I live, I will continually sing to my God(s).**

**You will not trust in princes, nor in humanity,  
in whom there is no dependability.**

**The very day, when their spirit returns to its earth, their plans perish.**

**Blessed [is he] who looks to the God of Jacob for his help,  
whose hope is in the Eternal God, his God(s).**

**He made heavens and earth, the sea,  
and all that is in it. He remains faithful forever,**

**He carries out justice for the oppressed;  
He gives food to the hungry.**

**The Eternal God sets prisoners free.**

**The Eternal God opens the eyes of the blind;  
the Eternal God raises the downcast;  
the Eternal God loves the righteous.**

**The Eternal God guards and protects strangers, orphans, and widows;**

but the way of the wicked he turns upside down.

O Zion, the Eternal God, Your God(s), reign forever, for generations.

Praise the Eternal! =(Hallelujah)

[Home](#) **Psalm 147** [Index](#)

Hallelujah (Praise the Eternal God),  
because it is good to glorify our God(s);  
it is a delightful pleasant [form of] adoration.

The Eternal God establishes Jerusalem,  
[there] He gathers the downcast of Israel.

He heals the broken heart;  
He binds up their wounds.

He knows their number [they are as many] as stars; yet he  
calls them by name.

Our lord is great, mighty in power; to comprehend Him  
surpasses rational limits.

The Eternal God takes a stand for the humble; He pulverizes  
the arrogant to dust.

Thankfully sing to the Eternal God!  
Make music to our God(s) with the guitar.

Who covers the heavens with clouds?  
Who drenches the earth with rain?  
Who made mountains grow like grass?

He gives food to an animal that is dumb  
and the young crow that squawks.

He is not amazed by the strength of a horse,;  
He is not impressed by a man's [strong] legs.

**The Eternal God is pleased with them that fear Him, them, who look for His loving kindness.**

**Jerusalem glorify the Eternal God! Zion praise Your God(s).**

**Because He strengthened the bars of your gates; He has richly blessed your children in your midst.**

**He secures peace in your territory;**

**He satisfies you with rich food/much wheat.**

**Who issues orders for the world?**

**His word is immediately effective.**

**He provides snow, as if it were wool;**

**He sprinkles frost, as if it were ashes.**

**He sends His hail, as forerunners of His cold. Who can stand it?**

**He sends His word and it melts them [snow, frost and hail] into water, which His wind scatters.**

**He reveals His word to Jacob,**

**His statutes and His judgments to Israel.**

**He has done this with no other nation;**

**and for His judgments - they do not know them.**

**Hallelujah! (Praise the Eternal God!)**

[Home](#) **Psalm 148** [Index](#)

**Hallelujah! Praise the Eternal God who is from heaven! Exalt Him to the highest!**

**Praise Him all His angels!**

**Praise Him all His mighty ones!**

**Praise Him sun and moon!**

**Praise Him all His stars of light!**

**Praise Him heaven of heavens! [Praise Him fountains of] waters from above, the heavens!**

**They will [all] praise the name of the Eternal God, for He placed the order, and they were created.**

**He established them forever and ever;  
He gave an order, which will not pass away.**

**From creatures on earth to all depth [of the sea], praise the Eternal God.**

**Fire and smoke, snow and hail, even tempestuous wind are fulfilling His word.**

**[So do] mountains and all hills, fruit trees and all cedars,  
Cattle and all living beings, creeping things and flying fowl,  
Kings on earth and all people, princes  
and all judges on earth,**

**Young men, indeed maidens, old men  
and young children.**

**They will greatly praise the name of the Eternal God, for His name is exalted above all  
and His glory is above earth and the heavens.**

**He exalts the horn for His people. Praise-worthy of all His saints, sons of Israel, [all] people close to Him, Praise the Eternal God (Hallelujah)!**

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**Praise the Eternal God (Hallelujah)!**

**Sing to the Eternal God a new song of His praise in the assembly of saints!**

**Israel will rejoice in its creator;  
sons of Zion will be joyful in their King.**

**They will praise His name by a dance;  
with timbrel and stringed instruments,  
they will make music to Him.**

**For the Eternal God has delight in His people;  
He will adorn the afflicted with salvation.**

**The humble will rejoice in glory;  
those confined to their beds will jump for joy,  
[With] high [praises] of God in their mouth,  
and a two-edged sword in their hands,**

**To bring about vengeance on nations,  
and chastisement on people,**

**To imprison their kings with chains  
and their nobles with fetters of iron,**

**To execute upon them the written [predicted] judgment. - This is  
in store for all His saints. Hallelujah! Praise the Eternal God!**

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**Hallelujah! = Praise the Eternal God!**

**Praise God in His sacredness!**

**Praise Him in His mighty domain!**

**Praise Him for His strength and might!**

**Praise Him in proportion to His excellent greatness!**

**Praise Him with trumpet sound!**

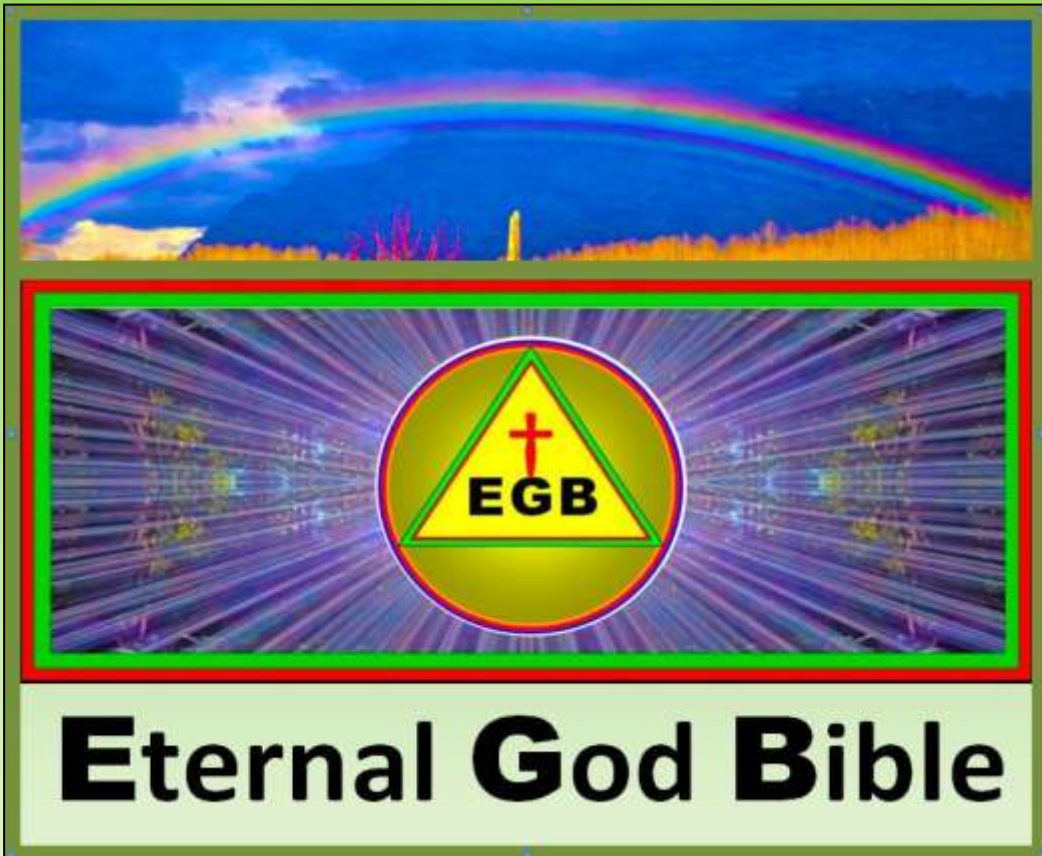
**Praise Him with mandolin and harp.**

**Praise Him with tambourine and dance!**

**Praise Him with guitar and flutes.**

**Praise Him with loud clashing cymbals!  
Praise Him with battle cry, pots and pans.**

**Everything that has breath will praise  
the Eternal God, Hallelujah.**



# ETERNAL GOD BIBLE

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# Introduction To The Psalms

By Paul Welk

It's been said, "*Hymnals are theology textbooks for Common People.*" The same is true of the Book of Psalms. The Psalms summarize the divine theology of the Bible.

The 150 Psalms are the gem of Divine Biblical Revelations. They rival the Gospel of John and the Pastoral Letters of the Apostles. While translating the Psalm, this translator also realized that the Book of Psalms is the most effective evangelism tool. It is the key to understanding the universe. It is the key to understanding yourself. It gives you the key to the heart of God. The Psalms are so effective, because they generate personal relationships with God: We are speaking to God; and the Eternal God speaks into our heart and emotions to resolve grief, loneliness, rejection, guilt, sorrow, physical and mental pain BUT ALSO JOY AND JUBILATION.

Virtually every Psalm is messianic, because the Eternal God of the Psalms is the very same Eternal God, who assumed human flesh and blood to reconcile us to Himself. In the Psalms we find countless direct and indirect references to Christ, the Divine Savior. Every prediction in the Psalms became reality in our Divine Savior, our problem solver for every consequence of sin, above all death. The Book of Psalms helps us to explore and develop our relationship with Je-Sus, the Divine Savior. Above all, reading the Psalms creates faith. Therefore, the Psalms are a MUST READ for newcomers and old-timers.

An Audio Format allows you to listen while doing chores around the house, driving, or sitting in an easy chair. So whether you hear or read personal pronouns, like I, you, he, me, my, let God speak to you, and listen with more than your ears. Listen with your heart for the Eternal God speaks to you personally.



## WARNING TO UNBELIEVERS AND SKEPTICS:

If you want to stay as you are, do not read the Book of Psalms.  
Because if you read the Book of Psalms three times, it will irreversibly change you.